

Medico-Legal Journal

CLARK BELL, LL. D., Editor

AND AN ABLE CORPS OF ASSOCIATED EDITORS

\$3.00 Per Annum; Payable in Advance

The only journal on the North American Continent devoted to

MEDICAL JURISPRUDENCE

Every department of Forensic Medicine discussed in its columns.

Organ of the Medico-Legal Society

And

of the Psychological Section; and of the Section of

MEDICO-LEGAL SURGERY

Of that body. This journal publishes the *BULLETIN* of the

American Congress of Tuberculosis

of 1900 and 1901, held in New York City. It publishes the papers read before the *Medico-Legal Society*, and keeps pace with the progress of Medical Jurisprudence in all countries; devoting especial attention to *Psychological Medicine*; Hypnotism, Telepathy, so-called Modern Spiritism, Suggestive Therapeutics; the Medical Jurisprudence of Insanity; of Intoxication, Toxicology, Sociological Questions, Criminology, Penology and Public Health.

The current volume (XIX) will be largely devoted to

"THE PREVENTION OF TUBERCULOSIS"

It is also producing in serial numbers *Historical Sketches of the Supreme Court of the States and Provinces of North America*, by States, of which Volume I, containing about thirteen states and provinces, are included, and will shortly be published with portraits of the Judges at a cost of \$5.00 per volume. Address:

MEDICO-LEGAL JOURNAL

39 Broadway, New York City, U. S. A.

SPECIAL Combined COURSE

IN

Osteopathy
Electro-
Therapeutics
Suggestive-
Therapeutics
Hypnotism



Class at Chicago School of Psychology

Having received many requests to give one more combined course in Osteopathy, Electro-Therapeutics, Suggestive Therapeutics and Hypnotism, we have made arrangements with the National School of Osteopathy and the Edison College of Electro-Therapeutics for a

SPECIAL FEBRUARY CLASS.

The course of instruction will last four weeks, and the class will be limited to fifty students as we cannot accommodate a greater number. For this reason, it is advisable that those who desire to take advantage of this offer should send in their application as soon as possible.

THE INSTRUCTORS:

E. A. RUSS, D. O.
(Osteopathy)

F. H. BLACKMARR, M. D.
(Electro-Therapeutics)

HERBERT A. PARKYN, M. D.
(Suggestive-Therapeutics and Hypnotism)

THE LAST CHANCE.

This will probably be the last combined course, certainly the last given for the very low fee asked for the February Class; consequently everyone who desires to take up these three branches of study should make a point of attending this course.

DEGREES AWARDED.

Students attending the course will receive diplomas conferring the degrees, Doctor of Osteopathy, Master of Electro-Therapeutics and Doctor of Psychology. These degrees will be conferred by the schools mentioned above. All these schools are incorporated under the laws of the State of Illinois.

APPLICATIONS.

Everyone intending to take advantage of the February Course should write to the secretary at once as all applications must be in by January 15th. The class will be limited to the first fifty who apply. No one who desires to make a study of natural methods of healing can afford to miss this course. When sending in application or in writing for further information address

**The Secretary, The Chicago School of Psychology,
4020 Drexel Boulevard, CHICAGO.**

SPECIAL MAIL COURSE —IN— Hypnotism and Suggestive Therapeutics

By HERBERT A. PARKYN, M. D.

The most complete, practical and comprehensible Mail Course of any sort published to-day. It is the result of observation from the personal treatment of nearly 10,000 cases. These cases have been treated since most of the text books were published.



No text books are required with this course. It is complete in itself.

This is not a type-written course of twenty or thirty pages. It covers over 400 pages of printed matter; and the forty-two lessons are neatly bound in cloth and gold

HERBERT A. PARKYN, M. D.
PRINCIPAL AND FOUNDER OF THE CHICAGO SCHOOL OF PSYCHOLOGY.
The First School of Suggestive Therapeutics Established in America

This Special Mail Course has been published in order to satisfy the demands of many who are unable to spend the time or money required to complete a regular school course in Suggestive Therapeutics and Hypnotism. Over One Year was spent in preparing it for the publisher; and the hundreds of flattering testimonials which are pouring in from all sides from those who have received it show that the time was well spent.

This work is different in theory and practice from anything taught elsewhere or published in books.

Everything is made so clear that a child could apply its teachings.

It tells what to do and how to do it; what to say and how to say it.

The course is printed on fine, hand-made paper and consists of forty-two lessons, neatly bound in cloth and gilt, all of which are shipped at one time. For full particulars address

The Suggestion Publishing Co., 4020 Drexel Boul., Chicago, Ill.

SANMETTO FOR GENITO-URINARY DISEASES.

A Scientific Blending of True Santal and Saw Palmetto in a Pleasant Aromatic Vehicle.

A Vitalizing Tonic to the Reproductive System.

SPECIALLY VALUABLE IN
PROSTATIC TROUBLES OF OLD MEN—IRRITABLE BLADDER—
CYSTITIS—URETHRITIS—PRE-SENILITY.

DOSE:—One Teaspoonful Four Times a Day.

OD CHEM. CO., NEW YORK.

When writing to advertisers, please mention Suggestion

A MIRACLE-HEALER

**RESTORES HEALTH AND
STRENGTH TO CHRONIC
SUFFERERS BY A MIGHTY
SUBTLE FORCE OF
NATURE.**

**Startling Disclosures Re-
lative to the Most Wonder-
ful Power Known to Man
---Doctors Puzzled.**

THE SICK HELPED FREE.

**Professor Adkin Offers to Help the
Sick and Afflicted Free of Cost--
Hundreds Cured at their Own
Homes.**

The Medical World has been startled by the wonderful cures effected by Professor Thos. F. Adkin, a distinguished scientist who is devoting his life to the relief of suffering humanity. People in the last stages of consumption; men and women living in constant dread of death from Bright's Disease, Blood Poisoning, Cancer, Dropsy, Heart Disease, and other dangerous ailments have been restored to health by the treatment of this wonderful man, after every known remedy and scores of eminent specialists had been tried in vain.

Not in the history of Medical Science have so many startling cures been recorded. So marvelous has been his success in healing all kinds of disease, that his patients call him a miracle healer, a man of Supernatural Powers, a Physician with the key to the Fountain of Youth; yet Professor Adkin declares there is nothing wonderful about his ability to cure disease, and says that he cures simply because he "understands nature."

A reporter called upon Professor Adkin a few weeks ago. He found a man of commanding figure, whose personality was masterful and refreshing. His eyes, though full of kindness, seemed to penetrate one's very thoughts, while his every act and every word spoke of honesty and consideration of others. He is clearly a man of wonderful force of character.

He said: "I cannot attempt to tell you what my treatment is which I call 'Vitaopathy.' In these days of quackery and fakes, every advance in science is imitated by a score of ignorant charlatans who pretend to have mastered its details. Were I to attempt to explain to you for publication the practice of Vitaopathy, without discussing its every phase, which I have not time to do, there would be a dozen unscrupulous persons pretending to understand its use, before the publication has been out a week. Vitaopathy is not Christian science, it is not Hypnotism nor Divine Healing. It is infinitely more thorough and far-reaching than any of them. 'Vitaopathy' is a subtle force of nature, regu-

lating the intellectual and spiritual being which controls the physical man. It puts the system in a receptive condition, which enables the body to receive the full benefit of my Vitaopathic vegetable remedies which are used in combination with it.

"It is true that this new treatment is every day making wonderful cures. It has cured the blind, it has made the lame walk, it has cured various organic troubles, which had brought the sufferers to death's door. And here let me ask you to announce to all the readers of your paper, that I stand ready at any time to give the benefit of my experience to anyone who is in need of help. I will gladly make a complete diagnosis of the case of any one who is in poor health, and I will prescribe a thorough course of home treatment free of cost, which I positively guarantee to cure. Especially do I make this offer to those who are afflicted with dangerous disease, and have been treated by other methods without avail. If there are any who are in the grip of Consumption, Blood Poison, Bright's diseases, Chronic Kidney Disorder, Nervous Debility, Dropsy, Rheumatism, Heart Disease; if any of your readers are suffering from constant Headache, Dyspepsia, Sleeplessness, Female Troubles, Lost Vitality, Vertigo, or other similar ills, I invite them to write me fully of their condition, and I will give them personal attention, and help them to a complete recovery of health.

"I want no one to send me any money. I am willing to give this service to all who will put themselves in my hands, without a penny of charge, feeling that having been blessed with the ability to cure disease when others fail, it is my duty to help those who cannot help themselves."

Professor Adkin showed the reporter scores of letters from Doctors, Clergymen, Statesmen, Educators, College Professors, Lawyers and others high in life who have been cured by Vitaopathy, as well as letters from many men and women from all walks of life who availed themselves of his free offer of help, and the reporter left with a strange feeling of encouragement, believing that he had met the most wonderful man of the age.

The following are a few extracts from letters which the reporter examined personally:

"I feel it a debt I owe to suffering humanity to make known what has been done for me. I had suffered for over forty years from catarrh of the throat, stomach and bowels. I coughed day and night. I was in continuous pain. I had tried so many kinds of treatment without benefit that I had given up all hope. By chance I learned of a woman whom you had cured after the doctors had given her up to die, and I wrote for your free help. That was one month ago. To-day I am a well woman. I cannot understand it. My friends are amazed. My family physician is puzzled. I wish I could go out and proclaim the virtues of your marvelous treatment from the housetops. You may use this letter as you please. I know my recommendation can only result in good."

MRS. A. W. MOORE,
Box 536, Fitzgerald, Ga.

"I cannot express my gratitude for what you have done for my wife. She was on her death-bed; she was paralyzed and had a clot of blood on her brain. Physicians said there was no hope that she could recover but you have saved her life. She improved from the very first day she commenced your treatment. The clot of blood has disappeared, she sleeps well and has a splendid appetite. Refer any sufferers who doubt your marvelous power to me or let them come to my home, and witness the wonderful cure you have performed in my wife's case. My neighbors all know the condition my wife was in when she commenced your treatment, and they were hourly expecting her death. I hope and pray that I may be at your command to help those who suffer, and get them to write you for free help."

W. S. SWAYNE, Ph. G.,

Prop'r Spring Clear Litcha Water,
New Haven, Conn.

Every reader of this paper who is sick with any disease is advised to write to this miracle healer, addressing his or her letter to Professor Thos. F. Adkin, President of the Institute of Physicians and Surgeons, Office D 4, Rochester, N. Y.

State the leading symptoms of your complaint and ask Professor Adkin to help you without cost, and you will undoubtedly be able to get cured, as so many others have been. Vitaopathy is unquestionably the most wonderful science of the age, and Professor Adkin the greatest miracle healer in the world.

When writing to advertisers please mention Suggestion.

A COMPLETE SANITARIUM

in every home or office.

On Your Own Terms.

A MONEY MAKER FROM THE START

USING EVERY NATURAL METHOD.

Shower, Needle, Hot Air, Russian,
Vapor Electro Arc Chromolumie,
Electric Light, etc., etc.

Produces wonderful results.

You Need It.

A postal will bring full particulars.

Write at once.

WOODCLIFFE SANITARIUM,
COLLINGSWOOD, - - NEW JERSEY

ABDOMINAL BRAINS FOR SALE.

Let us Supply you with a New
Abdominal Brain.

"The Abdominal Brain" is the title of a new book by Dr. Byron Robinson of Chicago. It tells all about the Solar Plexus and the Sympathetic Nervous System.

Dr. Robinson is professor of Gynecology and Abdominal Surgery in Chicago Post-Graduate School, Harvey Medical College and Illinois Medical College.

The book contains 281 pages and is illustrated by 16 full-page engravings.

Sent postpaid to any address upon receipt of \$1.50.

In ordering mention SUGGESTION and address

The Clinic Publishing Co.
Ravenswood Station,
CHICAGO, - - - ILLINOIS.

A BARGAIN

I intend giving up the practice of Suggestive Therapeutics here to take another position. I have an Allison table, with all attachments, which cost me \$65.00 a few months ago. It's as good as new, and I will sell it at a sacrifice. The Allison table is the table used at the Chicago School of Psychology, and is the best in the market.

I must sell it at once so write me for particulars to-day. Will crate and ship to any point in U.S.

DR. J. W. LOOMIS

27 SCHMIDT BLOCK

TOLLENO, OHIO

'POWER OF WILL.'

A Scientific Manual in Will-training and Mental Culture Exercises rather than theory. Develops will, nerve, memory, imagination, reason, correct thinking, mastery of books, concentration, personal magnetism and masters the personal atmosphere. "Plain, practical, scientific." - N. Y. Times. "One of the few books which have the power that inspire readers to action." - The Criticism.

Will be of infinite value to any man or woman ambitious to reach higher lines of mental or spiritual living. - Health Culture. Cloth and gilt. 328 pp. postpaid, \$2.00.

FRANK C. HADDON, 315 Boston St., LYNN, MASS.

"The Secret of the I Am."

A revelation of the Real Self. Unveiling, disclosing and explaining the SOMETHING WITHIN. Not for sale, but a copy will be mailed FREE (on receipt of postage stamp) to anyone who may feel moved to ask for it.

William Walker Atkinson,

30 Auditorium Bldg.,

Chicago.

OSTEOPATHY

A FREE GIFT.

We shall be glad to send to anyone interested in this work a FREE LESSON in OSTEOPATHY, THE NEW SCIENCE OF DRUGLESS HEALING. Also a book explaining what Osteopathy is. Address THE COLUMBIA SCHOOL OF OSTEOPATHY, 3087 Auditorium Bldg., Chicago.

POINTS ON SUCCESS.

This new booklet states the principles of success in clear, brief form. It also explains a method of self-treatment for success by means of suggestion, which the author has found practical. This method will help you to develop courage and self-reliance. The book gives valuable hints on the conservation of force, the elimination of worry, concentration, etc. Price 10 cents. Address

WILLIAM E. TOWNE, Dept. 17,
MOLYOKE, - - - MASS.

Personal Magnetism

A College, Chartered Under State Laws, With a Capital of \$100,000, for the Purpose of Teaching Personal Magnetism and Hypnotism by Correspondence. ❖ ❖ ❖

EVERYBODY MAY NOW LEARN

Ten Thousand Copies of a Valuable Work on These Sciences to be Given Away to Advertise the College. ❖ ❖ ❖ ❖ ❖ ❖ ❖

The American College of Sciences, of Philadelphia, Pa., is a novel institution. It is chartered under state laws, with a capital of \$100,000, for the purpose of teaching Personal Magnetism, Hypnotism, Magnetic Healing, etc., by correspondence.

At an expense of over \$5,000 the college has issued a remarkable work on these sciences, ten thousand copies of which will be given away absolutely free. The book is elegantly illustrated with the most expensive engravings, and it is decidedly the finest and most comprehensive work of its kind ever published. It is the product of the combined talent of thirty distinguished hypnotic specialists and scientists. It thoroughly explains all the hidden secrets of Personal Magnetism, Hypnotism, Magnetic Healing, etc. It is full of surprising experiences, and makes many startling disclosures in regard to the use and possibilities of this secret power.

The college absolutely guarantees that anyone can learn these sciences in a few days at home, and use the power without the knowledge of his most intimate friends.

The reporter asked for the names and addresses of some of the pupils so that he might communicate with them personally. Several hundred were offered, from which the reporter selected eighty-four. The replies received were more than sufficient to convince the most skeptical in regard to the wonderful

benefits to be derived from this mighty power. There were absolutely no failures. All had learned to make practical use of the sciences. The following extracts are taken at random from the letters, for the benefit of readers:

J. H. Schneller, 1412 Avon street, La Crosse, Wis., writes: "Hypnotism truly reveals the secrets of life and the mysteries of nature. My own father could not have convinced me of its wonderful power if I had not actually tested it for myself. I consider a knowledge of it invaluable to those who wish to get the most out of life; to those who wish to achieve success and live up to the full measure of their possibilities."

Mrs. Effie M. Watson, Martinsville, Ind., writes: "Hypnotism opens the road to health, happiness and prosperity. It should be studied by everyone. I would not part with my knowledge of it for any amount. The instructions have developed within me a force of character, an ability to influence and control people that I did not dream I could acquire."

J. W. Clinger, M. D., Springfield, Ohio, writes: "I have used the methods of hypnotism taught by the American College of Sciences in two cases of difficult surgical operations with perfect success. It is a complete anæsthetic, and preferable to chloroform or ether. I acquired a practical knowledge of hypnotism in less than three days. The book is grand."

Rev. T. W. Butler, Ph. D., Idaho City, Idaho, writes: "I have cured a number of chronic cases of rheumatism, dyspepsia and paralysis of long standing; have not had a single failure; I consider a knowledge of Personal Magnetism invaluable. The book has greatly increased my own powers."

Dr. W. P. Kennicutt, 520 State street, Binghamton, N. Y., writes: "I had long suffered from nervous prostration and dyspepsia. My case baffled all medical skill. I studied hypnotism from the American College of Sciences, and tried it upon myself with surprising results. In one week my stomach was better than it had been in thirty years. I could eat anything without the slightest distress. I can hypnotize myself in five minutes and sleep all night, have hypnotized a number of others."

The first ten thousand persons who write to the American College of Sciences will receive, absolutely free, the marvellous book that brought success to the above persons. It is intensely interesting from start to finish. It should be in every home. If you want a copy write today to the American College of Sciences, Department C4, 416-420 Walnut street, Philadelphia, Pa., and you will receive the book by return mail.

The St. Louis School of Suggestive Therapeutics and Medical Electricity.

In addition to the monthly personal lecture course, the St. Louis School of Suggestive Therapeutics and Medical Electricity has opened a "**CORRESPONDENCE DEPARTMENT OF INSTRUCTION**," in Suggestive Therapeutics, and people who cannot leave home for a personal course can now learn the principles and practical application of Suggestion, as taught in this school, through this correspondence department. This is not simply a **MAIL COURSE**, it is a complete course of correspondence instruction, and is carried on in a manner similar to that of correspondence law schools.

We teach our absent pupils the same practical application of suggestion in the treatment of all kinds of diseases that our personal course embraces, and all intelligent people can learn to do successful work in Suggestive Therapeutics in this way. We also teach them all the modern methods of Hypnotism. Absent pupils get diplomas the same as those who take our personal course. We send free, a complete **TABLE OF CONTENTS** of our Correspondence Course of Instructions so all may see at a glance just what it comprehends.

A NEW BOOK. Send one dollar for our Book "Suggestion in the Cure of Diseases and the Correction of Vices." Fifth Edition. This book explains all the methods of mental healing—tells the principles upon which Christian Science, Divine Science, Mental Science and Magnetic Healing do all their effective work. It teaches how to hypnotize; contains the latest, most complete and effective methods for producing hypnosis that can be found anywhere.

For announcements and information relating to the different departments of our school, address

Geo. C. Pitzer, M. D.,

3431 Morgan Street,

St. Louis, Mo.

Assured Health by Natural Means.

I have had fourteen Years' study and experience in this Country and Europe, in all that pertains to the promotion of Physical Health by Natural Means, including Physical Culture, Massage and Swedish Movements, Hygiene, Osteopathy, Dietetics, Hydropathy, Electricity and Psycho-Therapy.

To those who do not enjoy perfect health, I offer a course by correspondence. Hand-written directions are sent from time to time for as long as necessary.

I have had remarkable success with this method. Send me full particulars of your condition. I have one standard price for these courses, Fifteen dollars (\$15). Don't let the moderation of the charge deter you from investigating. Send for four-page circular.

Yours for Health,

ALBERT WHITEHOUSE,

Health Specialist,

TRINITY PARK, - - - Durham, N. C.

When writing to advertisers please mention Suggestion.

THE INTERNAL BATH

More Important than the External.

If external cleanliness is essential to health, how much more important is internal cleanliness! Every disease arises from the retention of waste and foreign matter in the system—Nature's drainage being clogged. In the vast majority of cases the clogging is in the colon or large intestine. Fortunately the one harmless and efficient means of clearing away this waste is the internal bath given with the

J. B. L. CASCADE

This treatment is a sovereign remedy for and prevention of 80 per cent of all Digestive derangements. It is hygienic, scientific and logical. It is a perfect tonic with no after depression. Its action

PREVENTS AND CURES APPENDICITIS, Biliousness, Dyspepsia, Obesity, Headaches, Constipation, Etc.

It is recommended and prescribed by such eminent physicians as Dr. Daniel Lewis from N. Y. State Bd. of Health; Dr. Herman J. Bond, Post Graduate Hospital, N. Y.; Dr. W. B. DeGarmo, Prof. Post Graduate Hospital, N. Y.; Dr. Cyrus Edison; Dr. G. W. Brooks, late of Board of Health, New York City, and many others, among whom are the following well-known people: Maj. Chas. C. MacConnell, Meristown, N. J.; Ex-Governor Goodell, of Vermont; U. S. Senator A. P. Gorman, of Maryland; Gen. Williams, G. A. R.; Miles Devine, City Attorney, Chicago, Ill.; Judge W. H. Tedford, Corydon, Iowa; Admiral Tyrt of St. Petersburg, Russia.

Were it possible to reproduce here our file of voluntary letters of commendation received from prominent people who do not ordinarily permit the use of their names in advertisements, no doubt could exist in one's mind as to the extraordinary merit of the "J. B. L. CASCADE" treatment. As one of what the Cascade treatment will do we call your attention to the following letter from H. A. Joyce, one of the prominent merchants of Cambridge, Md.

The Ralston Health Club, which is an organization has had the greatest growth of this or any age, having almost TEN MILLION MEMBERS THROUGHOUT THE WORLD, authorizes us to say: "Our Cascade is not endorsed by the Ralston Health Club of America, as that club never endorses anything, no matter how good, but it has been officially adopted by the Club for its use in the inward bath treatment, which is one of its many systems of natural cure."

These facts are set forth in detail in a booklet entitled "THE WHAT, THE WHY, THE WAY," which we desire to send free to every reader of this publication. It is a most noteworthy statement of what progress has been made toward a medical system without drugs—an end which is naturally desired by all.

Tyrrell's Hygienic Institute,
Clerk 17-a, 1562 Broadway, New York.



H. A. JOYCE.

CAMBRIDGE, MD., Aug. 7, 1900.

PROF. CHAS. A. TYRRELL:

Dear Sir,—I deem it a duty I owe you, as well as my fellow man, to say I have been restored to perfect health by the use of the flushing treatment known as the "J. B. L. Cascade." Previous to its use I was in very bad health, suffering from dyspepsia, nervousness, constipation, insomnia, and in fact was almost in despair of ever getting well, but thanks to you and your wonderful invention, and the loving kindness of a merciful God, I am now in splendid health.

Gratefully yours,

H. A. JOYCE.

A Noble and Lucrative Profession by Mail at Small Expense.

The National School of Osteopathy

chartered by the state of Illinois, with power to grant the degree Doctor of Osteopathy, teaches men and women this Great

Modern Science of HEALING WITHOUT DRUGS, by means of a complete practical correspondence course with the degree of Doctor of Osteopathy. This correspondence course has been specially prepared for those who cannot spare the time or money required for the regular personal course at the school, and fully fits the student to practice this profession, and assures him or her a large and regular income.

This is An Exceptional Opportunity for young men and women who are ambitious to lead useful and profitable lives, as this course enables them to begin the practice of a great profession in a few weeks' time. Full particulars, together with "A Lesson in Osteopathy" free. Address B. G. Turner, D. O., Sec'y, NATIONAL SCHOOL OF OSTEOPATHY, 4000 Cottage Grove Avenue CHICAGO.

St. Louis

X Ray Laboratory

A Laboratory for Technical and Definite X Ray Work.

A Laboratory for Correct Instruction in X Ray Work.

A Laboratory for Diagnostic and Therapeutic X Ray Work.

A Laboratory for Physicians' Uses:

(1) Accurate localization with diagrammatic chart given, to physicians, representing their case in every instance.

(2) Treatment of malignant open or CANCEROUS diseases when sent by physicians.

(3) Instruction in X Ray work given.

These are the three and ethical objects of the laboratory.

ADDRESS:

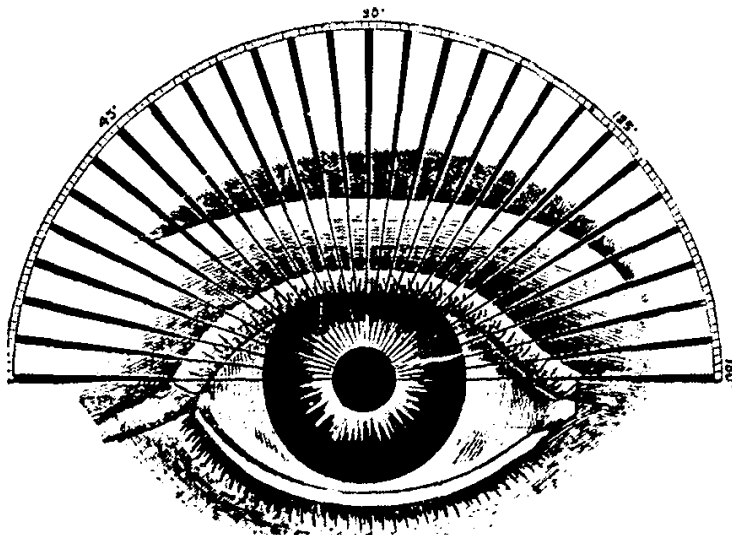
St. Louis X Ray Laboratory,

DR. ROBERTS, Medical Director,

301 Chemical Bldg., 8th and Olive Sts., ST. LOUIS, MO.

When writing to advertisers please mention Suggestion.

OPTICS AS A PROFESSION



Innumerable signs seen in cities, towns and hamlets, denote overcrowded conditions of the legal, medical and scientific fields in general. The mechanical arts are equally overdone, yet the youth of intellect and laudable ambition feels that he is capable of something better than a common tiller of the soil or mere clerkship. Even should he have the temerity and funds to attempt any of these callings, long years of study and preparation lie before him, as while he perforce hesitates, force of circumstance, or stern necessity crowds him into uncongenial labor which may end in a wasted life.

OPTICS AN ENTICING FIELD FOR BOTH SEXES

No more enticing field lies open to the young or old, professional or unprofessional, who desire a genteel and remunerative employment than the Practice of Optics. All other important professions are overcrowded, but this one of equal (if not more) importance opens a profitable and intellectual calling for even those of very limited means and education who choose to apply themselves. Its study is co-educational, wherein women as well as men, may find a sphere of usefulness and an excellent recompense. It appeals to both sexes, because it is clean and is nowise laborious.

Cells simply for application, patience, tact and common sense.

Can be acquired in much less time than any other learned profession.

Requires no special preparation, more than ordinary school education.

Is more remunerative than most other intellectual callings.

Can be made a stepping stone to "higher things."

It is but a step from Optics (as taught by our correspondence system of instruction) to that of Medicine and Surgery.

Another step from general practice to that of the Specialist.

To-day Optometry is a profession in nowise inferior to that of Medicine.

As an adjunct to their profession the Osteopath, the Psychologist, as well as the Physician would find a technical knowledge of the art of fitting glasses a very valuable acquisition, and in many cases more profitable than their own profession. The Golden Cross, Eye, Ear, Nose and Throat College and Clinic, issues two diplomas to every student, one conferring the Degree of "Fellow in Ophthalmology," which is issued as soon as the student sends in his application, the other "Doctor of Optics" (D.O.), when the course is finished. There is nothing about either diploma to indicate that they have been obtained through a correspondence course. Both are issued by State Authority.

By special solicitation of a number of our correspondents who have answered our advertisements in SUGGESTION, but who find it inconvenient to enroll until after the New Year, and yet are very desirous to get the benefit of our reduced rate of tuition, we have decided to extend the time and will continue to charge the reduced rate until otherwise published in this journal. Besides, to all who answer immediately after reading this and mention the date, will be given special terms and liberal time to pay for THE ONLY ORIGINAL CORRESPONDENCE COURSE IN OPTICS IN THE WORLD. Remember that every student of our correspondence course is entitled to attend our resident Course and Clinic without any additional expense. Our students as well as our graduates can come whenever they please and leave when satisfied. Our Correspondence Course will make you an expert in fitting spectacles, will make you a "Fellow in Ophthalmology" and will include the Degree of "Doctor of Optics" and Diploma.

The one fee here for both correspondent and attendant courses and all extension courses. All are qualified to take the Optical Course. Write for particulars. Address DEPT. D of the GOLDEN CROSS, 327 W. Madison St., Chicago. Mention SUGGESTION and the date you have seen the advertisement, so as to get the benefit of the special terms.

True Metaphysical Science

And its Practical Application Through the Law of Suggestion

This is the title of a book by F. W. Southworth, M. D., which is conceded by authorities and all who have read it to be the best work ever published on Metaphysical Healing. In it Dr. Southworth has shown the connecting link between the mind and the body. The treatise is practical, simple and effective, and is acceptable to the physician, mental scientist and all interested in the cure of disease by mental powers. It is one of the best books ever written on the subject.

This work sold a short time previously for \$5, but by special arrangement with the author we are now able to offer it to anyone for the small price of \$1.00 per copy.

THIS IS A BARCAIN.

Think of it, we are offering a book formerly sold for

\$5.00 FOR \$1.00.

Furthermore, we agree to refund the price to anyone who is not satisfied with the investment. We know this is a safe proposition, for everyone who has received a copy of the book has been delighted with it. Not one copy has been returned to us.

You will not be satisfied until you have read this work, so send for it today,

UNSOLICITED TESTIMONIALS.

"To say I am pleased with it would be expressing it mildly. It is a gem amongst metaphysical publications and worthy of a place in every library. It gave me new food for thought and an uplifting impulse such as no other book has ever done. I have no hesitancy in giving it my highest recommendation, and I know that every person who secures a copy will never regret it."

PROF. ARTHUR E. STEELE,
Vankleek Hill, Ont.

"In the love of truth and right I have read the work by Brother Southworth, and to say I am pleased with it puts it in mild expression. Dr. Southworth shoots all around the center, and occasionally drives the center home with great force."

DR. E. F. ROGERS, Orchard, Ohio.

"I want to thank you for Dr. Southworth's book. I read it over several times, and want all my friends to read it. I think it is worth its weight in gold."

G. A. SCHOKOSARK, Omaha, Neb.

"I am delighted with it."

C. L. LEWIS, A'logheny, Pa.

"Must say I am highly pleased. It is so free from unmeaning phrases. It goes direct to the point every time. It is simply pure gold without the dross. It must be read to be appreciated. Words fail to express its merits."

DR. J. DICKSON,
Canal Dover, Ohio.

"It is brimming over with useful knowledge for anyone interested in Suggestive Therapeutics. I am thankful for such an able work. It ought to be in the hands of everyone."

J. A. HALL, M. D.,
Warrensburg, Tenn.

"Accept my grateful thanks for Dr. Southworth's work. It is surely worth many times the price I paid for it."

E. Z. LESH,
N. Manchester, Ind.

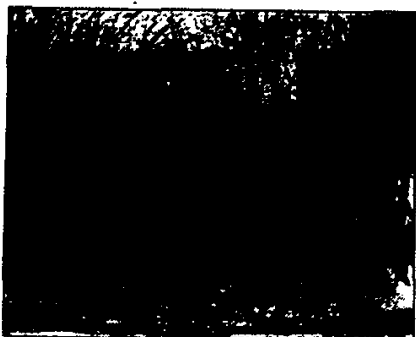
SEND \$1.00 AND RECEIVE THIS BOOK, or send \$1.25 and we will send you the book and the magazine SUGGESTION for one year. Address

Suggestion Publishing Co.

4020 Drexel Boulevard

CHICAGO

ADVERTISEMENTS.



A PRETTY VIEW ON THE GROUNDS.

The Dr. C. O. Sahler Sanitarium

Kingston-on-the-Hudson, New York
(Incorporated)

This Sanitarium, lawfully incorporated, is situated in the historic colonial city of Kingston, at the foot of the famous Catskill Mountains, on the banks of the Hudson, the Rhine of America.

"A proof that psychological treatment, as well as its study, is meeting with more and more popular favor, is witnessed daily at the Sanitarium of Dr. C. O. Sahler, of Kingston-on-the-Hudson, New York. Since enlarging the Sanitarium, Dr. Sahler has secured a large house to accommodate the increasing patronage, and a little over a month ago he completed a large cottage, as an annex, and is still overcrowded, which speaks well for the work. The patrons of the Sanitarium are from Canada, the Atlantic States as far south as Florida, and from the West. It is very interesting experience to be associated with these people who are being healed by the New Thought."—Ed. Psychic and Occult Views and Reviews.

The School of Psychology conducted by Dr. Sahler, with monthly classes, is successfully teaching to hundreds the marvelous truths and force of this Science of the Twentieth Century, the divine secret of health and success. Dr. Sahler is a recognized authority in occult studies, and this school, being one of the first established in this country for such teaching, has acquired a reputation which extends beyond the borders of the United States. Students have been and are enrolled from the West Indies and Australia. For special publications concerning system of treatment, terms, classes, etc., address:

THE DR. C. O. SAHLER SANITARIUM

61 Wall Street, Kingston, New York



THE MAGNETIC HEALING CUP

DRINK TO LIVE

has been called "the greatest medical discovery of the 19th century" by those who have tested its merits. It is a thoroughly scientific discovery and is curing Rheumatism, Dyspepsia, Constipation, Nervous Prostration, Insomnia, Headaches, all Liver and Kidney troubles and every known complaint because it increases the vital healing force. It is possible for a sufferer to get well he will get well by using this cup, for it charges the whole system at once with the only force which ever cured anything, i.e.—the vital healing force. Nothing dangerous about it. A child can use it. Does not interfere with any other treatment.

DESCRIPTION OF THE CUP.—Each cup contains sufficient magnetism to lift a weight of 40,000 lbs. a distance of one foot, and its influence can be perceptibly noticed at a distance of over 30 inches. This is a demonstrable fact. This immense force is passed through a tasteless solution of Magnetic Metal Salts, prepared by a secret process, and every draught of this magnetized fluid conveys magnetic life force directly into the body and circulates. Patients begin to pick up at once in vital force and health returns, no matter from what disease the patient suffers. Every family, every invalid, every physician, and every healer should test this cup. For full particulars, testimonials, descriptive pamphlet, etc., write today to

THE MAGNETIC HEALING CUP CO.
Room 26 Post Office Bldg. Station M., Chicago, Ill.

When writing to advertisers please mention Suggestion



Breaking a chain by Prof. Von Boeckmann, Editor of Physical Culture Dept.

For Health, Strength, Vitality
Read

"HEALTH"

A High Class Illustrated Monthly devoted to Physical Culture and Hygiene

**"IT TELLS YOU THINGS
YOU OUGHT TO KNOW."**

On the staff of "HEALTH" are found the most brilliant writers and authorities on the subject of Preservation and Restoration of Health, Strength and Vitality by natural methods, absolutely without drugs.

Editor **PROF. CHAS. A. TYRRELL, M. D.**; Associate Editor **M. L. HOLBROOK, M. D.**; Editor Physical Culture Department, **PROF. P. VON BOECKMANN**; Home Department, **HARRIET HEMIUP VAN CLEVE**.

Among its brilliant staff of contributors may be cited the following names, which are, in themselves a guarantee of literary excellence:

Countess de Chavanno
Henry Wood, Esq.
Wear O. Bradford
Mrs. Hester M. Poole.

Alice B. Stockham, M. D.
Robert Walter, M. D.
Albert Chavannes
Ellen Goodell Smith, M. D.

A. B. Jamison, M. D.
James Havenscroft
Susan W. Daldie, M. D.
Lorena Osborne Hunt

In fact "HEALTH" contains a mine of valuable information upon the subject of health. Subscription price \$1 a year, single copies 10c.

We want to send a Sample Copy FREE to every reader of this publication. A postal card will bring you a copy . .

Address **HEALTH PUBLISHING COMPANY,**

Dept. 20.

1562 Broadway, New York.

The St. Louis School of Suggestive Therapeutics and Medical Electricity.

In addition to the monthly personal lecture course, the St. Louis School of Suggestive Therapeutics and Medical Electricity has opened a **"CORRESPONDENCE DEPARTMENT OF INSTRUCTION,"** in Suggestive Therapeutics, and people who cannot leave home for a personal course can now learn the principles and practical application of Suggestion, as taught in this school, through this correspondence department. This is not simply a **MAIL COURSE**, it is a complete course of correspondence instruction, and is carried on in a manner similar to that of correspondence law schools.

We teach our absent pupils the same practical application of suggestion in the treatment of all kinds of diseases that our personal course embraces, and all intelligent people can learn to do successful work in Suggestive Therapeutics in this way. We also teach them all the modern method of Hypnotism. Absent pupils get diplomas the same as those who take our personal course. We send free, a complete **TABLE OF CONTENTS** of our Correspondence Course of Instructions so all may see at a glance just what it comprises.

A NEW BOOK. Send one dollar for our Book "Suggestion in the Cure of Diseases and the Correction of Vices." Fifth Edition. This book explains all the methods of mental healing—tells the principles upon which Christian Science, Divine Science, Mental Science and Magnetic Healing do all their effective work. It teaches how to hypnotize; contains the latest, most complete and effective methods for producing hypnosis that can be found anywhere.

NOTE—People suffering from all kinds of diseases, are treated here by suggestion alone and without medicines.

FREE BOOKLETS Explaining our methods sent upon application. All sick people should read these booklets. Sent Free to everybody.

For announcements and information relating to the different departments of our school; address

GEO. C. PITZER, M. D.,
8431 Morgan Street, . . . ST. LOUIS, MO.

Deafness Cured



NEARLY all cases of Deafness and Ringing Noises in the Head are the result of Chronic Catarrh of the throat and middle ear. The air passages become clogged by Catarrhal deposits and until these are removed a cure is impossible. Deafness and ringing noises, therefore, being caused from Catarrh, the Hearing cannot be restored and noises stopped until the Catarrh is cured, and as Catarrh cannot exist under the use of "Actina" Pocket Battery, nobody need be Deaf or suffer from Head Noises and use "Actina" properly. "Actina" is sent on trial, postpaid. Positive proof of cures and reliable financial reference furnished.

A Valuable Book Free.

Prof. Wilson's 100 page Dictionary of Diseases. It will instruct and interest you.

ADDRESS

NEW YORK & LONDON ELECTRIC ASSOCIATION (DEPT. 206), 929 WALNUT ST., KANSAS CITY, MO.

Assured Health by Natural Means.



I have had fourteen Years' study and experience in this Country and Europe, in all that pertains to the promotion of Physical Health by Natural Means, including Physical Culture, Massage and Swedish Movements, Hygiene, Osteopathy, Dietetics, Hydropathy, Electricity and Psycho-Therapy.

To those who do not enjoy perfect health, I offer a course by correspondence. Hand-written directions are sent from time to time for as long as necessary.

I have had remarkable success with this method. Send me full particulars of your condition. I have one standard moderate price for these courses. Send me your name and address and I will send you a circular describing them fully.

Yours for Health,

ALBERT WHITEHOUSE,

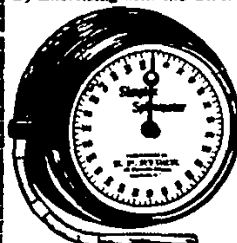
Health Specialist,

TRINITY PARK, - - - Durham, N. C.

When writing to advertisers please mention Suggestion.

ADVERTISEMENT.

Gain Health, Strength and Vitality By Exercising with the **SIMPLEX SPIROMETER**



A perfect exerciser for the Lungs, Chest, Throat and Voice.
Brings grace, beauty, health and strength by Natural Normal Methods.
Straightens round shoulders, develops the chest, reduces large necks, fills and rounds emaciated ones.
Compels deep healthful and correct breathing, and brings permanent health and tone to

the lungs, throat and voice.

The following letter is one of the many received from persons now using the Simplex:

From Dr. W. R. C. Latson, Editor of Health Culture, author of "Food Value of Meat," "Curing by Suggestion," etc.; also lectures and consultant in rational medicine.

E. P. RYDER, Esq., 508 Fifth Av., New York, N. Y.

Dear Sir:—
Of all the bodily functions, breathing is the most important. As a rule of general application it may be stated that the power physical, mental and moral of the individual is in direct proportion to the size and activity of his lungs. After an experience of nearly a year in the constant use of your Spirometer, I do not hesitate to pronounce it the most satisfactory instrument of its kind I have ever seen. The strong points in its favor are its simplicity, its durability and its cheapness. It will prove invaluable to all desirous of increasing their lung development and general health. Wishing you every success.

Signed, W. R. C. Latson, M. D.
Our 16 page pamphlet, "The Science of breathing," and full particulars of the Simplex Spirometer sent FREE to any address.

ED. P. RYDER, 36 Clermont Av., Brooklyn, N. Y.

Practical Character Reading

HUMAN FACULTY will enable you to practically study, understand and read all kinds of Men, Women and Children.

Buy of your newsdealer, or send 10c for sample copy. \$1 per year.

L. A. VAUGHT, Publisher
Dept. 5, 317 Inter Ocean Bldg., Chicago, Ill.

The American Medical Agency

has just completed a canvass of the United States and Canada, ascertaining all desirable locations where physicians are wanted, and we now have over 1,500 choice places to offer the profession. Doctors desiring to sell or exchange will do well to address us. Write for catalogue.

1215 Holland Bldg. St. Louis, Mo.

THE INTERNAL BATH

More Important than the External.

If external cleanliness is essential to health, how much more important is internal cleanliness! Every disease arises from the retention of waste and foreign matter in the system—Nature's drainage being clogged. In the vast majority of cases the clogging is in the colon or large intestine. Positively the one harmless and efficient means of clearing away this waste is the internal bath given with the

J. B. L. CASCADE

This treatment is a sovereign remedy for and prevention of 90 per cent of all Digestive derangements. It is hygienic, scientific and logical. It is a perfect tonic with no after depression. Its action

PREVENTS AND CURES APPENDICITIS, Biliousness, Dyspepsia, Obesity, Headaches, Constipation, Etc.

It is recommended and prescribed by such eminent physicians as Dr. Daniel Lewis, Pres. N. Y. State Bd. of Health; Dr. Herman J. Boldt, Prof. Post Graduate Hospital, N. Y.; Dr. W. B. De Garmo, Prof. Post Graduate Hospital, N. Y.; Dr. Cyrus Edson; Dr. J. W. Brooks, late of Board of Health, New York City, and many others, among whom are the following well known people: Maj. Chas. C. MacConnell, Meriden, Conn.; Ex-Governor Goodell, of Vermont; D. S. Senator A. P. Gorman, of Maryland; Gen. Williams, G. A. R.; Miles Devine, City Attorney, Chicago, Ill.; Judge W. H. Telford, of Lyon, Iowa; Admiral Tyndal, St. Petersburg, Russia.

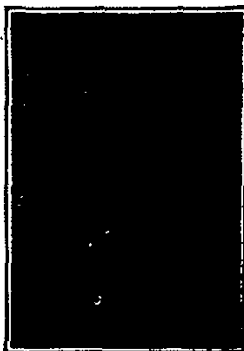
Were it possible to reproduce here our file of voluntary letters of commendation received from prominent people who do not ordinarily print the use of their names in advertisements, no doubt could exist in one's mind as to the extraordinary merit of the "J. B. L. CASCADE" treatment. As proof of what the Cascade treatment will do we call your attention to the following letter from H. A. Joyce, one of the prominent merchants of Cambridge, Md.

The Ralston Health Club, which as an organization has had the greatest growth of this or any age, having almost TEN MILLION MEMBERS THROUGHOUT THE WORLD, authorizes us to say: "Our Cascade is not endorsed by the Ralston Health Club of America, as that club never endorses anything, no matter how good, but it has been officially adopted by the Club for its use in the inward bath treatment, which is one of its many systems of natural cure."

These facts are set forth in detail in a booklet entitled "THE WHAT, THE WHY, THE WAY," which we desire to send free to every reader of this publication. It is a most noteworthy statement of what progress has been made toward a medical system without drugs—an end which is naturally desired by all.

Tyrrell's Hygienic Institute,
Clerk 17-a, 1562 Broadway, New York.

When writing to advertisers please mention Suggestion.



H. A. JOYCE.

CAMBRIDGE, MD., Aug. 7, 1900.
PROF. CHAS. A. TYRRELL:

Dear Sir,—I deem it a duty I owe you, as well as my fellow man, to say I have been restored to perfect health by the use of the flushing treatment so easily accomplished by the "J. B. L. CASCADE." Previous to its use I was in very bad health, suffering from dyspepsia, nervousness, constipation, insomnia, and in fact was almost in despair of ever getting well, but thanks to you and your wonderful invention, and the loving kindness of a merciful God, I am now in splendid health.

Gratefully yours,
H. A. JOYCE.

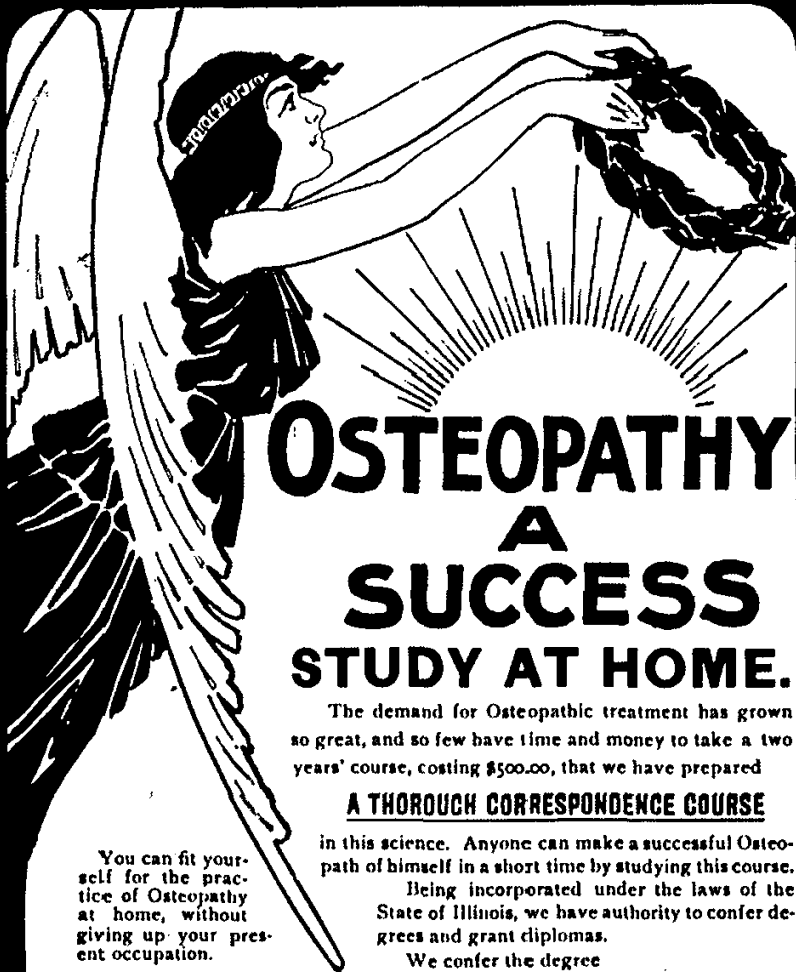
LIVE VIGOROUS BLOOD

will save many desperate cases. If your patient is Anaemic, Consumptive, Dyspeptic, he needs good, live, healthy blood for his salvation. But how shall he get it? If the alimentary process has failed to keep up the nourishing and supporting contents of the blood, there is but one thing to do, and ten thousand fold experience has proved that that one thing is this—where nature fails to produce good and sufficient Blood, *We Can Introduce It* from the arteries of the sturdy bullock by the medium of

BOVININE

BOVININE is the living blood conserve, and to every properly equipped physician who will test its properties microscopically, physically, or therapeutically, it will speak for itself. Send for our scientific treatise on topical and internal administration and reports of hundreds of cases.

THE BOVININE CO.,
75 West Houston St., New York.



OSTEOPATHY A SUCCESS STUDY AT HOME.

The demand for Osteopathic treatment has grown so great, and so few have time and money to take a two years' course, costing \$500.00, that we have prepared

A THOROUGH CORRESPONDENCE COURSE

in this science. Anyone can make a successful Osteopath of himself in a short time by studying this course.

Being incorporated under the laws of the State of Illinois, we have authority to confer degrees and grant diplomas.

We confer the degree

You can fit yourself for the practice of Osteopathy at home, without giving up your present occupation.

Doctor of Osteopathy

on all our correspondence graduates.

The diploma is a handsome engraving 18x24 inches in size.

A FREE LESSON

We will send a free lesson in Osteopathy to anyone answering this advertisement. For full particulars and free lesson address carefully as follows:

A. E. TURNER, D. O.

Dept. 30. Secretary.

**NATIONAL SCHOOL
(INCORPORATED) OF OSTEOPATHY
4000 COTTAGE GROVE AV. CHICAGO.**

PARTLOW DES.

SPECIAL MAIL COURSE —IN— Hypnotism and Suggestive Therapeutics

By HERBERT A. PARKYN, M. D.

The most complete, practical and comprehensible Mail Course of any sort published to-day. It is the result of observation from the personal treatment of nearly 10,000 cases. These cases have been treated since most of the text books were published.



No text books are required with this course. It is complete in itself.

This is not a type-written course of twenty or thirty pages. It covers over 400 pages of printed matter; and the forty-two lessons are neatly bound in cloth and gold.

HERBERT A. PARKYN, M. D.
PRINCIPAL AND FOUNDER OF THE CHICAGO SCHOOL OF PSYCHOLOGY,
The First School of Suggestive Therapeutics Established in America.

This Special Mail Course has been published in order to satisfy the demands of many who are unable to spend the time or money required to complete a regular school course in Suggestive Therapeutics and Hypnotism. Over One Year was spent in preparing it for the publisher; and the hundreds of flattering testimonials which are pouring in from all sides from those who have received it show that the time was well spent.

This work is different in theory and practice from anything taught elsewhere or published in books. Everything is made so clear that a child could apply its teachings. It tells what to do and how to do it; what to say and how to say it. The course is printed on fine, hand-made paper and consists of forty-two lessons, neatly bound in cloth and gilt, all of which are shipped at one time. For full particulars address

The Suggestion Publishing Co., 4020 Drexel Boul., Chicago, Ill.

A COMPLETE SANITARIUM

IN EVERY HOME OR OFFICE—ON YOUR OWN TERMS.

A MONEY MAKER FROM THE START.

USING EVERY NATURAL METHOD. Shower, Needle, Hot Air, Russian, Vapor Electro Arc Chromolum, Electric Light, etc., etc. Produces Wonderful Results.

YOU NEED IT.

A Postal Will Bring Full Particulars. Write at Once.

WOODCLIFFE SANITARIUM,

Collingswood, - - - New Jersey

When writing to advertisers, please mention Suggestion

Glycerophosphauro

THE TRUE PHYSIOLOGICAL REMEDY
FOR IMPOTENCE, STERILITY, SPERM-
ATORRHŒA, AND ALL ANEMIC AND
DEBILITATED CONDITIONS OF THE
GENERATIVE ORGANS

Containing phosphorus in perfectly assimilable
form in combination with strychnine and gold,
the tissue reconstituents par excellence . .

Glycerophosphauro

ACTS DIRECTLY UPON THE GANGLI-
ONIC CENTERS OF THE AFFECTED
ORGANS; RESTORES THE TONE AND
BUILDS UP THE WEAKENED TISSUES.
NOT A TONIC, BUT A TRUE PHYSIO-
LOGICAL RECONSTRUCTIVE REMEDY

For a number of years this preparation has
been successfully employed in the treatment of
these conditions in France, and to a limited ex-
tent, in this country, but the excessive cost has
prevented its general use. Recent improve-
ments in the method of manufacture enable us
to now offer this remedy at a price which will
permit of its general employment

Full-sized bottle, \$2 00

Sample, sufficient for test, 50c

ENGLEWOOD PHARMACAL CO.,

Englewood, N. J.

Medico-Legal Journal

CLARK BELL, LL. D., Editor

AND AN ABLE CORPS OF ASSOCIATED EDITORS

\$3.00 Per Annum; Payable in Advance

The only journal on the North American Continent devoted to

MEDICAL JURISPRUDENCE

Every department of Forensic Medicine discussed in its columns.

Organ of the Medico-Legal Society

And

of the Psychological Section; and of the Section of

MEDICO-LEGAL SURGERY

Of that body. This journal publishes the BULLETIN of the

American Congress of Tuberculosis

of 1900 and 1901, held in New York City. It publishes the papers read before the Medico-Legal Society, and keeps pace with the progress of Medical Jurisprudence in all countries; devoting especial attention to Psychological Medicine; Hypnotism, Telepathy, so-called Modern Spiritism, Suggestive Therapeutics; the Medical Jurisprudence of Insanity; of Intemperance, Toxicology, Sociological Questions, Criminology, Penology and Public Health.

The current volume (XIX) will be largely devoted to

"THE PREVENTION OF TUBERCULOSIS"

It is also producing in serial numbers Historical Sketches of the Supreme Court of the States and Provinces of North America, by States, of which Volume I, containing about thirteen states and provinces, are included, and will shortly be published with portraits of the Judges at a cost of \$5.00 per volume. Address:

MEDICO-LEGAL JOURNAL

39 Broadway, New York City, U. S. A.

Personal Magnetism

A College, Chartered Under State Laws, With a Capital of \$100,000, for the Purpose of Teaching Personal Magnetism and Hypnotism by Correspondence. * * *

EVERYBODY MAY NOW LEARN

Ten Thousand Copies of a Valuable Work on These Sciences to be Given Away to Advertise the College. * * *

The American College of Sciences, of Philadelphia, Pa., is a novel institution. It is chartered under state laws, with a capital of \$100,000, for the purpose of teaching Personal Magnetism, Hypnotism, Magnetic Healing, etc., by correspondence.

At an expense of over \$5,000 the college has issued a remarkable work on these sciences, ten thousand copies of which will be given away absolutely free. The book is elegantly illustrated with the most expensive engravings, and it is decidedly the finest and most comprehensive work of its kind ever published. It is the product of the combined talent of thirty distinguished hypnotic specialists and scientists. It thoroughly explains all the hidden secrets of Personal Magnetism, Hypnotism, Magnetic Healing, etc. It is full of surprising experiences, and makes many startling disclosures in regard to the use and possibilities of this secret power.

The college absolutely guarantees that anyone can learn these sciences in a few days at home, and use the power without the knowledge of his most intimate friends.

The reporter asked for the names and addresses of some of the pupils so that he might communicate with them personally. Several hundred were offered, from which the reporter selected eighty-four. The replies received were more than sufficient to convince the most skeptical in regard to the wonderful

benefits to be derived from this mighty power. There were absolutely no failures. All had learned to make practical use of the sciences. The following extracts are taken at random from the letters, for the benefit of readers:

J. H. Schneller, 1412 Avon street, La Crosse, Wis., writes: "Hypnotism truly reveals the secrets of life and the mysteries of nature. My own father could not have convinced me of its wonderful power if I had not actually tested it for myself. I consider a knowledge of it invaluable to those who wish to get the most out of life; to those who wish to achieve success and live up to the full measure of their possibilities."

Mrs. Effie M. Watson, Martinsville, Ind., writes: "Hypnotism opens the road to health, happiness and prosperity. It should be studied by everyone. I would not part with my knowledge of it for any amount. The instructions have developed within me a force of character, an ability to influence and control people that I did not dream I could acquire."

J. W. Clinger, M. D., Springfield, Ohio, writes: "I have used the methods of hypnotism taught by the American College of Sciences in two cases of difficult surgical operations with perfect success. It is a complete anæsthetic, and preferable to chloroform or ether. I acquired a practical knowledge of hypnotism in less than three days. The book is grand."

Rev. T. W. Butler, Ph. D., Idaho City, Idaho, writes: "I have cured a number of chronic cases of rheumatism, dyspepsia and paralysis of long standing; have not had a single failure; I consider a knowledge of Personal Magnetism invaluable. The book has greatly increased my own powers."

Dr. W. P. Kennicutt, 529 State street, Binghamton, N. Y., writes: "I had long suffered from nervous prostration and dyspepsia. My case baffled all medical skill. I studied hypnotism from the American College of Sciences, and tried it upon myself with surprising results. In one week my stomach was better than it had been in thirty years. I could eat anything without the slightest distress. I can hypnotize myself in five minutes and sleep all night, have hypnotized a number of others."

The first ten thousand persons who write to the American College of Sciences will receive, absolutely free, the marvellous book that brought success to the above persons. It is intensely interesting from start to finish. It should be in every home. If you want a copy write today to the American College of Sciences, Department C4, 416-420 Walnut street, Philadelphia, Pa., and you will receive the book by return mail.

SANMETTO FOR GENITO-URINARY DISEASES.

A Scientific Blending of True Santal and Saw Palmetto in a Pleasant Aromatic Vehicle.

A Vitalizing Tonic to the Reproductive System.

SPECIALLY VALUABLE IN
PROSTATIC TROUBLES OF OLD MEN—IRRITABLE BLADDER—
CYSTITIS—URETHRITIS—PRE-SENILITY.

DOSE:—One Teaspoonful Four Times a Day.

OD CHEM. CO., NEW YORK.

THE "I AM"

A revelation of the Real Self. Unveiling, disclosing and explaining the SOMETHING WITHIN. Not for sale but a copy will be mailed FREE (on receipt of postage stamp) to anyone who may feel moved to ask for it.

WILLIAM WALKER ATKINSON
206 Auditorium Bldg., Chicago.

ABDOMINAL BRAINS FOR SALE.

Let us Supply you with a New
Abdominal Brain.

"The Abdominal Brain" is the title of a new book by Dr. Hyron Robinson of Chicago. It tells all about the Solar Plexus and the Sympathetic Nervous System.

Dr. Robinson is professor of Gynecology and Abdominal Surgery in Chicago Post-Graduate School of Harvey Medical College and Illinois Medical College.

The book contains 261 pages and is illustrated by 16 full page engravings.

Sent postpaid to any address upon receipt of \$3.00.

In ordering mention SUGGESTION and address

The Clinic Publishing Co.

Ravenswood Station,

CHICAGO, ILLINOIS.

A SERIES OF THE MOST PRACTICAL ARTICLES
EVER PUBLISHED ON THE SUBJECT OF

Telepathy IS NOW RUNNING IN **Eltka**

ONE 50c THE WRIGHT CO. SIX 25c
YEAR MONTHS

Cor. Washington and Wright Sts., CORRY, PENN.
No Free Copies.

A BARGAIN

I intend giving up the practice of Suggestive Therapeutics here to take another position. I have an Allison chair, with all attachments, which cost me \$85.00 a few months ago. It's as good as new, and I will sell it at a sacrifice. The Allison chair is the chair used at the Chicago School of Psychology, and is the best in the market.

I must sell it at once so write me for particulars to-day. Will crate and ship to any point in U. S.

DR. J. W. LOOMIS

27 SCHMIDT BLOCK

TOLEDO, OHIO

"POWER OF WILL."

Foisted by other books on "Psychic Law, Banks." This book is genuine, complete, scientific, practical. Endorsed by sane editors, professional men and the people.

"Every page is filled with suggestion, stimulation encouragement." — *The Clinic, Syracuse, N. Y.*

"For old and young, for the scholar, the business man, the student and the artisan. It has a message and a gift." — *Psychic and Occult Views and Reviews, Toledo, Ohio.*

"One of the few books which give the power that excites readers to action." — *The Review, N. Y.*

Cloth and gilt, 5 1/2 x 8, 440 pages. Postpaid, \$2.00.
FRANK C. HADLOCK, 319 Boston St., LYNN, MASS.

Premium Books.

Suggestion, One Year,
Any Premium Book.....

...BOTH FOR \$1.00.

Marriage, Motherhood, Health and Hygiene. By J. H. GREEK, M.D.

Osteopathy. By Dr. F. L. MATTHAY.

Secret of Sex. By Dr. WILBUR TABER.

Hy-nicism U-To-Date. By SYDNEY FLOWER.

Magnetic Healing. (Practical Lessons.) By GUSTAVUS DEBOIS.

We will mail any of these premium books upon receipt of fifty cents.

Send Us \$1.00 for a year's subscription to SUGGESTION, and we will mail you any one of these books Free of Charge.

ADDRESS.

SUGGESTION PUBLISHING CO.,

4020 Drexel Bou., Chicago, Ill.

A MIRACLE HEALER

Restores Health and Strength to
Chronic Sufferers by a Mighty
Subtle Force of Nature.

STARTLING DISCLOSURES RELATIVE TO THE MOST
WONDERFUL POWER KNOWN TO MAN—
DOCTORS PUZZLED.

THE SICK HELPED FREE.



Professor Adkin Offers to Help the Sick and Afflicted
Free of Cost—Hundreds cured at their own homes.

The Medical World has been startled by the wonderful cures effected by Professor Thos. F. Adkin, a distinguished scientist who is devoting his life to the relief of suffering humanity. People in the last stages of consumption, men and women living in constant dread of death from Bright's Disease, Blood Poisoning, Cancer, Dropsy, Heart Disease, and other dangerous ailments have been restored to health by the treatment of this wonderful man, after every known remedy and scores of eminent specialists had been tried in vain.

Not in the history of Medical Science have so many startling cures been recorded. So marvelous has been his success in healing all kinds of disease, that his patients call him a miracle healer, a man of Supernatural Powers, a Physician with the key to the Fountain of Youth; yet Professor Adkin declares there is nothing wonderful about his ability to cure disease, and says that he cures simply because he "understands nature."

A reporter called upon Professor Adkin a few weeks ago. He found a man of commanding figure, whose personality was masterful and refreshing. His eyes, though full of kindness, seemed to penetrate one's very thoughts, while his every act and every word spoke of honesty and consideration of others. He is clearly a man of wonderful force of character.

He said: "I cannot attempt to tell you what my treatment is which I call 'Vitaopathy.' In these days of quackery and fakes, every advance to science is imitated by a score of ignorant charlatans who pretend to have mastered its details. Were I to attempt to explain to you for publication the practice of Vitaopathy, without discussing its every phase, which I have not time to do, there would be a dozen unscrupulous persons pretending to understand its use, before the publication has been out a week. Vitaopathy is not Christian science. It is not Hypnotism nor Divine Healing. It is infinitely more thorough and far-reaching than any of them.

"Vitaopathy" is a subtle force of nature, regu-

lating the intellectual and spiritual being which controls the physical man. It puts the system in a receptive condition, which enables the body to receive the full benefit of my Vitaopathic vegetable remedies which are used in combination with it.

"It is true that this new treatment is every day making wonderful cures. It has cured the blind, it has made the lame walk, it has cured various organic troubles, which had brought the sufferers to death's door. And here let me ask you to announce to all the readers of your paper, that I stand ready at any time to give the benefit of my experience to anyone who is in need of help. I will gladly make a complete diagnosis of the case of any one who is in poor health, and I will prescribe a thorough course of home treatment free of cost, which I positively guarantee to cure. Especially do I make this offer to those who are afflicted with dangerous disease, and have been treated by other methods without avail. If there are any who are in the grip of Consumption, Blood Poison, Bright's diseases, Chronic Kidney Disorder, Nervous Debility, Dropsy, Rheumatism, Heart Disease; if any of your readers are suffering from constant headache, Irritability, Sleeplessness, Female Troubles, Lost Vitality, Vertigo, or other similar ills, I invite them to write me fully of their condition, and I will give them personal attention, and help them to a complete recovery of health.

"I want no one to send me any money. I am willing to give this service to all who will put themselves in my hands, without a penny of charge, feeling that having been blessed with the ability to cure disease when others fail, it is my duty to help those who cannot help themselves.

Professor Adkin showed the reporter scores of letters from Doctors, Clergymen, Statesmen, Editors, College Professors, Lawyers and others high in life who have been cured by Vitaopathy, as well as letters from many men and women from all walks of life who availed themselves of his free offer of help, and the reporter left with a strange feeling of encouragement, believing that he had met the most wonderful man of the age.

The following are a few extracts from letters which the reporter examined personally:

"I feel it a debt I owe to suffering humanity to make known what has been done for me. I had suffered for over forty years from catarrh of the throat, stomach and bowels. I coughed day and night. I was in continuous pain. I had tried so many kinds of treatment without benefit that I had given up all hope. By chance I learned of a woman whom you had cured after the doctors had given her up to die, and I wrote for your free help. That was one month ago. To-day I am a well woman. I cannot understand it. My friends are amazed. My family physician is puzzled. I wish I could go out and proclaim the virtues of your marvelous treatment from the housetops. You may use this letter as you please. I know my recommendation can only result in good."

MRS. A. W. MOORE,
Box 636, Fitzgerald, Ga.

"I cannot express my gratitude for what you have done for my wife. She was on her death-bed; she was paralyzed and had a clot of blood on her brain. Physicians said there was no hope that she could recover, but you have saved her life. She improved from the very first day she commenced your treatment. The clot of blood has disappeared, she sleeps well and has a splendid appetite. Refer any sufferers who doubt your marvelous power to me or let them come to my home, and witness the wonderful cure you have performed in my wife's case. My neighbors all know the condition my wife was in when she commenced your treatment, and they were hourly expecting her death. I hope and pray that I may be at your command to help those who suffer, and get them to write you for free help."

W. S. SWAYNE, Ph. G.,

Prop'r Spring Clear Lithia Water,
New Haven, Conn.

Every reader of this paper who is sick with any disease is advised to write to this miracle healer, addressing his or her letter to Professor Thos. F. Adkin, President of the Institute of Physicians and Surgeons, Office D 4, Rochester, N. Y.

State the leading symptoms of your complaint and ask Professor Adkin to help you without cost, and you will undoubtedly be able to get cured, as so many others have been. Vitaopathy is unquestionably the most wonderful science of the age, and Professor Adkin the greatest miracle healer in the world.

Nerve and Tissue Building.

The nervous system, most important of all, needs the closest attention in disease, and often receives the least. Many intractable and vitality-destroying diseases, arise originally and solely from a disordered nervous system.

Coca - Cola - Calisaya Tonic

is pre-eminently the most successful nerve tonic and tissue builder. It restores the NERVE BALANCE so necessarily important in alimentary and nervous disorders—effectually removing Dyspepsia and other digestive derangements. Neurasthenia, Anaemia, Sleeplessness and Depression. Prescribe C-C-C Tonic during convalescence from any wasting disease, and after physical or mental over-exertion and observe the prompt and brilliant results.

A palatable combination of the fresh extracts of Erythrox. Coca, Kola Nut, Calisaya Bark and the Phosphates in superb old Sherry.

In original pint bottles, 75c.
One dozen bottles, \$8.00.

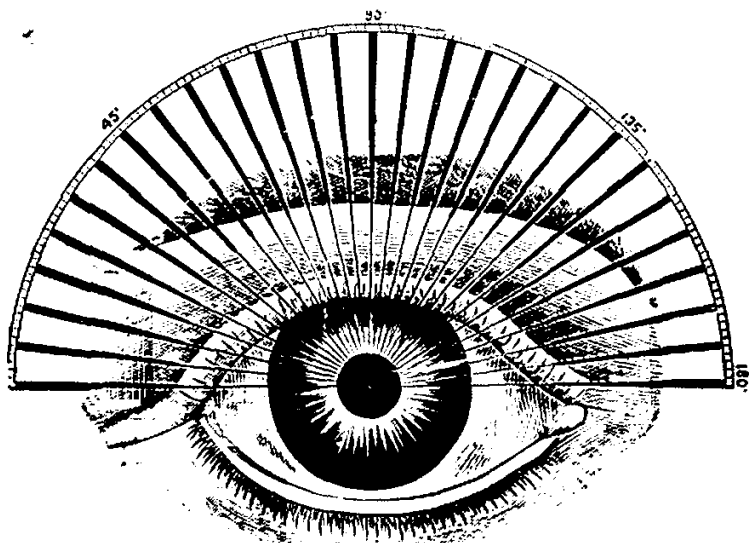
Samples free on receipt of 25c. for mailing expenses.

Exclusively Prepared by

ZWARTS PHARMACY CO.,

Fourth and Locust Streets,
ST. LOUIS.

OPTICS AS A PROFESSION



Innumerable signs seen in cities, towns and hamlets, denote overcrowded conditions of the legal, medical and scientific fields in general. The mechanical arts are equally over-taxed, yet the youth of intellect and laudable ambition feels that he is capable of something better than a common tiller of the soil or mere clerkship. Even should he have the temerity and funds to attempt any of these callings, long years of study and preparation lie before him, so while he perforce hesitates, force of circumstances, or stern necessity crowds him into uncongenial labor which may end in a wasted life.

OPTICS AN ENTICING FIELD FOR BOTH SEXES

No more enticing field lies open to the young or old, professional or unprofessional, who desire a genteel and remunerative employment than the Practice of Optics. All other important professions are overcrowded, but this one of equal (if not more) importance opens a profitable and intelligent calling for even those of very limited means and education who choose to apply themselves. Its study is co-educational, wherein women as well as men, may find a sphere of usefulness and an excellent recompense. It appeals to both sexes, because it is clean and in nowise laborious.

Call simply for application, patience, tact and common sense.

Can be acquired in much less time than in any other learned profession.

Requires no special preparation, more than ordinary school education.

Is more remunerative than most other intellectual callings.

Can be made a stepping stone to "higher things."

It is but a step from Optics (as taught by our correspondence system of instruction) to that of Medicine and Surgery.

Another step from general practice to that of the Specialist.

To-day Optometry is a profession in nowise inferior to that of Medicine.

As an adjunct to their profession the Osteopath, the Psychologist, as well as the Physician would find a technical knowledge of the art of fitting glasses a very valuable acquisition, and in many cases more profitable than their own profession. The Golden Cross, Eye, Ear, Nose and Throat College and Clinic, issues two diplomas to every student, one conferring the Degree of "Fellow in Ophthalmology," which is issued as soon as the student secures in his application, the other "Doctor of Optics" (D.O.), when the course is finished. There is nothing about either diploma to indicate that they have been obtained through a correspondence course. Both are issued by State Authority.

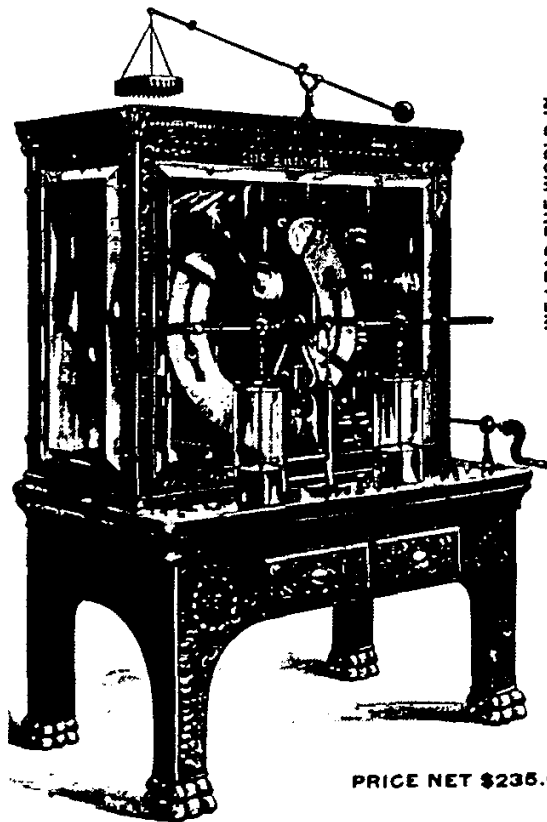
By special solicitation of a number of our correspondents who have answered our advertisements in SUGGESTION, but who find it inconvenient to enroll until after the New Year, and yet are very desirous to get the benefit of our reduced rate of tuition, we have decided to extend the time and will continue to charge the reduced rate until otherwise published in this journal. Besides, to all who answer immediately after reading this and mention the date, will be given special terms and liberal time to pay for THE ONLY ORIGINAL CORRESPONDENCE COURSE IN OPTICS IN THE WORLD. Remember that every student of our correspondence course is entitled to attend our resident Course and Clinics without any additional expense. Our students as well as our graduates can come whenever they please and leave when satisfied. Our Correspondence Course will make you an expert in fitting spectacles, will make you a "Fellow in Ophthalmology" and will include the Degree of "Doctor of Optics" and Diploma.

The one fee pays for both correspondence and attendance courses and all extension courses. All are qualified to take the Optical Course. Write for particulars. Address DEPT. D of the GOLDEN CROSS, 257 W. Madison St., Chicago. Mention SUGGESTION and the date you have seen the advertisement, so as to get the benefit of the special terms.

When writing to advertisers please mention Suggestion.

THE ACME OF PERFECTION
both **Mechanically**
and **Electrically**

It has no equal for either
X-RAY
or
THERAPEUTIC WORK.



WE LEAD THE WORLD IN
Static Machines Meters
Office Cabinets Electrodes
Rheostats Portable Batteries

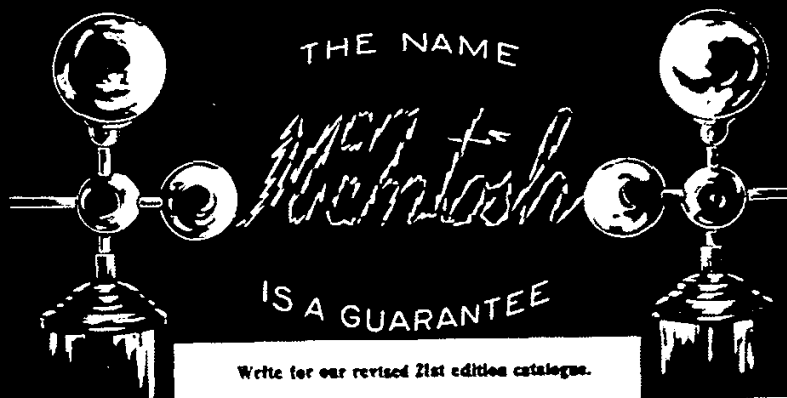
YOU CAN MAKE
NO MISTAKE IF YOU BUY

McIntosh Apparatus

PRICE NET \$235.00

McIntosh Improved Construction Sixteen-Plate Static Machine.

THE NAME



IS A GUARANTEE

Write for our revised 21st edition catalogue.

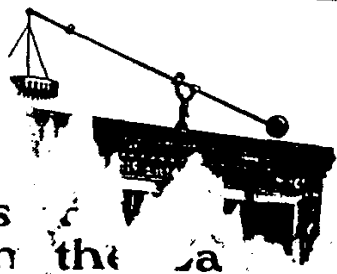
McINTOSH BATTERY AND OPTICAL CO.

39 W. Randolph Street, CHICAGO, ILLINOIS.

When writing to advertisers please mention Suggestion.

Tr Sc

And its Through the



WORLD IN

able Batteries

ation suggestion

This is the title of a book by F. W. Southworth, M. D., which is conceded by authorities and all who have read it to be the best work ever published on Metaphysical Healing. In it Dr. Southworth has shown the connecting link between the mind and the body. The treatise is practical, simple and effective, and is acceptable to the physician, mental scientist and all interested in the cure of disease by mental powers. It is one of the best books ever written on the subject.

This work sold a short time ago for \$5, but by special arrangement with the author we are now able to offer it to anyone for the small price of \$1.00 per copy.

THIS IS A BARGAIN.

Think of it, we are offering a book formerly sold for

\$5.00 FOR \$1.00.

Furthermore, we agree to refund the price to anyone who is not satisfied with the investment. We know this is a safe proposition, for everyone who has received a copy of the book has been delighted with it. Not one copy has been returned to us.

You will not be satisfied until you have read this work, so send for it today.

UNSOLICITED TESTIMONIALS.

"To say I am pleased with it would be expressing it mildly. It is a gem amongst metaphysical publications and worthy of a place in every library. It gave me new food for thought and an uplifting impulse such as no other book has ever done. I have no hesitancy in giving it my highest recommendation, and I know that every person who secures a copy will never regret it."

PROF. ARTHUR E. STEELE,
Vauklee Hill, Ont.

"In the love of truth and right I have read the work by Brother Southworth, and to say I am pleased with it puts it in mild expression. Dr. Southworth shoots all around the center, and occasionally drives the center home with great force."

DR. E. E. ROGERS, Orchard, Ohio.

"I want to thank you for Dr. Southworth's book. I read it over several times, and want all my friends to read it. I think it is worth its weight in gold."

G. A. SCHOEDSACK, Omaha, Neb.

"I am delighted with it."

C. L. LEWIS, Allegheny, Pa.

"Must say I am highly pleased. It is so free from unmeaning phrases. It goes direct to the point every time. It is simply pure gold without the dross. It must be read to be appreciated. Words fail to express its merits."

DR. J. DICKSON,
Canal Dover, Ohio.

"It is brimming over with useful knowledge for anyone interested in Suggestive Therapeutics. I am thankful for such an able work. It ought to be in the hands of everyone."

J. A. HALL, M. D.,
Warrensburg, Tenn.

"Accent my grateful thanks for Dr. Southworth's work. It is surely worth many times the price I paid for it."

E. Z. LASH,
N. Manchester, Ind.

SEND \$1.00 AND RECEIVE THIS BOOK, or send \$1.50 and we will send you the book and the magazine SUGGESTION for one year. Address

Suggestion Publishing Co.

4020 Drexel Boulevard

CHICAGO



A PRETTY VIEW ON THE GROUNDS.

The Dr. C. O. Sahler Sanitarium

Kingston-on-the-Hudson, New York

(Incorporated)

This Sanitarium, lawfully incorporated, is situated in the historic colonial city of Kingston, at the foot of the famous Catskill Mountains, on the banks of the Hudson, the Rhine of America.

"A proof that psychological treatment, as well as its study, is meeting with more and more popular favor, is witnessed daily at the Sanitarium of Dr. C. O. Sahler, of Kingston-on-the-Hudson, New York. Since enlarging the Sanitarium, Dr. Sahler has secured a large house to accommodate the increasing patronage, and a little over a month ago he completed a large cottage, as an annex, and is still overcrowded, which speaks well for the work. The patrons of the Sanitarium are from Canada, the Atlantic States as far south as Florida, and from the West. It is very interesting experience to be associated with these people who are being healed by the New Thought."—Ed. Psychic and Occult Views and Reviews.

The School of Psychology conducted by Dr. Sahler, with monthly classes, is successfully teaching to hundreds the marvelous truths and force of this Science of the Twentieth Century, the divine secret of health and success. Dr. Sahler is a recognized authority in occult studies, and this school, being one of the first established in this country for such teaching, has acquired a reputation which extends beyond the borders of the United States. Students have been and are enrolled from the West Indies and Australia. For special publications concerning system of treatment, terms, classes, etc., address:

THE DR. C. O. SAHLER SANITARIUM

61 Wall Street, Kingston, New York

Spookland

This is an illustrated book showing the methods employed by the bogus materializing mediums.

It also gives in detail the particulars of the public exposures of some of the best known materializing mediums.

Interesting and Exciting

The book is well written and is intensely interesting and exciting.

The author is Mr. T. S. Henry who exposed Mrs. Mellon, the noted English Medium, in Australia. Wm. T. Stead had claimed that Mrs. Mellon was the only genuine Materializing Medium in the United Kingdom.

The price of the book is 50 cents.

Sent with a year's subscription to SUGGESTION for \$1.00.

Foreign subscription, \$1.25.

ADDRESS THE
SUGGESTION PUBLISHING CO.

426 Drexel Boulevard, - CHICAGO, ILL.

Perfect Development of The Figure

Taught by Mail

TO

WOMEN AND CHILDREN

BY THE

WARD-FOSTER SYSTEM

OF

Physical Culture.

Shoulder Blades Flattened. Chest and Bust Developed. Crooked Backs Straightened. Uneven Hips Corrected. Indigestion. Nervousness. Sleeplessness. Constipation. All cured by devoting a few moments each day to INTELLIGENT exercise.

NO APPARATUS used in this system. 25 years' study of all branches of Physical Culture and 10 years' teaching has perfected this system. For the benefit of all who are unable to come to me for instruction, I have arranged a course of lessons to be taught by mail. Write for particulars to

Mrs. Annie Ward Foster

716 Fine Arts Building,

CHICAGO, ILL.

For Health, Strength, Vitality
Read

"HEALTH"

A High Class Illustrated Monthly devoted to Physical Culture and Hygiene

**"IT TELLS YOU THINGS
YOU OUGHT TO KNOW."**

On the staff of "HEALTH" are found the most brilliant writers and authorities on the subject of Preservation and Restoration of Health, Strength and Vitality by natural methods, absolutely without drugs.

Editor PROF. CHAS. A. TYRRELL, M. D.; Associate Editor M. L. HOLBROOK, M. D.; Editor Physical Culture Department, PROF. P. VON. BOECKMANN; Home Department, HARRIET HEMIUS VAN CLEVE

Among its brilliant staff of contributors may be cited the following names, which are, in themselves a guarantee of literary excellence:

Countess de Chavanne
Henry Wood, Esq.
Edgar O. Bradford
Mrs. Hester M. Poole.

Alice B. Stockham, M. D.
Robert Walter, M. D.
Albert Chavannes
Ellen Goodell Smith, M. D.

A. B. Jamison, M. D.
James Ravenscroft
Susanna W. Dods, M. D.
Lorena Osborne Hunt

In fact "HEALTH" contains a mine of valuable information upon the subject of health. Subscription price \$1 a year, single copies 10c.

We want to send a Sample Copy FREE to every reader of this publication. A postal card will bring you a copy . . .

Address **HEALTH PUBLISHING COMPANY,**

Dept. 20,

1562 Broadway, New York.



Breaking a chain by Prof. Von Boeckmann, Editor of Physical Culture Dept.

The St. Louis School of Suggestive Therapeutics and Medical Electricity.

In addition to the monthly personal lecture course, the St. Louis School of Suggestive Therapeutics and Medical Electricity has opened a **"CORRESPONDENCE DEPARTMENT OF INSTRUCTION."** In Suggestive Therapeutics, and people who cannot leave home for a personal course can now learn the principles and practical application of Suggestion, as taught in this school, through this correspondence department. This is not simply a **MAIL COURSE**, it is a complete course of correspondence instruction, and is carried on in a manner similar to that of correspondence law schools.

We teach our absent pupils the same practical application of suggestion in the treatment of all kinds of diseases that our personal course embraces, and all intelligent people can learn to do successful work in Suggestive Therapeutics in this way. We also teach them all the modern methods of Hypnotism. Absent pupils get diplomas the same as those who take our personal course. We send free, a complete **TABLE OF CONTENTS** of our Correspondence Course of Instructions so all may see at a glance just what it comprehends.

A NEW BOOK. Send one dollar for our Book "Suggestion in the Cure of Diseases and the Correction of Vices." Fifth Edition. This book explains all the methods of mental healing—tells the principles upon which Christian Science, Divine Science, Mental Science and Magnetic Healing do all their effective work. It teaches how to hypnotize; contains the latest, most complete and effective methods for producing hypnosis that can be found anywhere.

NOTE.—People suffering from all kinds of diseases, are treated here by suggestion alone and without medicines.

FREE BOOKLETS Explaining our methods sent upon application. All sick people should read these booklets. Sent Free to everybody.

For announcements and information relating to the different departments of our school, address

GEO. C. PITZER, M. D.,
3431 Morgan Street, ST. LOUIS, MO.

Deafness Cured



NEARLY all cases of Deafness and Ringing Noises in the Head are the result of Chronic Catarrh of the throat and middle ear. The air passages become clogged by Catarrhal deposits and until these are removed a cure is impossible. Deafness and ringing noises, therefore, being caused from Catarrh, the Hearing cannot be restored and noises stopped until the Catarrh is cured, and as Catarrh cannot exist under the use of "Actina" Pocket Battery, nobody need be Deaf or suffer from Head Noises and use "Actina" properly. "Actina" is sent on trial, postpaid. Positive proof of cures and reliable financial reference furnished.

A Valuable Book Free. Prof. Wilson's 100 page Dictionary of Diseases. It will instruct and interest you.

ADDRESS
NEW YORK & LONDON ELECTRIC ASSOCIATION (DEPT. 208), 929 WALNUT ST., KANSAS CITY, MO.

Assured Health by Natural Means.

I have had fourteen Years' study and experience in this Country and Europe, in all that pertains to the promotion of Physical Health by Natural Means, including Physical Culture, Massage and Swedish Movements, Hygiene, Osteopathy, Dietetics, Hydropathy, Electricity and Psycho-Therapy.

To those who do not enjoy perfect health, I offer a course by correspondence. Hand-written directions are sent from time to time for as long as necessary.

I have had remarkable success with this method. Send me full particulars of your condition. I have one standard moderate price for these courses. Send me your name and address and I will send you a circular describing them fully.

Yours for Health,

ALBERT WHITEHOUSE,

Health Specialist,

TRINITY PARK, - - - - Durham, N. C.

When writing to advertisers please mention Suggestion.

ABDOMINAL BRAINS FOR SALE.

Let us Supply you with a New
Abdominal Brain.

"The Abdominal Brain" is the title of a new book by Dr. Byron Robinson of Chicago. It tells all about the Solar Plexus and the Sympathetic Nervous System.

Dr. Robinson is professor of Gynecology and Abdominal Surgery in Chicago Post-Graduate School, Harvey Medical College and Illinois Medical College.

The book contains 264 pages and is illustrated by 16 full-page engravings.

Sent postpaid to any address upon receipt of \$3.90.

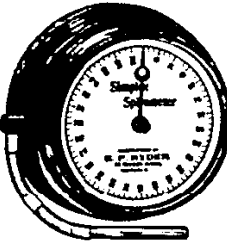
In ordering mention SUGGESTION and address

The Clinic Publishing Co.

Ravenswood Station,

CHICAGO, - - - ILLINOIS.

Gain Health, Strength and Vitality By Exercising with the SIMPLEX SPIROMETER



A perfect exerciser for the Lungs, Chest, Throat and Voice. Brings grace, beauty, health and strength by Natural Normal Methods. Straightens round shoulders, develops the chest, reduces large necks, fills and rounds emaciated ones. Compels deep healthful and correct breathing, and brings permanent health and tone to

the lungs, throat and voice.

The following letter is one of the many received from persons now using the Simplex:

From Dr. W. R. C. LATSON, Editor of Health Culture, author of "Food Value of Meat," "Curing by Suggestion," etc., also lectures and consultant in rational medicine.

E. P. RYDER, Esq., 503 Fifth Av., New York, N.Y.

Dear Sir:—

Of all the bodily functions, breathing is the most important. As a rule of general application it may be stated that the power physical, mental and moral of the individual is in direct proportion to the size and activity of his lungs. After an experience of nearly a year in the constant use of your Spirometer, I do not hesitate to pronounce it the most satisfactory instrument of its kind I have ever seen. The strong points in its favor are its simplicity, its durability and its cheapness. It will prove invaluable to all desirous of increasing their lung development and general health. Wishing you every success.

Signed, W. R. C. LATSON, M. D.
Our 16 page pamphlet, "The Science of Breathing" and full particulars of the Simplex Spirometer sent FREE to any address.

ED. P. RYDER, 36 Clermont Av., Brooklyn, N.Y.

THE INTERNAL BATH

More Important than the External.

If external cleanliness is essential to health, how much more important is internal cleanliness! Every disease arises from the retention of waste and foreign matter in the system—Nature's drainage being clogged. In the vast majority of cases the clogging is in the colon or large intestine. Positively the one harmless and efficient means of clearing away this waste is the internal bath given with the

J. B. L. CASCADE

This treatment is a sovereign remedy for and prevention of 90 per cent of all Digestive derangements. It is hygienic, scientific and logical. It is a perfect tonic with no after depression. Its action

PREVENTS AND CURES APPENDICITIS, Biliousness, Dyspepsia, Obesity, Headaches, Constipation, Etc.

It is recommended and prescribed by such eminent physicians as Dr. Daniel Lewis Pres. N. Y. State Bd. of Health; Dr. Herman J. Boldt, Prof. Post Graduate Hospital, N. Y.; Dr. W. H. De Garmo, Prof. Post Graduate Hospital, N. Y.; Dr. Cyrus Edson; Dr. Q. W. Brooks, late of Board of Health, New York City, and many others, among whom are the following well-known people: Maj. Chas. C. MacConnell, Morristown, N. J.; Ex-Governor Goodell, of Vermont; U. S. Senator A. P. Gorham, of Maryland; Gen. Williams, G. A. R.; Miles Devine, City Attorney, Chicago, Ill.; Judge W. H. Tedford, Corydon, Iowa; Admiral Tyrroff, St. Petersburg, Russia.

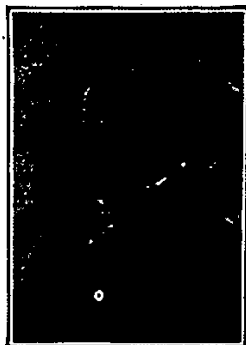
Were it possible to reproduce here our file of voluntary letters of commendation received from prominent people who do not ordinarily permit the use of their names in advertisements, no doubt could exist in one's mind as to the extraordinary merit of the "J. B. L. CASCADE" treatment. As proof of what the Cascade treatment will do we call your attention to the following letter from H. A. Joyce, one of the prominent merchants of Cambridge, Md.

The Ralston Health Club, which as an organization has had the greatest growth of this or any age, having almost TEN MILLION MEMBERS who say THROUGHOUT THE WORLD, authorizes us to say: "Our Cascade is not endorsed by the Ralston Health Club of America, as that club never endorses by the use of the Ralston Health Club so easily accomplished by the "J. B. L. CASCADE." Previous to its use I was in very bad health, suffering from dyspepsia, nervousness, constipation, insomnia, and in fact was almost despair of ever getting well, but thanks to you and your wonderful invention, and the loving kindness of a merciful God, I am now in splendid health.

These facts are set forth in detail in a booklet entitled "THE WHAT, THE WHY, THE WAY," which we desire to send free to every reader of this publication. It is a most noteworthy statement of what progress has been made toward a medical system without drugs—an end which is naturally desired by all.

Tyrrell's Hygienic Institute,

Clerk 17-a, 1562 Broadway, New York.



H. A. JOYCE.

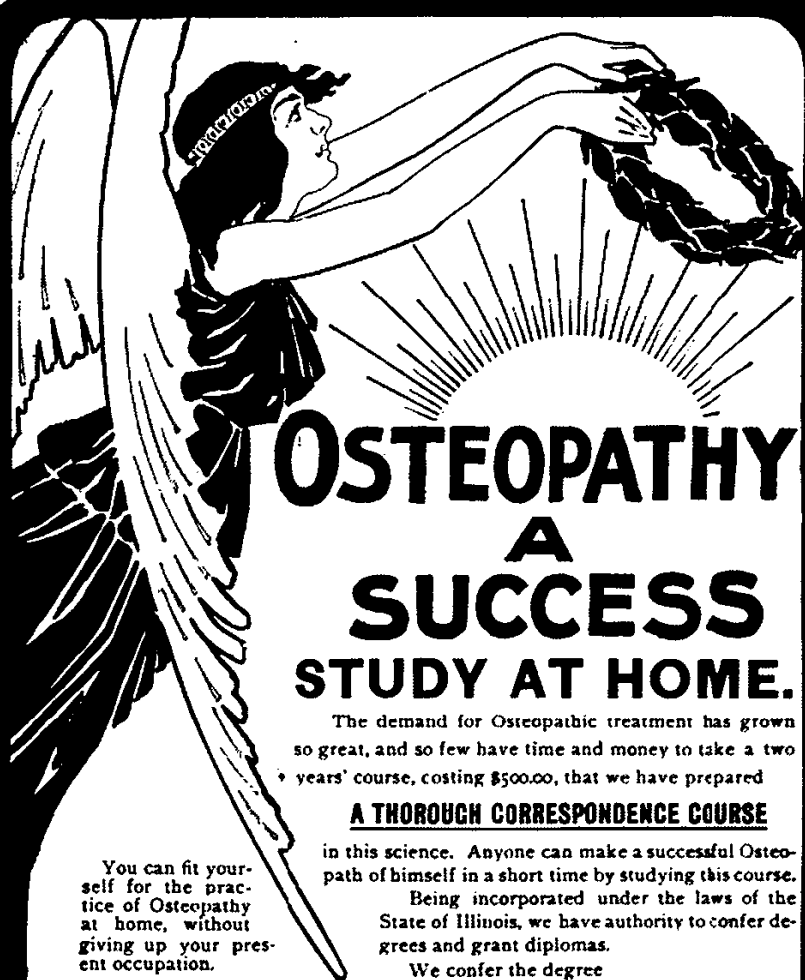
CAMBRIDGE, MD., Aug. 7, 1900.

PROF. CHAS. A. TYRRELL:

Dear Sir,—I deem it a duty I owe growth of this or any age, having almost TEN MILLION MEMBERS who say THROUGHOUT THE WORLD, authorizes us to say: "Our Cascade is not endorsed by the Ralston Health Club of America, as that club never endorses by the use of the Ralston Health Club so easily accomplished by the "J. B. L. CASCADE." Previous to its use I was in very bad health, suffering from dyspepsia, nervousness, constipation, insomnia, and in fact was almost despair of ever getting well, but thanks to you and your wonderful invention, and the loving kindness of a merciful God, I am now in splendid health.

Gratefully yours,
H. A. JOYCE.

When writing to advertisers please mention Suggestion.



OSTEOPATHY A SUCCESS STUDY AT HOME.

The demand for Osteopathic treatment has grown so great, and so few have time and money to take a two years' course, costing \$500.00, that we have prepared

A THOROUGH CORRESPONDENCE COURSE

in this science. Anyone can make a successful Osteopath of himself in a short time by studying this course.

Being incorporated under the laws of the State of Illinois, we have authority to confer degrees and grant diplomas.

We confer the degree

You can fit yourself for the practice of Osteopathy at home, without giving up your present occupation.

Doctor of Osteopathy

on all our correspondence graduates.

The diploma is a handsome engraving 18x24 inches in size.

A FREE LESSON

We will send a free lesson in Osteopathy to anyone answering this advertisement. For full particulars and free lesson address carefully as follows:

A. E. TURNER, D. O.
Dept. 26. Secretary.

NATIONAL SCHOOL (INCORPORATED) OF OSTEOPATHY

4000 COTTAGE GROVE AV. CHICAGO.

PARTLOW DES.

NOTICE

DR. PARKYN'S NEXT COURSE IN SUGGESTIVE THERAPEUTICS AND HYPNOTISM WILL BEGIN ON TUESDAY, APRIL 1st, AT 10 A. M., AND WILL LAST TWO WEEKS. CLINICS WILL BE HELD THREE TIMES EACH WEEK.

A SPECIAL RATE OF \$25.00 WILL BE MADE FOR THIS COURSE, AND ALL APPLICATIONS FOR PLACES IN THE CLASS MUST REACH US NOT LATER THAN MARCH 22d. SHOULD FIFTY STUDENTS REQUEST THAT ANOTHER COMBINED COURSE BE GIVEN, DR. BLACKMARR AND DR. RUSS WILL GIVE LECTURES IN ELECTRO-THERAPEUTICS AND OSTEOPATHY. PRICE OF THE COMBINED COURSE, IF HELD, \$50.00.

IN NOTIFYING US OF YOUR INTENTION OF JOINING THE CLASS, PLEASE STATE IF IT IS YOUR DESIRE TO TAKE THE COMBINED COURSE. .

ADDRESS
THE REGISTRAR,
The Chicago School of Psychology,
4020 Drexel Boulevard,
CHICAGO, ILL.

Notice.....

Dr. Parkyn's mail course in Suggestive Therapeutics and Hypnotism should be in the library of every reader of this magazine. It consists of forty-two illustrated lessons, covering over 400 pages of printed matter, neatly bound in cloth and gilt, and will be sent, express paid, to any address upon receipt of \$5.00. This course has been endorsed by the medical press, physicians, dentists, ministers, scientists and laymen of nearly all civilized countries. It is thoroughly practical, and we have hundreds of letters on file from persons who have been cured of various troubles by applying to themselves the instructions which are given in detail in the course.

Address

The Suggestion Publishing Co.,

4020 Drexel Boulevard, Chicago, Ill.

Particulars sent free on application, if desired.

A FEW COMPLIMENTARIES

Upon the CORRESPONDENCE COURSE and DIPLOMAS of the GOLDEN CROSS EYE, EAR, NOSE and THROAT COLLEGE and CLINIC. Some from students who have been in the practice for years, but who have decided to take the Correspondence Course of the GOLDEN CROSS COLLEGE to perfect themselves in the art of fitting spectacles and eye-glasses, while others who have never known the first principle of the science, but had a desire to become expert opticians. All use the highest terms of praise both as to the beauty of the Diplomas as well as the completeness of this Correspondence Course. The following are a few of the letters picked at random: HUNDREDS OF MUCH MORE IMPORTANCE could be published but the limited space does not permit it.

GOLDEN CROSS EYE COLLEGE.

DEAR SIR:—Please find enclosed answers to lesson No. 10. I am getting along all O K with your lessons and think that there is no better to be had. I am more than pleased with the first Diploma and your method of teaching Optics by mail. I may come to Chicago this winter for about two weeks and take your attendant course.

Yours respectfully,

WM. L. CALKINS, New London, Wis.

A Letter From the Same Student Two Months Later.

GOLDEN CROSS EYE COLLEGE.

DEAR SIR:—Yours of recent date to hand and contents noted. I have a very fine Trial Case, a Retinoscope Concave, and a complete outfit of Frames and Charts. I like the Optical Profession all O K and I am making a nice thing out of it. I have fitted 151 cases since I commenced to take your course, ranging from \$2.00 to \$7.00 in price, the majority were \$4.00 cases. Am very much pleased with your course. I would like very much to have you fill my prescriptions at your manufacturing department. Would like to have your catalogue and Kx Blanks, etc. Please send at once. Please find enclosed questions and answers for No. 15, Special Lesson.

Yours truly,

WM. L. CALKINS.

Thinks We Do Not Advertise Enough.

LONDON, Eng., April 16, 1901.

GOLDEN CROSS EYE, EAR, NOSE AND THROAT CLINIC.

GENTLEMEN:—If you would advertise a little more extensively and make it understood how easy one can better his position by learning the art of fitting glasses, as I have done, I am sure you would have hundreds more students to teach, both by correspondent and attendant courses. There are thousands like myself who have worked for \$15 per week, when they could just as easily make \$75 or \$100 if they would but know it. As for me, I shall never be able to thank you enough.

Respectfully yours,

DR. JUSTOW LUBSON.

Thinks It Possible to Become An Expert In Thirty Days.

GOLDEN CROSS EYE, EAR, NOSE AND THROAT COLLEGE AND CLINIC.

GENTLEMEN:—I take great pleasure in saying to you that after carefully studying the various lessons, I find it possible for anyone to become an expert in 30 days by simply devoting one hour every day. Many people like myself have not the time to attend a college and have no spare time to study during the day, and yet would like to better their condition by learning a profitable and easy profession. Your Correspondence Course makes it possible to accomplish that end easier than I would have ever believed. Your diplomas are exceptionally handsome. With best regards I remain,

Respectfully yours,

PROF. SAMUEL SHUPPERMAN.

A Letter From the Blue Cross Aid and Home.

GOLDEN CROSS EYE, EAR, NOSE AND THROAT CLINIC, Chicago, Ill.

GENTLEMEN:—Allow me to make a few remarks regarding the Ophthalmic Course which I have just taken at the Golden Cross Clinic. I consider the same one of the most thorough courses in Ophthalmology given by any college. To say that I am more than pleased with the course is the mildest form in which I can express my appreciation. The diplomas, too, are handsome and make a splendid addition to my office. Again thanking you, I remain,

Yours faithfully,

HENRY F. WAITE, M. D.

He Thinks We Do Not Charge Enough.

GENTLEMEN:—Five months ago, if any one had told me that it is possible for any one to learn the art of fitting glasses by mail, I would have only laughed at him, but not so now. The only objection is you don't charge enough, and therefore, every physician will take it up, and the chances for the optician will be poor.

DR. FRANK McALLISTER.

Can't Praise It Too Highly.

DEAR SIR:—I received the certificate and am very much pleased with it. I think it is a very pretty piece of work. I am more than pleased with the lessons so far, and think studying by correspondence is better than attending lectures, because you can keep the lessons for reference. I can't praise the Golden Cross method too highly.

I am yours, etc.

P. J. ANDERSON,

DAYTON, Ohio, Oct. 12, 1901.

GOLDEN CROSS CLINIC, Chicago, Ill.

DEAR FRIENDS:—Yours of the 11th inst. received. The certificate received and am agreeably surprised in it, as it is more than I expected.

I am respectfully,

RICHARD W. WINTERMUTE.

Think It Superior to Anyone.

GENTLEMEN:—The amount of knowledge I have gained by taking the Optical Course of the Golden Cross Eye, Ear, Nose and Throat Clinic is incalculable. Dr. J. Haraas, the principal instructor, is indeed superior to anyone I ever heard.

DR. N. GREENFIELD.

Makes Plenty of Money.

GENTLEMEN:—All my life I have made a bare living, and sometimes not even that. Now, though I am 62 years old, after taking a course at your Clinic, I am able to make plenty of money and am a pleasure to myself and family. Your instructions on financial success are a wonder.

DR. N. SINGER.

The addresses of the above; also, more testimonials cheerfully furnished. Address Dept. D. of

THE GOLDEN CROSS
EYE, EAR, NOSE AND THROAT COLLEGE and CLINIC
CHICAGO, ILL.

When writing to advertisers please mention Suggestion.



The Management of the Golden Cross Eye, Ear, Nose and Throat College and Clinic of Chicago, duly chartered and operating under the laws of the State of Illinois, with headquarters 257 Madison Street, takes this means of announcing to readers of SUGGESTION, that 30 days after this notice has been published the tuition fee for the Optical Course will be raised to \$100, but up to that time, in justice to all those who have answered our previous ads., and also to those who have been considering the matter, and have not yet decided, but will do so within the time specified above, the fee will continue to be \$25, and will include a life-time membership and scholarship, covering all courses, and two of the most artistic Diplomas in existence, one conferring the degree of "Fellow of Ophthalmology" and the other "Doctor of Optics," both issued by State authority. No extras of any kind, not even books. The Golden Cross furnishes all the lessons called, respectively, special lessons, which are type-written or mimeographed, and general lessons, which are printed.

A Grand Opportunity for all. Special Inducements. All who will enroll within the time specified will have the privilege of paying for the tuition in three or four payments. Furthermore we will see that every student will obtain his supply of appliances on very easy terms. Remember that nearly 90 out of every 100 persons need spectacles and that the profits are simply amazing. We can teach you everything regarding the profession in about six weeks. Remember also that the Correspondence Course in Optics does not merely cover the course of instructions until you graduate and receive your Diploma, but entitles you to our co-operation, assistance and advice indefinitely. You receive our advanced lessons long after graduating, free of charge. Every student of our Correspondence Course is entitled to attend our Local Course and Clinic without any additional expense whatever. Correspondence students can come here whenever they please, and leave whenever they are satisfied. Further particulars, prospectus and first lesson free, by addressing.

THE GOLDEN CROSS

Eye, Ear, Nose and Throat College and Clinic,

Dept. D., 257 W. Madison Street, CHICAGO, ILL.

Personal Magnetism

A College, Chartered Under State Laws, With a Capital of \$100,000, for the Purpose of Teaching Personal Magnetism and Hypnotism by Correspondence. * * *

EVERYBODY MAY NOW LEARN

Ten Thousand Copies of a Valuable Work on These Sciences to be Given Away to Advertise the College. * * *

The American College of Sciences, of Philadelphia, Pa., is a novel institution. It is chartered under state laws, with a capital of \$100,000, for the purpose of teaching Personal Magnetism, Hypnotism, Magnetic Healing, etc., by correspondence.

At an expense of over \$5,000 the college has issued a remarkable work on these sciences, ten thousand copies of which will be given away absolutely free. The book is elegantly illustrated with the most expensive engravings, and it is decidedly the finest and most comprehensive work of its kind ever published. It is the product of the combined talent of thirty distinguished hypnotic specialists and scientists. It thoroughly explains all the hidden secrets of Personal Magnetism, Hypnotism, Magnetic Healing, etc. It is full of surprising experiences, and makes many startling disclosures in regard to the use and possibilities of this secret power.

The college absolutely guarantees that anyone can learn these sciences in a few days at home, and use the power without the knowledge of his most intimate friends.

The reporter asked for the names and addresses of some of the pupils so that he might communicate with them personally. Several hundred were offered, from which the reporter selected eighty-four. The replies received were more than sufficient to convince the most skeptical in regard to the wonderful

benefits to be derived from this mighty power. There were absolutely no failures. All had learned to make practical use of the sciences. The following extracts are taken at random from the letters, for the benefit of readers:

J. H. Schneller, 1412 Avon street, La Crosse, Wis., writes: "Hypnotism truly reveals the secrets of life and the mysteries of nature. My own father could not have convinced me of its wonderful power if I had not actually tested it for myself. I consider a knowledge of it invaluable to those who wish to get the most out of life; to those who wish to achieve success and live up to the full measure of their possibilities."

Mrs. Effie M. Watson, Martinsville, Ind., writes: "Hypnotism opens the road to health, happiness and prosperity. It should be studied by everyone. I would not part with my knowledge of it for any amount. The instructions have developed within me a force of character, an ability to influence and control people that I did not dream I could acquire."

J. W. Clinger, M. D., Springfield, Ohio, writes: "I have used the methods of hypnotism taught by the American College of Sciences in two cases of difficult surgical operations with perfect success. It is a complete anæsthetic, and preferable to chloroform or ether. I acquired a practical knowledge of hypnotism in less than three days. The book is grand."

Rev. T. W. Butler, Ph. D., Idaho City, Idaho, writes: "I have cured a number of chronic cases of rheumatism, dyspepsia and paralysis of long standing; have not had a single failure; I consider a knowledge of Personal Magnetism invaluable. The book has greatly increased my own powers."

Dr. W. P. Kennicutt, 529 State street, Binghamton, N. Y., writes: "I had long suffered from nervous prostration and dyspepsia. My case baffled all medical skill. I studied hypnotism from the American College of Sciences, and tried it upon myself with surprising results. In one week my stomach was better than it had been in thirty years. I could eat anything without the slightest distress. I can hypnotize myself in five minutes and sleep all night, have hypnotized a number of others."

The first ten thousand persons who write to the American College of Sciences will receive, absolutely free, the marvellous book that brought success to the above persons. It is intensely interesting from start to finish. It should be in every home. If you want a copy write today to the American College of Sciences, Department C4, 416-420 Walnut street, Philadelphia, Pa., and you will receive the book by return mail.

SANMETTO FOR GENITO-URINARY DISEASES.

A Scientific Blending of True Santal and Saw Palmetto In a Pleasant Aromatic Vehicle.

A Vitalizing Tonic to the Reproductive System.

SPECIALLY VALUABLE IN
PROSTATIC TROUBLES OF OLD MEN—IRRITABLE BLADDER—
CYSTITIS—URETHRITIS—PRE-SENILITY.

DOSE:—One Teaspoonful Four Times a Day.

OD CHEM. CO., NEW YORK.

A COMPLETE SANITARIUM

IN EVERY HOME OR OFFICE—ON YOUR OWN TERMS.

A MONEY MAKER FROM THE START.

USING EVERY NATURAL METHOD. Shower, Needle, Hot Air, Russian, Vapor
Electro Arc Chromolum, Electric Light, etc., etc. Produces Wonderful Results.

YOU NEED IT.

A Postal Will Bring Full Particulars. Write at Once.

WOODCLIFFE SANITARIUM,

Collingswood, - - - - - New Jersey

Premium Books.

Suggestion, One Year,
Any Premium Book.....
...BOTH FOR \$1.00.

Marriage, Motherhood, Health and Hygiene. By J. H. GREEN, M. D.

Osteopathy. By Dr. F. L. MATTHAY.

Secret of Sex. By Dr. WILBUR TABER.

Hypnotism Up-to-Date. By SYDNEY FLOWER.

Magnetic Healing. (Practical Lessons.) By GUSTAVUS DuBOIS.

We will mail any of these premium books upon receipt of fifty cents.

Send Us \$1.00 for a year's subscription to SUGGESTION, and we will mail you any one of these books

Free of Charge.

ADDRESS,

SUGGESTION PUBLISHING CO.,

4020 Drexel Boul., Chicago, Ill.

"POWER OF WILL."

Foiled by other books on Psychic fag, banks? This book is genuine, complete, scientific, practical. Endorsed by sane editors, professional men and the people.

"Every page is filled with suggestion, stimulation encouragement."—*The Clinic, Syracuse, N. Y.*

"For old and young, for the scholar, the business man, the student and the artisan, it has a message and a gift."—*Psychic and Occult Views and Reviews, Toledo, Ohio.*

"One of the few books which have the power that excites readers to action."—*Criterion, N. Y.*

Cloth and gilt, 5% x 8, 440 pages. Postpaid, \$2.00. FRANK C. HADDOCK, 319 Boston St., LYNN, MASS.

The Mind Telegraph.

A treatise on the telepathic influence of human will. Translated from the German. This is the auto-biography of a man who developed his will power to such a wonderful extent that he could exert it upon all nature and make men and animals his subjects. All who are interested in the marvelous powers of the human mind should read this book. 37 pages, paper. Price 25c.

WILLIAM E. TOWNE, Dept. 17, HOLYOKE, MASS.

A SERIES OF THE MOST PRACTICAL ARTICLES EVER PUBLISHED ON THE SUBJECT OF

Telepathy IS NOW RUNNING IN **Eltka**

ONE YEAR 50c THE WRIGHT CO. SIX MONTHS 25c

Cor. Washington and Wright Sts., CORRY, PENN.
No Free Copies

A MIRACLE HEALER

Restores Health and Strength to
Chronic Sufferers by a Mighty
Subtle Force of Nature.

STARTLING DISCLOSURES RELATIVE TO THE MOST
WONDERFUL POWER KNOWN TO MAN—
DOCTORS PUZZLED.

THE SICK HELPED FREE.



Professor Adkin Offers to Help the Sick and Afflicted
Free of Cost—Hundreds cured at their own homes.

The Medical World has been startled by the wonderful cures effected by Professor Thos. F. Adkin, a distinguished scientist who is devoting his life to the relief of suffering humanity. People in the last stages of consumption; men and women living in constant dread of death from Bright's Disease, Blood Poisoning, Cancer, Dropsy, Heart Disease, and other dangerous ailments have been restored to health by the treatment of this wonderful man, after every known remedy and scores of eminent specialists had been tried in vain.

Not in the history of Medical Science have so many startling cures been recorded. So marvelous has been his success in healing all kinds of disease, that his patients call him a miracle healer, a man of Supernatural Powers, a Physician with the key to the Fountain of Youth; yet Professor Adkin declares there is nothing wonderful about his ability to cure disease, and says that he cures simply because he "understands nature."

A reporter called upon Professor Adkin a few weeks ago. He found a man of commanding figure, whose personality was masterful and refreshing. His eyes, though full of kindliness, seemed to penetrate one's very thoughts, while his every act and every word spoke of honesty and consideration of others. He is clearly a man of wonderful force of character.

He said: "I cannot attempt to tell you what my treatment is which I call 'Vitaopathy.' In these days of quackery and fakes, every advance in science is imitated by a score of ignorant charlatans who pretend to have mastered its details. Were I to attempt to explain to you for publication the practice of Vitaopathy, without discussing its every phase, which I have not time to do, there would be a dozen unscrupulous persons pretending to understand its use, before the publication has been out a week. Vitaopathy is not Christian science, it is not Hypnotism nor Divine Healing. It is infinitely more thorough and far-reaching than any of them.

"Vitaopathy" is a subtle force of nature, regu-

lating the intellectual and spiritual being which controls the physical man. It puts the system in a receptive condition, which enables the body to receive the full benefit of my Vitaopathic vegetable remedies which are used in combination with it.

"It is true that this new treatment is every day making wonderful cures. It has cured the blind, it has made the lame walk, it has cured various organic troubles, which had brought the sufferers to death's door. And here let me ask you to announce to all the readers of your paper, that I stand ready at any time to give the benefit of my experience to anyone who is in need of help. I will gladly make a complete diagnosis of the case of any one who is in poor health, and I will prescribe a thorough course of home treatment free of cost, which I positively guarantee to cure. Especially do I make this offer to those who are afflicted with dangerous disease, and have been treated by other methods without avail. If there are any who are in the grip of Consumption, Blood Poison, Bright's disease, Chronic Kidney Disorder, Nervous Debility, Dropsy, Rheumatism, Heart Disease; if any of your readers are suffering from constant Headache, Dyspepsia, Sleeplessness, Female Troubles, Lost Vitality, Vertigo, or other similar ills, I invite them to write me fully of their condition, and I will give them personal attention, and help them to a complete recovery of health.

"I want no one to send me any money. I am willing to give this service to all who will put themselves in my hands, without a penny of charge, feeling that having been blessed with the ability to cure disease when others fail, it is my duty to help those who cannot help themselves."

Professor Adkin showed the reporter scores of letters from Doctors, Clergymen, State and Educators, College Professors, Lawyers and others high in life who have been cured by Vitaopathy, as well as letters from many men and women from all walks of life who availed themselves of his free offer of help, and the reporter left with a strange feeling of encouragement, believing that he had met the most wonderful man of the age.

The following are a few extracts from letters which the reporter examined personally.

"I feel it a debt I owe to suffering humanity to make known what has been done for me. I had suffered for over forty years from catarrh of the throat, stomach and bowels. I coughed day and night. I was in continuous pain. I had tried so many kinds of treatment without benefit that I had given up all hope. By chance I learned of a woman whom you had cured after the doctors had given her up to die, and I wrote for your free help. That was one month ago. To-day I am a well woman. I cannot understand it. My friends are amazed. My family physician is puzzled. I wish I could go out and proclaim the virtues of your marvelous treatment from the house-tops. You may use this letter as you please. I know my recommendation can only result in good."

Dor 636, Fitzgerald, Ga.

"I cannot express my gratitude for what you have done for my wife. She was on her death-bed; she was paralyzed and had a clot of blood on her brain. Physicians said there was no hope that she could recover but you have saved her life. She improved from the very first day she commenced your treatment. The clot of blood has disappeared, she sleeps well and has a splendid appetite. Refer any sufferers who doubt your marvelous power to me or let them come to my home, and witness the wonderful cure you have performed in my wife's case. My neighbors all know the condition my wife was in when she commenced your treatment, and they were hourly expecting her death. I hope and pray that I may be at your command to help those who suffer, and get them to write you for free help."

W. S. SWAYNE, Ph. O.

Prop'r Spring Clear Lithia Water,
New Haven, Conn.

Every reader of this paper who is sick with any disease is advised to write to this miracle healer, addressing his or her letter to Professor Thos. F. Adkin, President of the Institute of Physicians and Surgeons, Office D 4, Rochester, N. Y.

State leading symptoms of your complaint and ask Professor Adkin to help you without cost, and you will undoubtedly be able to get cured, as so many others have been. Vitaopathy is unquestionably the most wonderful science of the age, and Professor Adkin the greatest miracle healer in the world.

When writing to advertisers please mention Suggestion.

SAVES TIME AND PATIENTS

The greatest auxiliary to any form of medication in anaemic and consumptive cases is live, healthy blood.

BOVININE

is the arterial blood of the vigorous bull, antiseptically prepared by cold process, and sterilized. It makes new and enriched blood quicker and better than any other known agent. There is a prompt increase of red cells and haemoglobin in the blood, together with rapidly improving strength and functions, shortly after administration is begun. A postal will bring you our scientific treatise on topical and internal administration, and reports of hundreds of clinical cases.

THE BOVININE CO.,

75 West Houston St., New York.



THE MAGNETIC HEALING CUP

has been called "the greatest medical discovery of the 19th-century" by those who have tested its merits. It is a thoroughly scientific discovery and is curing Rheumatism, Dyspepsia, Constipation, Nervous Prostration, Insomnia, Headaches, all Liver and Kidney troubles and every known complaint because it increases the vital healing force. It is possible for a sufferer to get well he will get well by using this cup, for it charges the whole system at once with the only force which ever cures anything, i.e.—the vital healing force. Nothing dangerous about it. A child can use it. Does not interfere with any other treatment.

DESCRIPTION OF THE CUP.—Each cup contains sufficient magnetism to lift a weight of 40,000 lbs. a distance of one foot, and its influence can be perceptibly noticed at a distance of over 80 inches. This is a demonstrable fact. This immense force is passed through a tasteless solution of Magnetic Metal Salts, prepared by a secret process, and every draught of this magnetized fluid conveys magnetic life force directly into the body and circulation. Patients begin to pick up at once unaided force and health returns, no matter from what disease the patient suffers. Every family, every invalid, every physician, and every dealer should test this cup. For full particulars, testimonials, descriptive pamphlet, etc., write today to

THE MAGNETIC HEALING CUP CO.
 Room 26 Post Office Bldg. Station M., Chicago, Ill.

PARTLOW DES. CHI.

THE HYPNO-METRONOME

HYPNOTISES EVERYBODY.

A DISCOVERY.

From France, the home of Hypnotism, comes the latest discovery in the production of Hypnosis. The French Scientist, Dr. Paul Saint Martin, has invented the Hypno-Metronome, by which two of the senses are played upon in place of one.

AN ADVANCE.

This is a great advance over the old method in which mirrors alone were employed. By the use of this instrument any operator can induce hypnosis in every subject, and can hypnotise himself if necessary. Self Hypnotic healing is made very easy by this method.

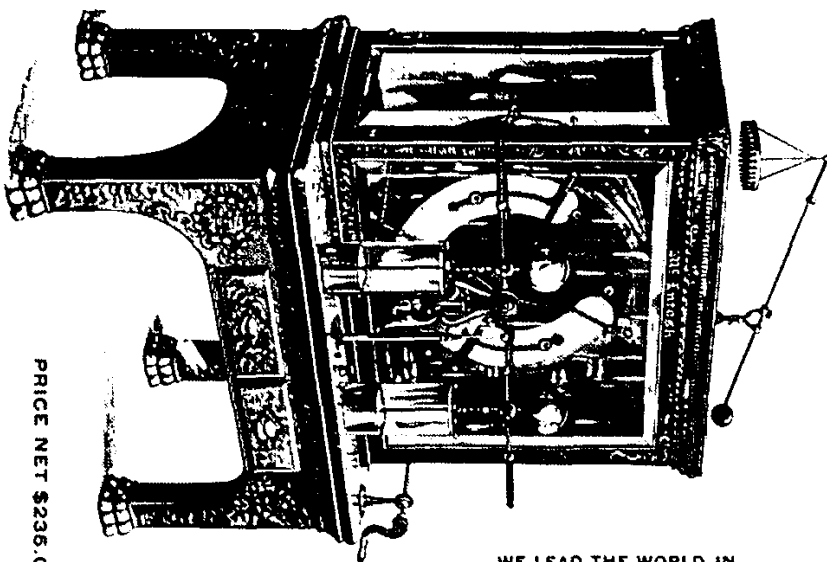
We have just received a large consignment of these Metronomes and full particulars will be sent to anyone upon application. An extensive course on Hypnotism is sent with every instrument, as well as a book giving full instructions in the use of the Hypno-Metronome for Hypnotic and Therapeutic practice and self healing.

Address, The University of Psychic Science, (Inc.) 3315 Cottage Grove Ave., Chicago, Ill.

THE ACME OF PERFECTION

both **Mechanically**
and **Electrically**

It has no equal for either
X-RAY
or
THERAPEUTIC WORK.



PRICE NET \$236.00

YOU CAN MAKE
NO MISTAKE IF YOU BUY

McIntosh Apparatus

WE LEAD THE WORLD IN

Static Machines

Meters

Office Cabinets

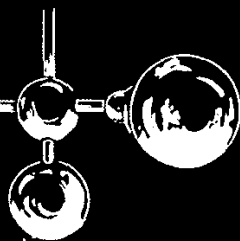
Electrodes

Rheostats

Portable Batteries

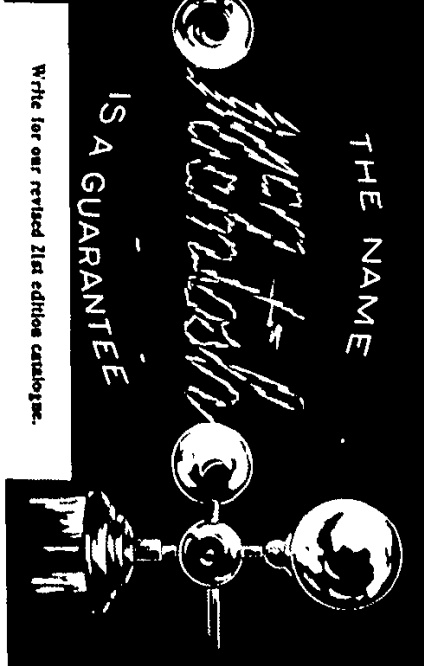
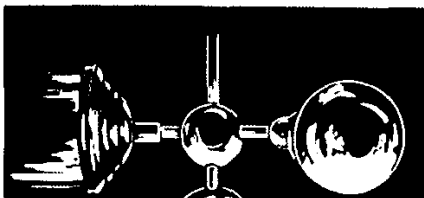
McIntosh Improved Construction Sixteen-Plate Static Machine.

THE NAME



McIntosh

IS A GUARANTEE



Write for our revised 21st edition catalogue.

MCINTOSH BATTERY AND OPTICAL CO.

39 W. Randolph Street, CHICAGO, ILLINOIS.

When writing to advertisers please mention Suggs Bros.

True Metaphysical Science

And its Practical Application Through the Law of Suggestion

This is the title of a book by F. W. Southworth, M. D., which is conceded by authorities and all who have read it to be the best work ever published on Metaphysical Healing. In it Dr. Southworth has shown the connecting link between the mind and the body. The treatise is practical, simple and effective, and is acceptable to the physician, mental scientist and all interested in the cure of disease by mental powers. It is one of the best books ever written on the subject.

This work sold a short time ago for \$5, but by special arrangement with the author we are now able to offer it to anyone for the small price of \$1.00 per copy.

THIS IS A BARGAIN.

Think of it, we are offering a book formerly sold for

\$5.00 FOR \$1.00.

Furthermore, we agree to refund the price to anyone who is not satisfied with the investment. We know this is a safe proposition, for everyone who has received a copy of the book has been delighted with it. Not one copy has been returned to us.

You will not be satisfied until you have read this work, so send for it today.

UNSOLICITED TESTIMONIALS.

"To say I am pleased with it would be expressing it mildly. It is a gem amongst metaphysical publications and worthy of a place in every library. It gave me new food for thought and an uplifting impulse such as no other book has ever done. I have no hesitancy in giving it my highest recommendation, and I know that every person who secures a copy will never regret it."

PROF. ARTHUR E. STRELE,
Vankleek Hill, Ont.

"I am delighted with it."

C. L. LEWIS, Allegheny, Pa.

"Must say I am highly pleased. It is so free from unmeaning phrases. It goes direct to the point every time. It is simply pure gold without the dross. It must be read to be appreciated. Words fail to express its merits."

DR. J. DICKSON,
Canal Dover, Ohio.

"In the love of truth and right I have read the work by Brother Southworth, and to say I am pleased with it puts it in mild expression. Dr. Southworth shoots all around the center, and occasionally drives the center home with great force."

DR. E. E. ROGERS, Orchard, Ohio.

"It is brimming over with useful knowledge for anyone interested in Suggestive Therapeutics. I am thankful for such an able work. It ought to be in the hands of everyone."

J. A. HALL, M. D.,
Warrensburg, Tenn.

"I want to thank you for Dr. Southworth's book. I read it over several times, and want all my friends to read it. I think it is worth its weight in gold."

G. A. SCHWEDSKY, Omaha, Neb.

"Accept my grateful thanks for Dr. Southworth's work. It is surely worth many times the price I paid for it."

E. Z. LASH,
N. Manchester, Ind.

SEND \$1.00 AND RECEIVE THIS BOOK, or send \$1.50 and we will send you the book and the magazine **SUGGESTION** for one year. Address

Suggestion Publishing Co.

4020 Drexel Boulevard

CHICAGO



A PRETTY VIEW ON THE GROUNDS.

The Dr. C. O. Sahler Sanitarium

Kingston-on-the-Hudson, New York

(Incorporated)

This Sanitarium, lawfully incorporated, is situated in the historic colonial city of Kingston, at the foot of the famous Catskill Mountains, on the banks of the Hudson, the Rhine of America.

"A proof that psychological treatment, as well as its study, is meeting with more and more popular favor, is witnessed daily at the Sanitarium of Dr. C. O. Sahler, of Kingston-on-the-Hudson, New York. Since enlarging the Sanitarium, Dr. Sahler has secured a large house to accommodate the increasing patronage, and a little over a month ago he completed a large cottage, as an annex, and is still overcrowded, which speaks well for the work. The patrons of the Sanitarium are from Canada, the Atlantic States as far south as Florida, and from the West. It is very interesting experience to be associated with these people who are being healed by the New Thought."—Ed. Psychic and Occult Views and Reviews.

The School of Psychology conducted by Dr. Sahler, with monthly classes, is successfully teaching to hundreds the marvelous truths and force of this Science of the Twentieth Century, the divine secret of health and success. Dr. Sahler is a recognized authority in occult studies, and this school, being one of the first established in this country for such teaching, has acquired a reputation which extends beyond the borders of the United States. Students have been and are enrolled from the West Indies and Australia. For special publications concerning system of treatment, terms, classes, etc., address:

THE DR. C. O. SAHLER SANITARIUM

61 Wall Street, Kingston, New York

Spookland

This is an illustrated book showing the methods employed by the bogus materializing mediums.

It also gives in detail the particulars of the public exposures of some of the best known materializing mediums.

Interesting and Exciting

The book is well written and is intensely interesting and exciting.

The author is Mr. T. S. Henry who exposed Mrs. Mellon, the noted English Medium, in Australia. Wm. T. Stead had claimed that Mrs. Mellon was the only genuine Materializing Medium in the United Kingdom.

The price of the book is 50 cents.

Sent with a year's subscription to SUGGESTION for \$1.00.

Foreign subscription, \$1.25.

ADDRESS THE
SUGGESTION PUBLISHING CO.
4928 Drexel Boulevard, - CHICAGO, ILL.

Perfect Development of The Figure

Taught by Mail

TO

WOMEN AND CHILDREN

BY THE

WARD-FOSTER SYSTEM

OF

Physical Culture.

Shoulder Blades Flattened, Chest and Bust Developed, Crooked Backs Straightened, Uneven Hips Corrected, Indigestion, Nervousness, Sleeplessness, Constipation, all cured by devoting a few moments each day to INTELLIGENT exercise.

NO APPARATUS used in this system. 25 years' study of all branches of Physical Culture and 10 years' teaching has perfected this system. For the benefit of all who are unable to come to me for instruction, I have arranged a course of lessons to be taught by mail. Write for particulars to

Mrs. Annie Ward Foster

716 Fine Arts Building,
CHICAGO, ILL.



Breaking a chain by Prof. Von Boeckmann, Editor of Physical Culture Dept.

For Health, Strength, Vitality
Read

"HEALTH"

A High Class Illustrated Monthly devoted to Physical Culture and Hygiene

**"IT TELLS YOU THINGS
YOU OUGHT TO KNOW."**

On the staff of "HEALTH" are found the most brilliant writers and authorities on the subject of Preservation and Restoration of Health, Strength and Vitality by natural methods, absolutely without drugs.

Editor PROF. CHAS. A. TYRRELL, M. D.; Associate Editor M. L. HOLBROOK, M. D.; Editor Physical Culture Department, PROF. P. VON BOECKMANN; Home Department, HARRIET HEMIUS VAN CLEVELAND.

Among its brilliant staff of contributors may be cited the following names, which are, in themselves a guarantee of literary excellence:

Countess de Chavanne
Henry Wood, Esq.
Edgar G. Bradford
Mrs. Hester M. Poole.

Alice B. Stockham, M. D.
Robert Walter, M. D.
Albert Chavannes
Ellen Goodell Smith, M. D.

A. B. Jamison, M. D.
James Ravenscroft
Susanna W. Dodds, M. D.
Lorrain Osborne Hunt

In fact "HEALTH" contains a mine of valuable information upon the subject of health. Subscription price \$1 a year, single copies 10c.

We want to send a Sample Copy FREE to every reader of this publication. A postal card will bring you a copy . . .

Address **HEALTH PUBLISHING COMPANY,**

Dept. 20,

1562 Broadway, New York.

The St. Louis School of Suggestive Therapeutics and Medical Electricity.

In addition to the monthly personal lecture course, the St. Louis School of Suggestive Therapeutics and Medical Electricity has opened a **"CORRESPONDENCE DEPARTMENT OF INSTRUCTION,"** in Suggestive Therapeutics, and people who cannot leave home for a personal course can now learn the principles and practical application of Suggestion, as taught in this school, through this correspondence department. This is not simply a **NAIL COURSE**, it is a complete course of correspondence instruction, and is carried on in a manner similar to that of correspondence law schools.

We teach our absent pupils the same practical application of suggestion in the treatment of all kinds of diseases that our personal course embraces, and all intelligent people can learn to do successful work in Suggestive Therapeutics in this way. We also teach them all the modern methods of Hypnotism. Absent pupils get diplomas the same as those who take our personal course. We send free, a complete **TABLE OF CONTENTS** of our Correspondence Course of Instructions so all may see at a glance just what it comprehends.

A NEW BOOK. Send one dollar for our Book "Suggestion in the Cure of Diseases and the Correction of Vices." Fifth Edition. This book explains all the methods of mental healing—tells the principles upon which Christian Science, Divine Science, Mental Science and Magnetic Healing do all their effective work. It teaches how to hypnotize; contains the latest, most complete and effective methods for producing hypnosis that can be found anywhere.

NOTE—People suffering from all kinds of diseases, are treated here by suggestion alone and without medicines.

FREE BOOKLETS Explaining our methods sent upon application. All sick people should read these booklets. Sent **Free** to everybody.

For announcements and information relating to the different departments of our school, address

GEO. C. PITZER, M. D.,

3431 Morgan Street, . . . ST. LOUIS, MO.

Deafness Cured



NEARLY all cases of Deafness and Ringing Noises in the Head are the result of Chronic Catarrh of the throat and middle ear. The air passages become clogged by Catarrhal deposits and until these are removed a cure is impossible. Deafness and ringing noises, therefore, being caused from Catarrh, the Hearing cannot be restored and noises stopped until the Catarrh is cured and as Catarrh cannot exist under the use of "Actina" Pocket Battery, nobody need be Deaf or suffer from Head Noises and use "Actina" properly. "Actina" is sent on trial, postpaid. Positive proof of cures and reliable financial reference furnished.

A Valuable Book Free.

Prof. Wilson's 100 page Dictionary of Diseases. It will instruct and interest you.

ADDRESS

NEW YORK & LONDON ELECTRIC ASSOCIATION (DEPT. 206), 929 WALNUT ST., KANSAS CITY, MO.

Assured Health by Natural Means.



FROM fourteen years' study and experience in this country and Europe, in all that pertains to the promotion of Physical Health by natural means, including Physical Culture, Massage, Swedish Movements, Hygiene, Osteopathy, Dietetics, Hydropathy, Electricity and Psycho-Therapy, I have elaborated a system of treatment by correspondence which is distinctly different to anything else now published.

I am having remarkable and gratifying success with these courses. From data obtained as a working basis I send full, explicit, hand written directions at intervals until a satisfactory condition is ensured. Each client's case is treated strictly as an individual one from all points.

Send me particulars of your condition and I will mail queries for any further necessary data, and enclose terms. Chronic and all forms of nervous cases especially solicited.

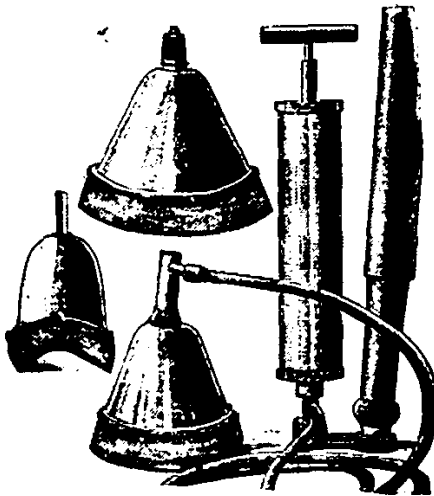
ALBERT WHITEHOUSE

Health Specialist,

TRINITY PARK, - - - Durham, N. C.

When writing to advertisers please mention Suggestion.

Vacuum Treatment.



Have you investigated the Vacuum Treatment? It is a huge success, and you should know all about it. **Any one can use it.** Circulation can be stimulated in any portion of the body in a few moments, and undeveloped portions of the body can be speedily developed. Every physician should possess a set of our Vacuum Appliances. They pay for themselves many times over every month, and the results are satisfactory.

Full instructions are sent with every Appliance, and special instructions are sent to those desiring home treatment.

Patients pick up rapidly under Vacuum Treatment, as the whole system can be stimulated without the slightest chance of injury.

Write for circulars to

THE VACUUM REMEDY CO.,
STATION M,
CHICAGO, - - ILL.

THE INTERNAL BATH

More Important than the External.

If external cleanliness is essential to health, how much more important is internal cleanliness! Every disease arises from the retention of waste and foreign matter in the system—Nature's drainages being clogged. In the vast majority of cases the clogging is in the colon or large intestine. Fortunately the one harmless and efficient means of clearing away this waste is the internal bath given with the

J. B. L. CASCADE

This treatment is a sovereign remedy for and prevention of 99 per cent of all Digestive derangements. It is hygienic, scientific and logical. It is a perfect tonic with no after depression. Its action

PREVENTS AND CURES APPENDICITIS, Billiousness, Dyspepsia, Obesity, Headaches, Constipation, Etc.

It is recommended and prescribed by such eminent physicians as Dr. Daniel Lewis, Pres. N. Y. State Bd. of Health; Dr. Herman J. Bondt, Prof. Post Graduate Hospital, N. Y.; Dr. W. H. De Garmo, Prof. Post Graduate Hospital, N. Y.; Dr. Cyrus Edson; Dr. O. W. Brooks, late of Board of Health, New York City, and many others, among whom are the following well known people: Maj. Chas. C. MacConnell, Meristown, N. J.; Ex-Governor Goodell, of Vermont; U. S. Senator A. P. Gorman, of Maryland; Gen. Williams, G. A. R.; Misses Devine, City Attorney, Chicago, Ill.; Judge W. H. Tedford, Corrodon, Iowa; Admiral Tyndall, St. Petersburg, Russia.

Were it possible to reproduce here our file of voluntary letters of commendation received from prominent people who do not ordinarily permit the use of their names in advertisements, no doubt could exist in one's mind as to the extraordinary merit of the "J. B. L. CASCADE" treatment. As proof of what the Cascade treatment will do we call your attention to the following letter from H. A. Joyce, one of the prominent merchants of Cambridge, Md.

The Raiston Health Club, which is an organization has had the greatest growth of this or any age, having almost TEN MILLION MEMBERS you, as well as my fellow man, to say **THROUGHOUT THE WORLD,** authorizes us to say: "Our Cascade is not only endorsed by the Raiston Health Club of America, as that club never endorses anything, no matter how good, but it has been officially adopted by the Club for its use in the inward bath treatment, which is one of its many systems of natural cure."

These facts are set forth in detail in a booklet entitled "THE WHAT, THE WHY, THE WAY," which we desire to send free to every reader of this publication. It is a most noteworthy statement of what progress has been made toward a medical system without drugs—an end which is naturally desired by all.

Tyrrell's Hygienic Institute,
Clerk 17-a, 1562 Broadway, New York.

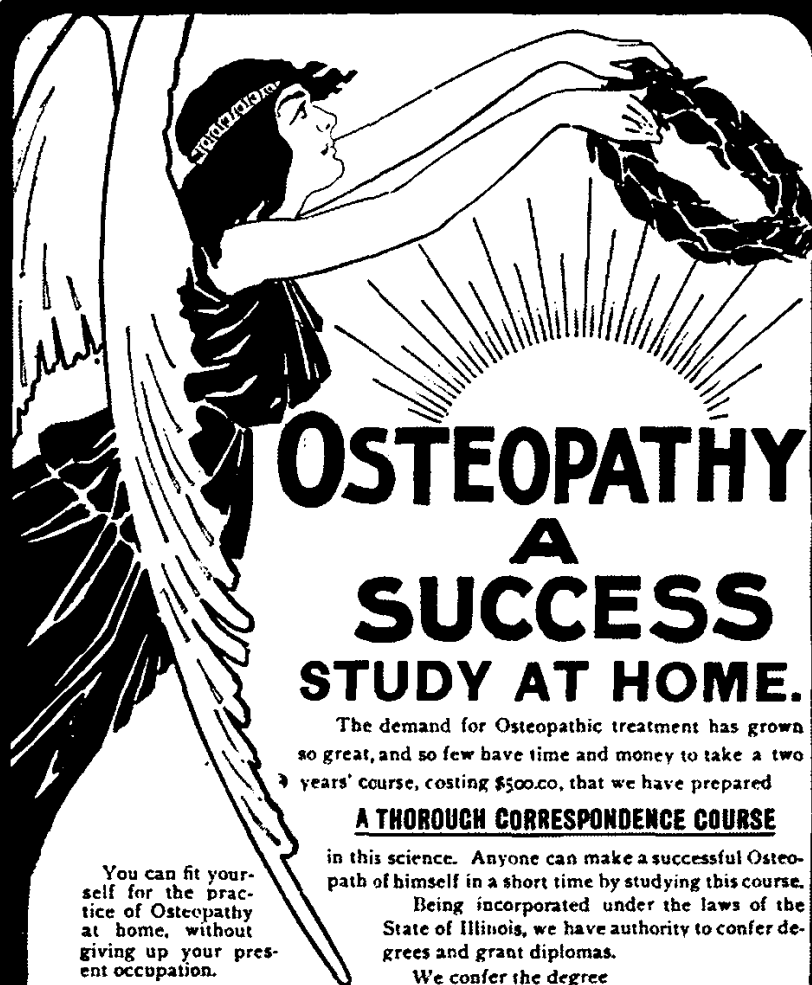
When writing to advertisers please mention Suggestion.



H. A. JOYCE.

CAMBRIDGE, MD., AUG. 7, 1900.

PROF. CHAS. A. TYRRELL:
DEAR SIR,—I deem it a duty I owe you, as well as my fellow man, to say I have been restored to perfect health by the use of the flushing treatment easily accomplished by the "J. B. L. CASCADE." Previous to its use I was in very bad health, suffering from dyspepsia, nervousness, constipation, insomnia, and in fact was almost in despair of ever getting well, but thanks to you and your wonderful invention, and the loving kindness of a merciful God, I am now in splendid health.
Gratefully yours,
H. A. JOYCE.



OSTEOPATHY A SUCCESS STUDY AT HOME.

The demand for Osteopathic treatment has grown so great, and so few have time and money to take a two years' course, costing \$500.00, that we have prepared

A THOROUGH CORRESPONDENCE COURSE

in this science. Anyone can make a successful Osteopath of himself in a short time by studying this course.

Being incorporated under the laws of the State of Illinois, we have authority to confer degrees and grant diplomas.

We confer the degree

You can fit yourself for the practice of Osteopathy at home, without giving up your present occupation.

Doctor of Osteopathy

on all our correspondence graduates.

The diploma is a handsome engraving 18x24 inches in size.

A FREE LESSON

We will send a free lesson in Osteopathy to anyone answering this advertisement. For full particulars and free lesson address carefully as follows:

A. E. TURNER, D. O.
Dept. 26. Secretary.

NATIONAL SCHOOL (INCORPORATED) OF OSTEOPATHY

4000 COTTAGE GROVE AV. CHICAGO.

PARTLOW DES.

SPECIAL Combined COURSE

IN
Osteopathy
Electro-
Therapeutics
Suggestive-
Therapeutics
AND
Hypnotism



Students attending combined course, Feb'y. 1902.

Having received many requests to give another combined course in Osteopathy, Electro-Therapeutics, Suggestive Therapeutics and Hypnotism, we have made arrangements with the National School of Osteopathy and the Edison College of Electro-Therapeutics for a

SPECIAL JUNE CLASS.

The course of instruction will last two weeks, and the class will be limited to fifty students as we cannot accommodate a greater number. For this reason, it is advisable that those who desire to take advantage of this offer should send in their application as soon as possible.

THE INSTRUCTORS:

E. A. RUSS, D. O.
(Osteopathy)

F. H. BLACKMARR, M. D.
(Electro-Therapeutics)

HERBERT A. PARKYN, M. D.
(Suggestive-Therapeutics and Hypnotism)

FEES.

The fee for the combined course will be \$50; or any course separately, \$25.

DEGREES AWARDED.

Students attending the course will receive diplomas conferring the degrees, Doctor of Osteopathy, Master of Electro-Therapeutics and Doctor of Psychology. These degrees will be conferred by the schools mentioned above. All these schools are incorporated under the laws of the State of Illinois.

APPLICATIONS.

Everyone intending to take advantage of the June Course should write to the secretary at once, enclosing \$2.00 for registration fee, as all applications must be in by May 20th. The class will be limited to the first fifty who register. No one who desires to make a study of natural methods of healing can afford to miss this course. When sending in application or in writing for further information address

**The Registrar, The Chicago School of Psychology,
4020 Drexel Boulevard, CHICAGO.**

SANMETTO FOR GENITO-URINARY DISEASES.

A Scientific Blending of True Santal and Saw Palmetto in a Pleasant Aromatic Vehicle.

A Vitalizing Tonic to the Reproductive System.

**SPECIALLY VALUABLE IN
PROSTATIC TROUBLES OF OLD MEN—IRRITABLE BLADDER—
CYSTITIS—URETHRITIS—PRE-SENILITY.**

DOSE:—One Teaspoonful Four Times a Day.

OD CHEM. CO., NEW YORK.



ALBERT VERNON

Psychratism. Write for it today. It costs you nothing. He wishes all to profit by his experience and knowledge, and will be glad to start you in the study of this, the grandest of all sciences, by sending you the book free and post-paid upon receipt of your name. This is a valuable book, not a mere advertising pamphlet, and contains much information and the rudimentary lessons in this interesting and elevating science.

VERNON ACADEMY OF MENTAL SCIENCES & SANATORIUM, 9470 East Ave., ROCHESTER, N. Y.

PSYCHRATISM

The new discovery by Prof. Albert Vernon now given to the world for the first time. You want it. You are not competent to combat the influences of the world without it.

It teaches how to develop

PERSONAL MAGNETISM.

By developing the principles of this grand science failure has been changed to success; the sick have been made well. It is a marvelous force available in the every day affairs of life between man and man. It teaches you how to be a leader.

Psychratism is **NOT HYPNOTISM**. It is not simply putting another to sleep nor a name to mystify. Psychratism is a science, and appeals to man's intellect and reason. It enlightens; makes a truth of mystery and is the X-Ray of Self Development and personal influence, enabling one to see and understand all that has been attributed to supernatural agency, hypnotism and occult influences during the past ages.

Personal and CORRESPONDENCE INSTRUCTIONS

In Psychratism is given to students by Prof. Vernon. Those who cannot afford the expense of a trip to Rochester should send for Prof. Albert Vernon's wonderful **FREE 100-PAGE BOOK** entitled "Psychic Phenomena of the 20th Century," in which he fully describes the science of

THE "I AM"

A revelation of the Real Self. Unveiling, disclosing and explaining the SOMEBODY WITHIN. Not for sale but a copy will be mailed **FREE** (on receipt of postage stamp) to anyone who may feel moved to ask for it.

WILLIAM WALKER ATKINSON
206 Auditorium Bldg., Chicago.

NATIONAL MEDICAL UNIVERSITY

Established in 1891.

THE only institution in the world that teaches all schools of medicine without favor or prejudice. In session the entire year. Day and evening classes. Department of Medicine, Dentistry, Pharmacy and Osteopathy. A general and living-in hospital in immediate connection. Obstetrical and Gynaecological advantages unequalled. Terms reasonable. Co-educational. Conditions favorable for self-supporting students.

For catalogue and copy of the Pan-Path, the college journal, address The Registrar, L. B. Rogers, A. M., M. D., 441 Dearborn Avenue, Chicago 6.

ABDOMINAL BRAINS FOR SALE.

Let us Supply you with a New Abdominal Brain.

"The Abdominal Brain" is the title of a new book by Dr. Byron Robinson of Chicago. It tells all about the Solar Plexus and the Sympathetic Nervous System.

Dr. Robinson is professor of Gynecology and Abdominal Surgery in Chicago Post-Graduate School, Harvey Medical College and Illinois Medical College.

The book contains 261 pages and is illustrated by 16 full-page engravings.

Sent postpaid to any address upon receipt of \$3.00.

In ordering mention **SUGGESTION** and address

The Clinic Publishing Co.
Ravenswood Station,
CHICAGO, ILLINOIS.

AN INCOME FOR LIFE

An investment of \$4 per month for fifty months yields an assured annual income of \$100 to \$300 per year.

The La Luisa Plantation Association

owns 3,000 acres of the richest tropical plantation land in the very centre of the rubber and coffee district of Tropical Mexico.



COFFEE WITH BANANAS FOR SHADE

The stock of the La Luisa Plantation Association is divided into 3,000 shares—one acre to each share—par value \$200 per share; payable in monthly instalments of \$4 per share. The moment any portion of your money is invested it becomes interest bearing. Frequently the dividends made, while paying the instalments, are large enough in themselves to pay for the stock subscribed for. The revenue from land already under cultivation will probably enable us to declare

A 10 Per Cent. Dividend First Year

COFFEE yields at least \$100 per acre

SUGAR yields at least \$200 per acre

RUBBER Trees (8 yrs. old) yield over \$300 per acre

In six years we will have this plantation fully developed, planted in Sugar Cane, Coffee, and Rubber, and side products, such as Pine-apples, Bananas, etc., and it will then be paying dividends of 50 per cent. to 100 per cent. per annum. At the end of ten years it will pay more than 100 per cent. per annum on every dollar invested.

SEE OPPOSITE PAGE

When writing to advertisers please mention Suggestion.

Better than Life Insurance Better than Mining or Oil Speculation

NOT a SPECULATION

NOT an EXPERIMENT

It is impossible to purchase a share of stock in some of the plantation associations started even three years ago.



RUBBER TREE.

Collis P. Huntington, said
Late Pres. Southern Pacific Ry.

"If I had my life to live over again, I would not wear it away in the hard struggle that falls to the lot of the railroad promoter. I would go into the tropics of Mexico and grow rubber. It is better than gold, and will make more millionaires than oil has made."

The La Luisa Plantation Association is being promoted and managed by well-known, prominent business men of Chicago, some of whom have spent years in Mexico, and understand the management of a plantation. Besides, our overseer has had 30 years' experience in developing tropical plantations.

IT COSTS YOU NOTHING

to write for our illustrated prospectus which will tell you all about the plantation and its promotors.

Only a limited amount of stock will be sold at par; so write to-day for prospectus to

The La Luisa Plantation Association
Dept. 508, GREAT NORTHERN BUILDING
CHICAGO, ILL.

Medico-Legal Journal

CLARK BELL, LL. D., Editor

AND AN ABLE CORPS OF ASSOCIATED EDITORS

\$3.00 Per Annum; Payable in Advance

The only journal on the North American Continent devoted to

MEDICAL JURISPRUDENCE

Every department of Forensic Medicine discussed in its columns.

Organ of the Medico-Legal Society

And

of the Psychological Section; and of the Section of

MEDICO-LEGAL SURGERY

Of that body. This journal publishes the BULLETIN of the

American Congress of Tuberculosis

of 1900 and 1901, held in New York City. It publishes the papers read before the **Medico-Legal Society**, and keeps pace with the progress of Medical Jurisprudence in all countries; devoting especial attention to **Psychological Medicine**; Hypnotism, Telepathy, so-called Modern Spiritism, Suggestive Therapeutics; the Medical Jurisprudence of Insanity; of Intoxication, Toxicology, Sociological Questions, Criminology, Penology and Public Health.

The current volume (XIX) will be largely devoted to

"THE PREVENTION OF TUBERCULOSIS"

It is also producing in serial numbers **Historical Sketches of the Supreme Court of the States and Provinces of North America**, by States, of which Volume I, containing about thirteen states and provinces, are included, and will shortly be published with portraits of the judges at a cost of \$5.00 per volume. Address:

MEDICO-LEGAL JOURNAL

39 Broadway, New York City, U. S. A.

Notice.....

Dr. Parkyn's mail course in Suggestive Therapeutics and Hypnotism should be in the library of every reader of this magazine. It consists of forty-two illustrated lessons, covering over 400 pages of printed matter, neatly bound in cloth and gilt, and will be sent, express paid, to any address upon receipt of \$5.00. This course has been endorsed by the medical press, physicians, dentists, ministers, scientists and laymen of nearly all civilized countries. It is thoroughly practical, and we have hundreds of letters on file from persons who have been cured of various troubles by applying to themselves the instructions which are given in detail in the course.

Address

The Suggestion Publishing Co.,

4020 Drexel Boulevard, Chicago, Ill.

Particulars sent free on application, if desired.

Bovinine

IS strictly a physician's preparation, and is introduced to the profession only. It is not a substitute for any medication, but a powerful auxiliary to it. It is most palatable and it can be given in any vehicle not incompatible with a preparation so rich in albumen. Given in small doses at first, it is readily retained by the most delicate or irritable stomach, and is of especial value in acute or chronic gastric disturbances, and intestinal disorders. It is an IDEAL invalid food, and is suited to all ages and all conditions. We do not wish to send samples and literature where they are not desired, but thousands of applications prove the desire of medical men to be frequently reminded of Bovinine.

A postal will bring you our scientific treatise giving clinical cases, and details of treatment for all cases.

THE BOVININE CO.,
75 West Houston St., New York.

A Grand Correspondence Course in Optometry.

A FEW COMPLIMENTARIES.

Upon the **CORRESPONDENCE COURSE** and **DIPLOMAS** of the **GOLDEN CROSS EYE, EAR, NOSE and THROAT COLLEGE and CLINIC**. Some from students who have been in the practice for years, but who have decided to take the Correspondence Course of the **GOLDEN CROSS COLLEGE** to perfect themselves in the art of fitting spectacles and eye-glasses, while others who have never known the first principle of the science, but had a desire to become expert opticians. All use the highest terms of praise both as to the beauty of the Diplomas as well as the completeness of the Correspondence Course. The following are a few of the letters picked at random: **HUNDREDS OF MUCH MORE IMPORTANCE** could be published but the limited space does not permit it.

GOLDEN CROSS EYE COLLEGE.

DEAR SIR:—Please find enclosed answers to lesson No. 10. I am getting along all O K with your lessons and think that there is no better to be had. I am more than pleased with the first Diploma and your method of teaching Optics by mail. I may come to Chicago this winter for about two weeks and take your attendant course.

Yours respectfully,

WM. L. CALKINS, New London, Wis.

A Letter From the Same Student Two Months Later.

GOLDEN CROSS EYE COLLEGE.

DEAR SIR:—Yours of recent date to hand and contents noted. I have a very fine Trial Case, a Retinoscope Concave, and a complete outfit of Frames and Charts. I like the Optical Profession all O K and I am making a nice thing out of it. Have fitted 151 cases since I commenced to take your course, ranging from \$2.00 to \$7.00 in price; the majority were \$4.00 cases. Am very much pleased with your course. I would like very much to have you fill my prescriptions at your manufacturing department. Would like to have your catalogue and Rx Blanks, etc. Please send at once. Please find enclosed questions and answers for No. 13, Special Lesson.

Yours truly,

WM. L. CALKINS.

Thanks We Do Not Advertise Enough.

LONDON, Eng., April 16, 1901.

GOLDEN CROSS EYE, EAR, NOSE AND THROAT CLINIC.
GENTLEMEN:—If you would advertise a little more extensively and make it understood how easy one can better his position by learning the art of fitting glasses, as I have done, I am sure you would have hundreds more students to teach, both by correspondent and attendant courses. There are thousands like myself who have worked for \$15 per week, when they could just as easily make \$75 or \$100 if they would but know it. As for me, I shall never be able to thank you enough. Respectfully yours,

DR. JUSTOW LUSON.

Thanks It Possible to Become An Expert In Thirty Days.

GOLDEN CROSS EYE, EAR, NOSE AND THROAT COLLEGE AND CLINIC.
GENTLEMEN:—I take great pleasure in saying to you that after carefully studying the various lessons, I find it possible for anyone to become an expert in 30 days by simply devoting one hour every day. Many people like myself have not the time to attend a college and have no spare time to study during the day, and yet would like to better their condition by learning a profitable and easy profession. Your Correspondence Course makes it possible to accomplish that end easier than I would have ever believed. Your diplomas are exceptionally handsome. With best regards, I remain,

Respectfully yours,

PROP. SAMUEL SHUFERMAN.

A Letter From the Blue Cross Aid and Home.

GOLDEN CROSS EYE, EAR, NOSE AND THROAT CLINIC, Chicago, Ill.
GENTLEMEN:—Allow me to make a few remarks regarding the Ophthalmic Course which I have just taken at the Golden Cross Clinic. I consider the same one of the most thorough courses in Ophthalmology given by any college. To say that I am more than pleased with the course is the mildest form in which I can express my appreciation. The diplomas, too, are handsome and make a splendid addition to my office. Again thanking you, I remain,

Yours faithfully,

HENRY F. WATTE, M. D.

He Thanks We Do Not Charge Enough.

GENTLEMEN:—Five months ago, if any one had told me that it is possible for any one to learn the art of fitting glasses by mail, I would have only laughed at him, but not so now. The only objection is you don't charge enough, and therefore, every physician will take it up, and the chances for the optician will be poor.

DR. FRANK McALLISTER.

GOLDEN CROSS CLINIC, Chicago, Ill.

DEAR FRIENDS:—Yours of the 11th inst. received. The certificate received and am agreeably surprised in it, as it is more than I expected.

I am respectfully,

RICHARD W. WINTERMUTE.

Think It Superior to Anyone.

GENTLEMEN:—The amount of knowledge I have gained by taking the Optical Course of the Golden Cross Eye, Ear, Nose and Throat Clinic is incalculable. Dr. J. HARRIS, the principal instructor, is indeed superior to any one I ever heard.

DR. M. GREENFIELD.

Makes Plenty of Money.

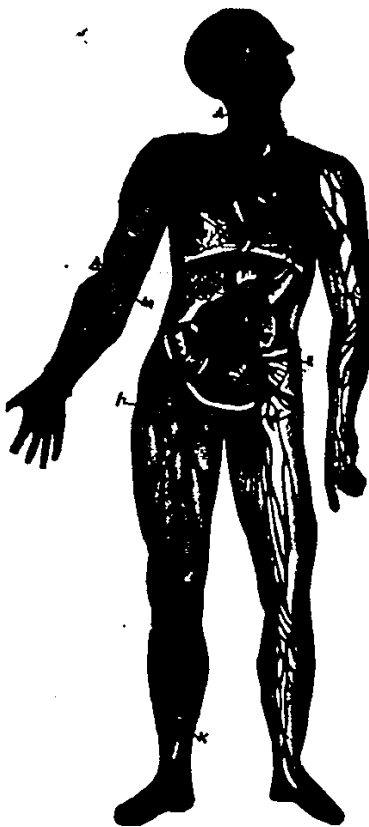
GENTLEMEN:—All my life I have made a bare living, and sometimes not even that. Now, though I am 45 years old, after taking a course at your Clinic, I am able to make plenty of money and am a pleasure to myself and family. Your instructions on financial success are a wonder.

DR. M. SICKS.

The addresses of the above; also, more testimonials cheerfully furnished. Address

**THE GOLDEN CROSS
EYE, EAR, NOSE and THROAT COLLEGE and CLINIC
257½ W. Madison Street, CHICAGO.**

The Human Body.



We have on hand a number of Eales
& Tabers Famous

ANATOMICAL CHARTS

The Most Complete and Exhaustive
Chart Ever Published.

This chart is an Encyclopedia of anatomical
and physiological information, condensed in
such a form as to be a ready reference for all
that one desires to know on these subjects. It
furnishes

An Encyclopedia of Anatomy and
Physiology.

A Digest of Symptoms and Diag-
nosis.

A Key to Osteopathy and all Ma-
nipulatory Treatments.

The location of all nerve centers for
Osteopathic and Electrical Treat-
ments.

A Complete Dietary and other val-
uable information.

Containing instructions for writing prescrip-
tions, with conversion scales for various mea-
surements, tables of incubation, antidotes, etc.

OVER 5,000 QUESTIONS CORRECTLY
ANSWERED.

Designed to hang on the wall, handsomely
lithographed in seven colors, on heavy enam-

eled cloth stock, 34 x 46 inches, printed on both sides and nicely mounted.

We are offering these charts to the readers of SUGGESTION for the nominal price
of \$5.00.

Sent, Express Paid, Upon Receipt of Price.

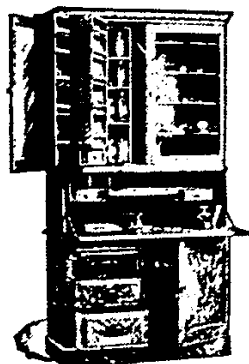
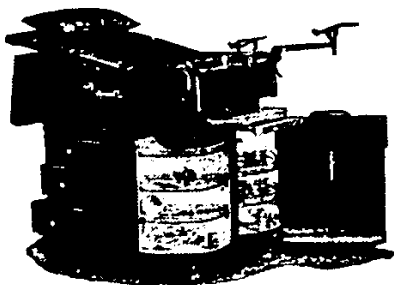
WRITE FOR CIRCULARS, TO

The National School of Osteopathy,

DEPARTMENT 55, 4000 COTTAGE GROVE AVENUE,

CHICAGO, ILL.

The Allison Physician's Table



HAVE YOU SEEN IT?

If you want the best you will take no other. This style, No. 34, our latest production, surpasses in beauty, convenience, and practical utility, anything of the kind ever seen.

The unique design, compact and harmonious, adjustable stirrups and leg crutches, glass trays in the revolving cabinets, detachable leg rests, the simple, convenient and ingenious mechanism, rendering it noiseless in its movements and easy of manipulation, and its immaculate finish, are the secrets of its popularity. It is used in the Post Graduate Schools of New York and Chicago—a distinction no other table enjoys.

.....
THE ALLISON CHAIR has been a leader for years and is one of the most convenient chairs made.



Our line of Instruments and Medicine Cabinets can not be equalled. Modern ideas prevail. Our combination Cabinet No. 61, as shown above, is a marvel, uniting in a single article an instrument cabinet, aseptic and dust-proof, a medicine cabinet with swinging racks for bottles, a writing desk, drawers for bandages, and compartment for wash basin.

W. D. ALLISON COMPANY

133 E. SOUTH ST., INDIANAPOLIS, IND.

Chicago Office and Salesroom, 4th Floor, Dyche Bldg., Chicago, Ill.

For full particulars address

CHAS. H. KILLOUGH, Mgr..

Dept. 8, 65 E. Randolph St.,

CHICAGO, ILL.

Our table is used and endorsed by Dr. Parkyn.

Telephone Central 1707.

True Metaphysical Science

And its Practical Application Through the Law of Suggestion

This is the title of a book by F. W. Southworth, M. D., which is conceded by authorities and all who have read it to be the best work ever published on Metaphysical Healing. In it Dr. Southworth has shown the connecting link between the mind and the body. The treatise is practical, simple and effective, and is acceptable to the physician, mental scientist and all interested in the cure of disease by mental powers. It is one of the best books ever written on the subject.

This work sold a short time ago for \$5, but by special arrangement with the author we are now able to offer it to anyone for the small price of \$1.00 per copy.

THIS IS A BARGAIN.

Think of it, we are offering a book formerly sold for

\$5.00 FOR \$1.00.

Furthermore, we agree to refund the price to anyone who is not satisfied with the investment. We know this is a safe proposition, for everyone who has received a copy of the book has been delighted with it. Not one copy has been returned to us.

You will not be satisfied until you have read this work, so send for it today.

UNSOLICITED TESTIMONIALS.

"To say I am pleased with it would be expressing it mildly. It is a gem amongst metaphysical publications and worthy of a place in every library. It gave me new food for thought and an uplifting impulse such as no other book has ever done. I have no hesitancy in giving it my highest recommendation, and I know that every person who secures a copy will never regret it."

PROF. ARTHUR E. STRELE,
Vanhook Hill, Ont.

"I am delighted with it."

C. L. LEWIS, Allegheny, Pa.

"Must say I am highly pleased. It is so free from unmeaning phrases. It goes direct to the point every time. It is simply pure gold without the dross. It must be read to be appreciated. Words fail to express its merits."

DR. J. DICKSON,
Canal Dover, Ohio.

"In the love of truth and right I have read the work by Brother Southworth, and to say I am pleased with it puts it in mild expression. Dr. Southworth shoots all around the center, and occasionally drives the center home with great force."

DR. E. E. ROGERS, Orchard, Ohio.

"It is brimming over with useful knowledge for anyone interested in Suggestive Therapeutics. I am thankful for such an able work. It ought to be in the hands of everyone."

J. A. HALL, M. D.,
Warrensburg, Tenn.

"I want to thank you for Dr. Southworth's book. I read it over several times, and want all my friends to read it. I think it is worth its weight in gold."

G. A. SCHWEDSARK, Omaha, Neb.

"Accept my grateful thanks for Dr. Southworth's work. It is surely worth many times the price I paid for it."

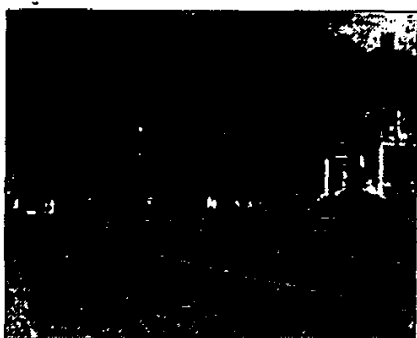
E. Z. LESH,
N. Manchester, Ind.

SEND \$1.00 AND RECEIVE THIS BOOK, or send \$1.50 and we will send you the book and the magazine SUGGESTION for one year. Address

Suggestion Publishing Co.

4020 Drexel Boulevard

CHICAGO



A PRETTY VIEW ON THE GROUNDS.

The Dr. C. O. Sahler Sanitarium

Kingston-on-the-Hudson, New York
(Incorporated)

This Sanitarium, lawfully incorporated, is situated in the historic colonial city of Kingston, at the foot of the famous Catskill Mountains, on the banks of the Hudson, the Rhine of America.

"A proof that psychological treatment, as well as its study, is meeting with more and more popular favor, is witnessed daily at the Sanitarium of Dr. C. O. Sahler, of Kingston-on-the-Hudson, New York. Since enlarging the Sanitarium, Dr. Sahler has secured a large house to accommodate the increasing patronage, and a little over a month ago he completed a large cottage, as an annex, and is still overcrowded, which speaks well for the work. The patrons of the Sanitarium are from Canada, the Atlantic States as far south as Florida, and from the West. It is very interesting experience to be associated with these people who are being healed by the New Thought."—Ed. Psychic and Occult Views and Reviews.

The School of Psychology conducted by Dr. Sahler, with monthly classes, is successfully teaching to hundreds the marvelous truths and force of this Science of the Twentieth Century, the divine secret of health and success. Dr. Sahler is a recognized authority in occult studies, and this school, being one of the first established in this country for such teaching, has acquired a reputation which extends beyond the borders of the United States. Students have been and are enrolled from the West Indies and Australia. For special publications concerning system of treatment, terms, classes, etc., address:

THE DR. C. O. SAHLER SANITARIUM

61 Wall Street, Kingston, New York

Spookland

This is an illustrated book showing the methods employed by the bogus materializing mediums.

It also gives in detail the particulars of the public exposures of some of the best known materializing mediums.

Interesting and Exciting

The book is well written and is intensely interesting and exciting.

The author is Mr. T. S. Henry who exposed Mrs. Mellon, the noted English Medium, in Australia. Wm. T. Stead had claimed that Mrs. Mellon was the only genuine Materializing Medium in the United Kingdom.

The price of the book is 30 cents. Sent with a year's subscription to SUGGESTION for \$1.00.

Foreign subscription, \$1.25.

ADDRESS THE
SUGGESTION PUBLISHING CO.
4020 Drexel Boulevard, - CHICAGO, ILL.

Perfect Development of The Figure

Taught by Mail

TO

WOMEN AND CHILDREN

BY THE

WARD-FOSTER SYSTEM

OF

Physical Culture.

Shoulder Blades Flattened, Chest and Bust Developed, Crooked Backs Straightened, Curved Hips Corrected, Indigestion, Nervousness, Sleeplessness, Constipation, all cured by devoting a few moments each day to INTELLIGENT exercise.

NO APPARATUS used in this system. 23 years' study of all branches of Physical Culture and 10 years' teaching has perfected this system. For the benefit of all who are unable to come to me for instruction, I have arranged a course of lessons to be taught by mail. Write for particulars to

Mrs. Annie Ward Foster

716 Fine Arts Building,
CHICAGO, ILL.



Breaking a chain by Prof. Von Boeckmann, Editor of Physical Culture Dept.

For Health, Strength, Vitality
Read

"HEALTH"

A High Class Illustrated Monthly devoted to Physical Culture and Hygiene

"IT TELLS YOU THINGS YOU OUGHT TO KNOW."

On the staff of "HEALTH" are found the most brilliant writers and authorities on the subject of Preservation and Restoration of Health, Strength and Vitality by natural methods, absolutely without drugs.

Editor PROF. CHAS. A. TYRRELL, M. D.; Associate Editor M. L. HOLBROOK, M. D.; Editor Physical Culture Department, PROF. P. VON. BOECKMANN; Home Department, HARRIET HENIUP VAN CLEVE.

Among its brilliant staff of contributors may be cited the following names, which are, in themselves a guarantee of literary excellence:

Countess de Chavanno
Henry Wood, Esq.
Edgar G. Bradford
Mrs. Hester M. Poole.

Alice B. Stockham, M. D.
Robert Walter, M. D.
Albert Chavannes
Ellen Goodell Smith, M. D.

A. B. Jamison, M. D.
James Kavenacraft
Susanna W. Dodds, M. D.
Lorena Osborne Hunt

In fact "HEALTH" contains a mine of valuable information upon the subject of health. Subscription price \$1 a year, single copies 10c.

We want to send a Sample Copy FREE to every reader of this publication. A postal card will bring you a copy . . .

Address HEALTH PUBLISHING COMPANY,

Dept. 20,

1562 Broadway, New York.

The St. Louis School of Suggestive Therapeutics and Medical Electricity.

In addition to the monthly personal lecture course, the St. Louis School of Suggestive Therapeutics and Medical Electricity has opened a "CORRESPONDENCE DEPARTMENT OF INSTRUCTION." In Suggestive Therapeutics, and people who cannot leave home for a personal course can now learn the principles and practical application of Suggestion, as taught in this school, through this correspondence department. This is not simply a MAIL COURSE, it is a complete course of correspondence instruction, and is carried on in a manner similar to that of correspondence law schools.

We teach our absent pupils the same practical application of suggestion in the treatment of all kinds of diseases that our personal course embraces, and all intelligent people can learn to do successful work in Suggestive Therapeutics in this way. We also teach them all the modern methods of Hypnotism. Absent pupils get diplomas the same as those who take our personal course. We send free, a complete TABLE OF CONTENTS of our Correspondence Course of Instructions so all may see at a glance just what it comprehends.

A NEW BOOK. Send one dollar for our Book "Suggestion in the Cure of Diseases and the Correction of Vices." Fifth Edition. This book explains all the methods of mental healing—tells the principles upon which Christian Science, Divine Science, Mental Science and Magnetic Healing do all their effective work. It teaches how to hypnotize; contains the latest, most complete and effective methods for producing hypnosis that can be found anywhere.

NOTE—People suffering from all kinds of diseases, are treated here by suggestion alone and without medicines.

FREE BOOKLETS Explaining our methods sent upon application. All sick people should read these booklets. Sent Free to everybody.

For announcements and information relating to the different departments of our school, address

GEO. C. PITZER, M. D.,

3431 Morgan Street,

ST. LOUIS, MO.

COURSE IN ELECTRO-THERAPEUTICS

A course in a new and original system of treatment by electricity will be given during the winter months at the Edison College of Electro-Therapeutics. Full instruction will also be given in

Removal of Growths and Hairs,
X Ray in the Treatment of Cancer
X Ray in the Treatment of Tuberculosis,
X Ray in Tubercular Arthritis,
X Ray as a Means of Diagnosis.

Clinical cases under treatment will be exhibited and the student will be instructed in the taking and developing of skiagraphs. The theory and physics of electricity will be taught and the student made familiar with the use of all electrical apparatus. So thorough is this course that every graduate becomes a master of the Science of Electro-Therapeutics.

INSTRUCTORS.

F. H. BLACKMARR, M. D., formerly Professor of Electro-Therapeutics at
Hahnemann Medical College Chicago.

CHARLES H. TREADWELL, B. S., formerly Instructor in Physics in
Syracuse University.

Courses begin the first Monday in each month and are completed in two weeks. Price of course \$25.00. This college is incorporated under the laws of Illinois, and a diploma conferring the degree Master of Electro-Therapeutics is conferred on all graduates. For further particulars, address:

L. A. ELMSLIE, SECRETARY,
The Edison College of Electro-Therapeutics,
3977 Cottage Grove Ave., CHICAGO, ILL.

Assured Health by Natural Means.

WITH fourteen years' study, experience, and practice in this country and in Europe, in all that pertains to the promotion of Health by Natural Means, I am offering health courses by correspondence.

I have proved that these courses are both practicable and successfully effective. I believe my methods are unique.

The case of each client is studied and treated strictly as an individual one from all points. The directions are explicit, easy to follow, and appeal to the intelligence. They are eminently rational.

It is "Nature" that cures. The secret is "how to" arouse the inherent vital forces, and remove obstructions to their proper working. You have a right to perfect health. You can have it. I direct you.

I have sufficient faith in my ability to do so that I guarantee success.

Chronic and all forms of nervous cases specially solicited.

Send for further particulars and terms.

ALBERT WHITEHOUSE

Health Specialist,

TRINITY PARK, - - - Durham, N. C.

When writing to advertisers please mention Suggestion.

THE HYPNO-METRONOME

HYPNOTISES EVERYBODY.

A DISCOVERY.

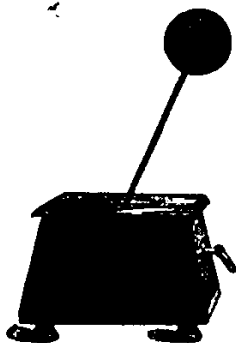
From France, the home of Hypnotism, comes the latest discovery in the production of Hypnosis. The French Scientist, Dr. Paul Saint Martin, has invented the Hypno-Metronome, by which two of the senses are played upon in place of one.

AN ADVANCE.

This is a great advance over the old method in which mirrors alone were employed. By the use of this instrument any operator can induce hypnosis in every subject, and can hypnotise himself if necessary. Self Hypnotic healing is made very easy by this method.

We have just received a large consignment of these Metronomes and full particulars will be sent to anyone upon application. An extensive course on Hypnotism is sent with every instrument, as well as a book giving full instructions in the use of the Hypno-Metronome for Hypnotic and Therapeutic practice and self healing.

Address, **The University of Psychic Science, (Inc.)** 3333 Cottage Grove Ave., Chicago, Ill.



THE INTERNAL BATH

More Important than the External.

If external cleanliness is essential to health, how much more important is internal cleanliness! Every disease arises from the retention of waste and foreign matter in the system—Nature's drainage being clogged. In the vast majority of cases the clogging is in the colon or large intestine. Positively the one harmless and efficient means of clearing away this waste is the internal bath given with the

J. B. L. CASCADE

This treatment is a sovereign remedy for and prevention of 90 per cent of all Digestive derangements. It is hygienic, scientific and logical. It is a perfect tonic with no after depression. Its action

PREVENTS AND CURES APPENDICITIS, Billousness, Dyspepsia, Obesity, Headaches, Constipation, Etc.

It is recommended and prescribed by such eminent physicians as Dr. Daniel Lewis, Pres. N. Y. State Bd. of Health; Dr. Herman J. Boidt, Prof. Post Graduate Hospital, N. Y.; Dr. W. H. De Garmo, Prof. Post Graduate Hospital, N. Y.; Dr. Cyrus Edison; Dr. U. W. Brooks, late of Board of Health, New York City, and many others, among whom are the following well-known people: Maj. Chas. C. MacConnell, Morristown, N. J.; Ex-Governor Goodell, of Vermont; U. S. Senator A. V. Hornum, of Maryland; Gen. Williams, G. A. R.; Miles Devine, City Attorney, Chicago, Ill.; Judge W. H. Tedford, Corydon, Iowa; Admiral Tyrtoff, St. Petersburg, Russia.

Were it possible to reproduce here our file of voluntary letters of commendation received from prominent people who do not ordinarily permit the use of their names in advertisements, no doubt could exist in one's mind as to the extraordinary merit of the "J. B. L. CASCADE" treatment. As proof of what the Cascade treatment will do we call your attention to the following letter from H. A. Joyce, one of the prominent merchants of Cambridge, Md.



H. A. JOYCE.

CAMBRIDGE, MD., Aug. 7, 1900.

PROF. CHAS. A. TYRRELL:
Dear Sir,—I deem it a duty I owe you, as well as my fellow man, to say I have been restored to perfect health by the use of the flushing treatment and the loving kindness of a merciful God. I am now in splendid health.
Gratefully yours,
H. A. JOYCE.

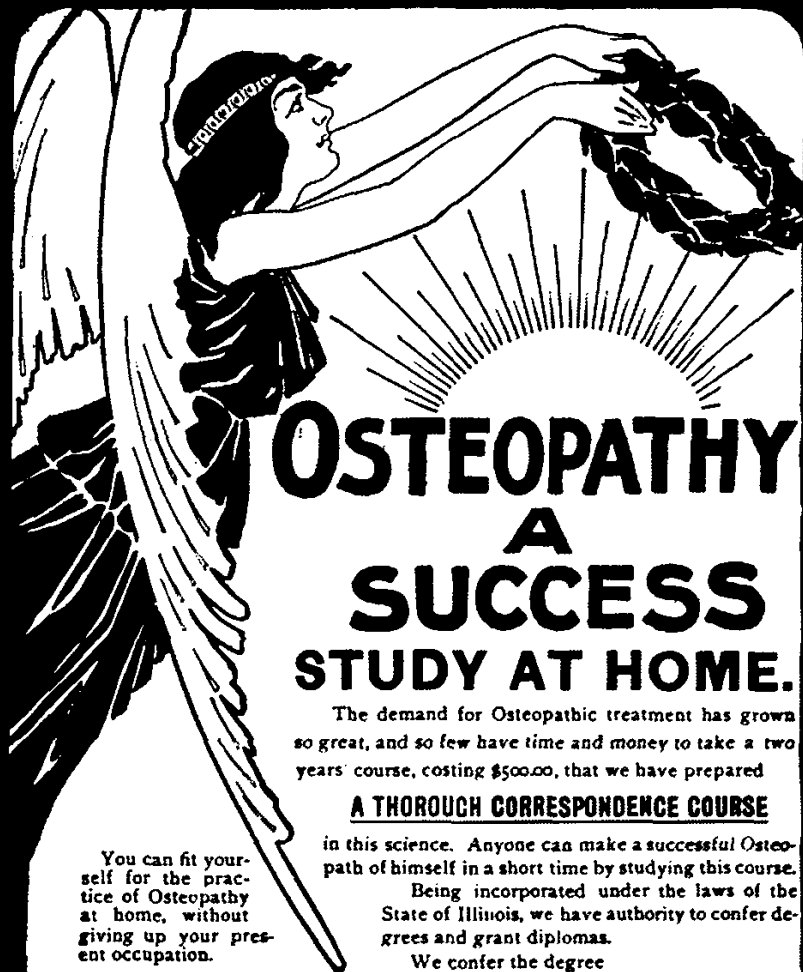
The Ralston Health Club, which as an organization has had the greatest growth of this or any age, having almost TEN MILLION MEMBERS THROUGHOUT THE WORLD, authorizes us to say: "Our Cascade is not endorsed by the Ralston Health Club of America, as that club never endorses anything, no matter how good, but it has been officially adopted by the Club for its use in the inward bath treatment, which is one of its many systems of natural cure."

These facts are set forth in detail in a booklet entitled "THE WHAT, THE WHY, THE WAY," which we desire to send free to every reader of this publication. It is a most noteworthy statement of what progress has been made toward a medical system without drugs—an end which is naturally desired by all.

Tyrrell's Hygienic Institute,

Clerk 17-a, 1562 Broadway, New York.

When writing to advertisers please mention Suggestion.



OSTEOPATHY A SUCCESS STUDY AT HOME.

The demand for Osteopathic treatment has grown so great, and so few have time and money to take a two years' course, costing \$500.00, that we have prepared

A THOROUGH CORRESPONDENCE COURSE

in this science. Anyone can make a successful Osteopath of himself in a short time by studying this course.

Being incorporated under the laws of the State of Illinois, we have authority to confer degrees and grant diplomas.

We confer the degree

You can fit yourself for the practice of Osteopathy at home, without giving up your present occupation.

Doctor of Osteopathy

on all our correspondence graduates.

The diploma is a handsome engraving 18x24 inches in size.

A FREE LESSON.

We will send a free lesson in Osteopathy to anyone answering this advertisement. For full particulars and free lesson address carefully as follows:

A. E. TURNER, D. O.
Dept. 86. Secretary.

**NATIONAL SCHOOL
(INCORPORATED) OF OSTEOPATHY**
4000 COTTAGE GROVE AV. CHICAGO.

PARTLOW DES.

SPECIAL Combined COURSE

IN
**Osteopathy
Electro-
Therapeutics
Suggestive-
Therapeutics
AND
Hypnotism**



Students attending combined course, Feb'y, 1902.

Having received many requests to give another combined course in Osteopathy, Electro-Therapeutics, Suggestive Therapeutics and Hypnotism, we have made arrangements with the National School of Osteopathy and the Edison College of Electro-Therapeutics for a

SPECIAL JUNE CLASS.

The course of instruction will last two weeks, and the class will be limited to fifty students as we cannot accommodate a greater number. For this reason, it is advisable that those who desire to take advantage of this offer should send in their application as soon as possible.

THE INSTRUCTORS:

E. A. RUSS, D. O.
(Osteopathy)

F. H. BLACKMARR, M. D.
(Electro-Therapeutics)

HERBERT A. PARKYN, M. D.
(Suggestive-Therapeutics and Hypnotism)

FEES.

The fee for the combined course will be \$50; or any course separately, \$25.

DEGREES AWARDED.

Students attending the course will receive diplomas conferring the degrees, Doctor of Osteopathy, Master of Electro-Therapeutics and Doctor of Psychology. These degrees will be conferred by the schools mentioned above. All these schools are incorporated under the laws of the State of Illinois.

APPLICATIONS.

Everyone intending to take advantage of the June Course should write to the secretary at once, enclosing \$2.00 for registration fee, as all applications must be in by May 30th. The class will be limited to the first fifty who register. No one who desires to make a study of natural methods of healing can afford to miss this course. When sending in application or in writing for further information address

**The Registrar, The Chicago School of Psychology,
4020 Drexel Boulevard, CHICAGO.**

Notice.....

Dr. Parkyn's mail course in Suggestive Therapeutics and Hypnotism should be in the library of every reader of this magazine. It consists of forty-two illustrated lessons, covering over 400 pages of printed matter, neatly bound in cloth and gilt, and will be sent, express paid, to any address upon receipt of \$5.00. This course has been endorsed by the medical press, physicians, dentists, ministers, scientists and laymen of nearly all civilized countries. It is thoroughly practical, and we have hundreds of letters on file from persons who have been cured of various troubles by applying to themselves the instructions which are given in detail in the course.

Address

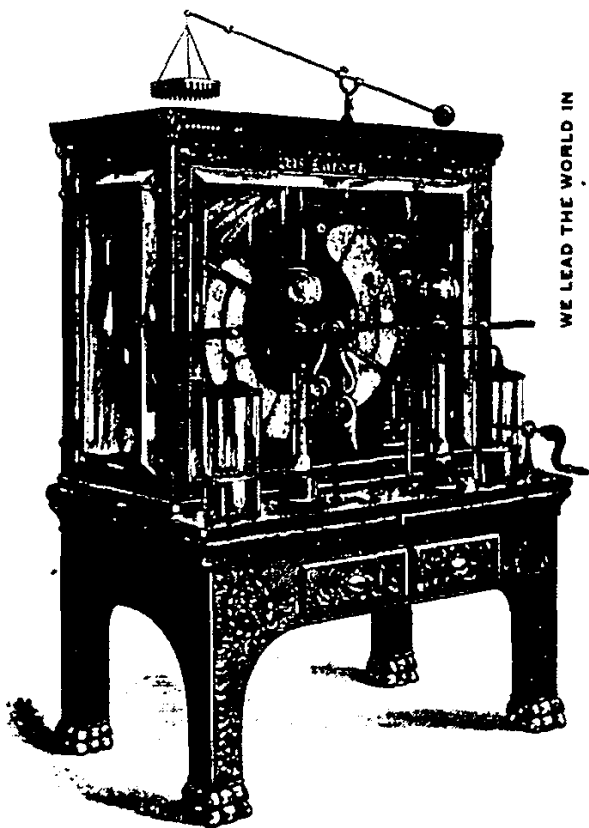
The Suggestion Publishing Co.,

1020 Drexel Boulevard, Chicago, Ill.

Particulars sent free on application, if desired.

THE ACME OF PERFECTION
both **Mechanically**
and **Electrically**

It has no equal for either
X-RAY
or
THERAPEUTIC WORK.



WE LEAD THE WORLD IN

Static Machines Meters
Office Cabinets Electrodes
Dynamostats Portable Batteries

YOU CAN MAKE
NO MISTAKE IF YOU BUY

McIntosh Apparatus

McIntosh Improved Construction Sixteen-Plate Static Machine.

The Name
McIntosh
— IS A —
**Guarantee
of Quality.**



Write us for our
**23rd Edition
CATALOGUE
NOW READY.
MAILED FREE.**

"The measure of choosing well is
whether a man likes what
he has chosen."

SEE OUR CATALOGUE BEFORE
YOU BUY.

Office, 39 West Randolph Street.

When writing to advertisers please mention Suggestion.

The Mind Telegraph.

A treatise on the telepathic influence of human will. Translated from the German. This is the autobiography of a man who developed his will power to such a wonderful extent that he could exert it upon all nature and make men and animals his subjects. All who are interested in the marvelous powers of the human mind should read this book. 67 pages, paper. Price 25c.
WILLIAM E. TOWNE, Dept. 17, HOLYOKE, MASS.

Premium Books.

**Suggestion, One Year,
Any Premium Book.....
...BOTH FOR \$1.00.**

Marriage, Motherhood, Health and Hygiene. By J. H. GREEK, M.D.

Osteopathy. By Dr. F. L. MATTHAY.

Secret of Sex. By Dr. WILBUR TABER.

Hypnotism Up-to-Date. By SYDNEY FLOWER.

Magnetic Healing. (Practical Lessons.) By GUSTAVUS DEBOIS.

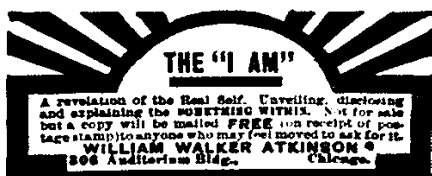
We will mail any of these premium books upon receipt of fifty cents.

Send Us \$1.00 for a year's subscription to SUGGESTION, and we will mail you any one of these books

Free of Charge.

ADDRESS.

**SUGGESTION PUBLISHING CO.,
4020 Drexel Boul., Chicago, Ill.**



THE "I AM"

A revelation of the Real Self. Unfolding, disclosing and explaining the SOMETHING WITHIN. Not for sale but a copy will be mailed FREE (on receipt of postage stamp) to anyone who may feel moved to ask for it.
WILLIAM WALKER ATKINSON
808 Auditorium Bldg., Chicago.

NATIONAL MEDICAL UNIVERSITY

Established in 1891.

THE only institution in the world that teaches all schools of medicine without favor or prejudice. In session the entire year. Day and evening classes. Department of Medicine, Dentistry, Pharmacy and Osteopathy. A general and lying-in hospital in immediate connection. Obstetrical and Gynaecological advantages unequalled. Terms reasonable. Co-educational. Conditions favorable for self-supporting students.

For catalogue and copy of the Pan-Path, the college journal, address The Registrar, L. D. Rogers, A. M., M. D., 441 Dearborn Avenue, Chicago.

Do You Know Your Name

contains the story of your character, disposition, possibilities, talents, future indications, etc.? In fact, a full life delineation. Send 50 cents (silver or money order), with your full name and mother's surname before marriage, to

ANNABEL ADAMS,

BOX 303, MEEKER, COLO.,

and find out the meaning of your name according to the scientific Hebraic system.

Mrs. Adams is also sole agent for Prof. C. E. Adams' latest and best course of instruction in Magnetic Healing, Hypnotism, Suggestive Therapeutics, etc. Write for particulars.

How to Control Fate

Through Suggestion. A new book by Henry Harrison Brown. This is a practical text-book of Suggestion. It proves that Suggestion is the basis of all systems of treatment. It tells you how to treat yourself by Suggestion. It will aid you to attain self-confidence, self-mastery, and success in business and social life. Fine paper, 64 pages, clear type. Price 25 cents. Address, WILLIAM E. TOWNE, Dept. 17, HOLYOKE, MASS.

We wish every reader of SUGGESTION to become acquainted with

"ELTKA"

EDITED BY H. C. WRIGHT.

A monthly magazine devoted to Science, Philosophy, and Religion; advocating the Harmonious Development of man's three-fold nature—Physical, Mental, and Spiritual. Of especial importance to all who are interested in

PSYCHICAL RESEARCH

A Six Months' Trial Subscription for 25 cents

THE WRIGHT CO., Publishers,
115 Marion Street, CORRY, PA., U.S.A.

ABDOMINAL BRAINS FOR SALE.

Let us Supply you with a New
Abdominal Brain.

"The Abdominal Brain" is the title of a new book by Dr. Byron Robinson of Chicago. It tells all about the Solar Plexus and the Sympathetic Nervous System.

Dr. Robinson is professor of Gynecology and Abdominal Surgery in Chicago Post-Graduate School, Harvey Medical College and Illinois Medical College.

The book contains 261 pages and is illustrated by 16 full-page engravings.

Sent postpaid to any address upon receipt of \$3.00.

In ordering mention SUGGESTION and address

The Clinic Publishing Co.
Ravenswood Station,
CHICAGO, ILLINOIS.

AN INCOME FOR LIFE

An investment of \$4 per month for fifty months yields an assured annual income of \$100 to \$300 per year.

The La Luisa Plantation Association

owns 3,000 acres of the richest tropical plantation land in the very centre of the rubber and coffee district of Tropical Mexico.



COFFEE WITH BANANAS FOR SHADE

The stock of the La Luisa Plantation Association is divided into 3,000 shares—one acre to each share—par value \$200 per share; payable in monthly instalments of \$4 per share. The moment any portion of your money is invested it becomes interest bearing. Frequently the dividends made, while paying the instalments, are large enough in themselves to pay for the stock subscribed for. The revenue from land already under cultivation will probably enable us to declare

A 10 Per Cent. Dividend First Year

COFFEE yields at least \$100 per acre

SUGAR yields at least \$200 per acre

RUBBER Trees (8 yrs. old) yield over \$300 per acre

In six years we will have this plantation fully developed, planted in Sugar Cane, Coffee, and Rubber, and side products, such as Pine-apples, Bananas, etc., and it will then be paying dividends of 50 per cent. to 100 per cent. per annum. At the end of ten years it will pay more than 100 per cent. per annum on every dollar invested.

SEE OPPOSITE PAGE 

Better than Life Insurance Better than Mining or Oil Speculation

NOT a SPECULATION

NOT an EXPERIMENT

It is impossible to purchase a share of stock in some of the plantation associations started even three years ago.



RUBBER TREE.

Collis P. Huntington, said
Late Pres. Southern Pacific Ry.

"If I had my life to live over again, I would not wear it away in the hard struggle that falls to the lot of the railroad promoter. I would go into the tropics of Mexico and grow rubber. It is better than gold, and will make more millionaires than oil has made."

The La Luisa Plantation Association is being promoted and managed by well-known, prominent business men of Chicago, some of whom have spent years in Mexico, and understand the management of a plantation. Besides, our overseer has had 30 years' experience in developing tropical plantations.

IT COSTS YOU NOTHING

to write for our illustrated prospectus which will tell you all about the plantation and its promoters.

Only a limited amount of stock will be sold at par; so write to-day for prospectus to

The La Luisa Plantation Association

Dept. 508, GREAT NORTHERN BUILDING

CHICAGO, ILL.

GASTRITIS DYSPEPSIA MALNUTRITION

When the stomach refuses to perform its functions, the arrest of the disease is well nigh an impossibility. At such a time the value of

BOVININE

commends itself to the practitioner. In all intestinal or gastric irritation and inflammation or ulceration that even rejects food itself try BOVININE, and witness the nourishing, supporting and healing work done entirely by absorption, without the slightest functional labor or irritation. Send for our scientific treatise on administration of BOVININE, and reports of hundreds of clinical cases.

**THE BOVININE CO.,
75 West Houston St., New York.**

IS YOUR EYESIGHT FAILING?

Have you ever heard of ACTINA, the World's Greatest Remedy for Cataracts, Pterygiums and other Diseases of the Eye?

It's a Perfect
Electric Battery
that Prevents
Blindness



Restores Eyesight.
No Cutting,
No Drugging,
No Risk

There is no need to GO BLIND OR WEAR SPECTACLES. No need to drag or have the KNIFE used on eyes, no matter what the form of disease you have, when you can obtain an "ACTINA." It cures by absorption—Cataracts, Pterygiums, etc.

ACTINA is a marvel of the twentieth century, for by its use the blind see, deaf hear, and cataract is impossible. ACTINA cures without cutting or dragging Cataracts, Pterygiums, Granulated Lids, Glaucoma, Amaurosis, Myopia, Presbyopia, Common Sore Eyes or Weakened Vision from any cause. No animal except man wears spectacles. There need not be a spectacle used on the streets of the world, and rarely to read with. Street-glasses abandoned. ACTINA also cures Neuralgia, Headache, Colds, Sore Throat, Bronchitis and Weak Lungs. ACTINA is not a snuff or lotion, but a Perfect Electric Pocket Battery, usable at all times and in all places by young or old. The one instrument will cure a whole family of any of the above forms of disease.

CATARACT AND ALL FORMS OF DISEASE OF THE HEAD CURED without the curse of drugs or unnatural butcheries. Call on us or write us about your case, and be assured that your eyes may be restored to a perfect condition after all the oculists have failed. Trial treatment at office FREE. Consultation FREE.

Prof. Wilson's Magneto-Conservative Appliances

Cure Paralysis, Rheumatism, and all Chronic Forms of Disease. These appliances are as puzzling to physicians as is the wonder-working ACTINA.

A VALUABLE BOOK FREE. Prof. Wilson's Treatise on the Eye and its Diseases; also Disease in general. A book that will instruct and interest you. Send for it.

NEW YORK AND LONDON ELECTRIC ASSOCIATION

929 WALNUT STREET, DEPT. 206, KANSAS CITY, MO.

**AGENTS
WANTED**

CASH
OR
CREDIT.



Cata-
logue
FREE.

PRICE
\$33.50

It will pay you

to send for our Catalogue No. 6, quoting prices on Buggies, Harness, etc. We sell direct from our Factory to Consumers at Factory Prices. This guaranteed Buggy only \$33.50; Cash or Easy Monthly Payments. We trust honest people located in all parts of the world.

Write for Free Catalogue.
MENTION THIS PAPER.

CENTURY MFG CO.

DEPT 366

East St. Louis, Ill.

SANMETTO FOR GENITO-URINARY DISEASES.

A Scientific Blending of True Santal and Saw Palmetto in a Pleasant Aromatic Vehicle.

A Vitalizing Tonic to the Reproductive System.

SPECIALLY VALUABLE IN
PROSTATIC TROUBLES OF OLD MEN—IRRITABLE BLADDER—
CYSTITIS—URETHRITIS—PRE-SENILITY.

DOSE:—One Teaspoonful Four Times a Day.

OD CHEM. CO., NEW YORK.

A CHANCE FOR WEALTH!



I told you last month that if you want an income for life you must get in on the ground floor of a business that is bound to be a winner. You must buy at the lowest notch. In your experience the good things of the business world have generally been snapped up before you could get near them. But are you quite sure that you knew a first-class thing when you saw it? Here, for instance, is a good one. Here is your chance to get in "on the ground floor." Put your odd dollars and cents into this—THE ODD CASH YOU ARE LETTING SLIP THROUGH YOUR FINGERS EVERY DAY OR SO—and make your money bring you back CASH DIVIDENDS. That's business, and sense, too. Success in business means selling a better article than anyone else for less money than anyone else, and when you have an article that is ALWAYS IN DEMAND, and when you hold THE SECRET OF ITS MANUFACTURE, you can just sit still AND SEE YOUR MONEY GROW.

I am managing a stock company to manufacture and sell the Flower Health Cigar, a cigar that is especially treated to NEUTRALIZE THE NICOTINE, making a clean, healthy smoke. The process by which the leaf is treated is the secret of this company. This cigar is made of pure Havana stock, has a fine full flavor, and can be sold at a good big profit at \$1.00 per box of 25 cigars. Do you see any money in this? I do. Anything I touch turns to money. Suppose you follow my lead here—if there were no money in this article I should not be organizing a company to boom it from one side of America to the other.

FOR FIVE CENTS! A VERY HIGH-GRADE HAVANA CIGAR!

see why in a minute. The article offered, namely, a Health Cigar, will be consumed by thousands of people, scattered all over the country. If they did not buy my cigars they would buy someone else's. But, suppose they become stockholders in this Cigar Company: Is it not then evident that they will demand and will consume these cigars in preference to any other? Surely it is, because they are then turning their expenditures actually into a source of profit to themselves. Therefore it is to all our interests to throw this stock open to the public.

- ☛ The Flower Health Cigar will be put upon the market early in May. Sold only by the box of 25 cigars; price \$1.00 postpaid. If you smoke one box, I have you for life.
- ☛ Only one size:—medium. Only one quality:—best. Only one price:—\$1.00 everywhere, postpaid.
- ☛ This cigar is especially recommended by physicians. It will not injure the heart. It will not affect the nerves. It will not destroy the appetite. It contains from 40 to 50 per cent less nicotine than other cigars.
- ☛ It's a pretty good argument when a restaurant keeper dines at his own resort. It's a pretty good test of the merit of this cigar that I smoke them all day long myself, and don't want any other brand. There is not a ten-cent cigar on the market that can touch it.
- ☛ Read the announcement on page opposite and, remember, IT'S ALL TRUE.

ADDRESS

THE FLOWER HEALTH CIGAR COMPANY

A SMOKE FOR HEALTH!

**WE CAN'T KEEP THIS STOCK DOWN!
IT'S GOING UP! UP!! UP!!!**

PRICE PER SHARE (PAR VALUE, \$1.00) IN THE FLOWER HEALTH CIGAR COMPANY IS NOW 30 CENTS.

☞ It will be up to 40 cents in June. BUY NOW.

☞ During the month of April several thousand readers of New Thought invested in this enterprise at 20 cents per share, this being the rock bottom figure at which the stock was started.

☞ I will pay spot cash 25 cents for every one of those shares bought by New Thought readers at 20 cents, receipts for which have been sent out from this office up to the date of the mailing of this May number of New Thought.

☞ I will do this for two reasons: First, because it will give some of you an opportunity to clear 5 cents profit on every 20-cent purchase you have made; and, Second, because I WANT ALL THE STOCK I CAN GET at these figures.

☞ Don't misunderstand me. I'm not a philanthropist. I AM A MONEY-MAKER. I am offering you about 300 per cent profit on your last month's investment; but I shall sell the very stock I get back from you at 25 cents for 80 cents or \$1.00 later. Take your choice.

☞ As a rule when men or women buy stock they shut their eyes and jump. If they win, it's a wonder. If they lose they have no recourse. But I offer to Suggestion readers my standing GUARANTEE as follows:—

ON DECEMBER 1ST, 1902, I WILL, IF DESIRED, REFUND TO ANY PURCHASERS OF THIS STOCK THE FULL PRICE THEY HAVE PAID TOGETHER WITH 10 PER CENT INTEREST.—SYDNEY FLOWER.

☞ You can't get away from this guarantee. You can't find its equal. I have done business with you for years in the selling of books, etc. You have never found that our house defaulted from its rule of business—"money back if you are not satisfied." My guarantee is just as good as the bank—and better than some banks.

☞ Orders received for not less than ten shares of stock and upward.

☞ The headquarters of The Flower Health Cigar Company are now: The Majestic Building, Detroit, Michigan. Address all correspondence regarding The Flower Health Cigar to Detroit; not to Chicago. Address all orders for stock purchases, etc., to Detroit. This business will not be conducted from Chicago after the issuance of this number (May) of New Thought. In case any of your orders are addressed to Sydney Flower at Chicago, they will be transferred at once to Detroit, and you will therefore save us time and unnecessary work if you will remember to write to the Detroit house direct.

TEAR OFF THIS FORM AND FILL IN.

THIS FORM IS GOOD FOR MAY, 1902, ONLY.

Application for Shares of Stock in the Flower Health Cigar Company (Incorporated).

To SYDNEY FLOWER,

The Majestic Building, Detroit, Mich.

Date.....

Enclosed please find \$..... in payment for..... shares of stock (fully paid up and non-assessable) at the special price of 30 cents a share, as per your announcement in May number SUGGESTION MAGAZINE.

Signed.....

I will return you this Form receipted, and you will hold this as your receipt from me until your certificates of stock are issued and mailed you. Signed: SYDNEY FLOWER.

The Majestic Bldg., DETROIT, MICH.

A CHANCE FOR WEALTH!



I told you last month that if you want an income for life you must get in on the ground floor of a business that is bound to be a winner. You must buy at the lowest notch. In your experience the good things of the business world have generally been snapped up before you could get near them. But are you quite sure that you knew a first-class thing when you saw it? Here, for instance, is a good one. Here is your chance to get in "on the ground floor." Put your odd dollars and cents into this—THE ODD CASH YOU ARE LETTING SLIP THROUGH YOUR FINGERS EVERY DAY ON SO—AND make your money bring you back CASH DIVIDENDS. That's business, and sense, too. Success in business means selling a better article than anyone else for less money than anyone else, and when you have an article that is ALWAYS IN DEMAND, and when you hold the SECRET OF ITS MANUFACTURE, you can just sit still AND SEE YOUR MONEY GROW.

I am managing a stock company to manufacture and sell the Flower Health Cigar a cigar that is especially treated to NEUTRALIZE THE NICOTINE, making a clean, healthy smoke. The process by which the leaf is treated is the secret of this company. This cigar is made of pure Havana stock, has a fine full flavor, and can be sold at a good big profit at \$1.00 per box of 25 cigars. Do you see any money in this? I do. Anything I touch turns to money. Suppose you follow my lead here—if there were no money in this article I should not be organizing a company to boom it from one side of America to the other.

FOR FIVE CENTS! A VERY HIGH-GRADE HAVANA CIGAR!

☛ Made of clear Havana stock, with Sumatra wrapper. No such quality has ever been sold for less than ten cents. But the Flower Health Cigar sells in box of 25 for \$1.00, postpaid.

☛ You ask me why, if this is going to be such a wonderful money-maker, don't I make it a close corporation, hold all the stock, and keep all the profits? A very natural question, and a very short-sighted one. You will

see why in a minute. The article offered, namely, a Health Cigar, will be consumed by thousands of people, scattered all over the country. If they did not buy my cigars they would buy someone else's. But, suppose they become stockholders in this Cigar Company: is it not then evident that they will demand and will consume these cigars in preference to any other? Surely it is, because they are then turning their expenditures actually into a source of profit to themselves. Therefore it is to all our interests to throw this stock open to the public.

☛ The Flower Health Cigar will be put upon the market early in May. Sold only by the box of 25 cigars: price \$1.00 postpaid. If you smoke one box, I have you for life.

☛ Only one size:—medium. Only one quality:—best. Only one price:—\$1.00 everywhere, postpaid.

☛ This cigar is especially recommended by physicians. It will not injure the heart. It will not affect the nerves. It will not destroy the appetite. It contains from 40 to 50 per cent less nicotine than other cigars.

☛ It's a pretty good argument when a restaurant keeper dines at his own resort. It's a pretty good test of the merit of this cigar that I smoke them all day long myself, and don't want any other brand. There is not a ten-cent cigar on the market that can touch it.

☛ Read the announcement on page opposite and, remember, IT'S ALL TRUE.

ADDRESS

THE FLOWER HEALTH CIGAR COMPANY

A SMOKE FOR HEALTH!

**WE CAN'T KEEP THIS STOCK DOWN!
IT'S GOING UP! UP!! UP!!!**

PRICE PER SHARE (PAR VALUE, \$1.00) IN THE FLOWER HEALTH CIGAR COMPANY IS NOW 30 CENTS.

- ☞ It will be up to 40 cents in June. **BUY NOW.**
- ☞ During the month of April several thousand readers of New Thought invested in this enterprise at 20 cents per share, this being the rock bottom figure at which the stock was started.
- ☞ I will pay spot cash 25 cents for every one of those shares bought by New Thought readers at 20 cents, receipts for which have been sent out from this office up to the date of the mailing of this May number of New Thought.
- ☞ I will do this for two reasons: First, because it will give some of you an opportunity to clear 5 cents profit on every 20-cent purchase you have made; and, Second, because I **WANT ALL THE STOCK I CAN GET** at these figures.
- ☞ Don't misunderstand me. I'm not a philanthropist. I **AM A MONEY-MAKER.** I am offering you about 300 per cent profit on your last month's investment; but I shall sell the very stock I get back from you at 25 cents for 80 cents or \$1.00 later. Take your choice.
- ☞ As a rule when men or women buy stock they shut their eyes and jump. If they win, it's a wonder. If they lose they have no recourse. But I offer to Suggestion readers my standing **GUARANTEE** as follows:—

ON DECEMBER 1ST, 1902, I WILL, IF DESIRED, REFUND TO ANY PURCHASERS OF THIS STOCK THE FULL PRICE THEY HAVE PAID TOGETHER WITH 10 PER CENT INTEREST.—SYDNEY FLOWER.

☞ You can't get away from this guarantee. You can't find its equal. I have done business with you for years in the selling of books, etc. You have never found that our house defaulted from its rule of business—"money back if you are not satisfied." My guarantee is just as good as the bank's—and better than some banks.

☞ Orders received for not less than ten shares of stock and upward.

☞ The headquarters of The Flower Health Cigar Company are now: The Majestic Building, Detroit, Michigan. Address all correspondence regarding The Flower Health Cigar to Detroit; not to Chicago. Address all orders for stock purchases, etc., to Detroit. This business will not be conducted from Chicago after the issuance of this number (May) of New Thought. In case any of your orders are addressed to Sydney Flower at Chicago, they will be transferred at once to Detroit, and you will therefore save us time and unnecessary work if you will remember to write to the Detroit house direct.

TEAR OFF THIS FORM AND FILL IN.

THIS FORM IS GOOD FOR MAY, 1902, ONLY.

Application for Shares of Stock in the Flower Health Cigar Company (Incorporated).

To **SYDNEY FLOWER,**

The Majestic Building, Detroit, Mich.

Date.....

Enclosed please find \$.....In payment for.....shares of stock (fully paid up and non-assessable) at the special price of 30 cents a share, as per your announcement in May number Suggestion Magazine.

Signed.....

I will return you this Form receipted, and you will hold this as your receipt from me until your certificates of stock are issued and mailed you. Signed: **SYDNEY FLOWER.**

The Majestic Bldg., DETROIT, MICH.

ADVERTISEMENTS.

FROM
THE NEW THOUGHT PUBLISHING CO.
5, THE COLONNADES, VINCENNES AVE
CHICAGO.

TO NEW READERS:-

Have a copy of New Thought sent to your friends. We send a copy anywhere on receipt of 2 cent stamp to pay postage.

Ella Wheeler Wilcox, writing in the New York Journal, advised her readers to get our magazine and read William Walker Atkinson's writings therein. Mr. Atkinson is co-editor of New Thought and his writings are only to be found in our magazine. He writes for no other paper. That was a great compliment which Mrs. Wilcox paid us and we appreciate it. She is esteemed as a woman of sweet sound mind and her advice is sought by men and women everywhere.

We have taken precautions to preserve complete sets of New Thought for the year 1902 and you can always have your subscriptions begin with the January number, thus securing a full set of Mr. Atkinson's writings.

Upon receipt of \$1.00 we will send New Thought for 1902, twelve numbers; also card of membership in The Psychic Club, and a FREE COPY of the KILL-FEAR SECRET. This wonderful method, which can be understood and applied in five minutes absolutely breaks up FEAR and all distressing emotions by means of a simple physical exercise. Everyone should have this.

We truly believe that more real solid good can be got out of a dollar invested in a year's reading of our magazine New Thought than from any other investment you could make. Our subscribers have told us so over and over again. New Thought brings people into the vibrations of Health, Happiness and Prosperity. Try it and see.

If you have not the dollar just now it is all right. Tell us to enter your name and you can pay any time. I want everyone to have our magazine.

Cordially yours,

Sydney Howe

The New Thought Publishing Co.,
5, The Colonnades, Vincennes Ave., Chicago.

ATKINSONIA

More About "Those Lessons."



D ID you ever see my "THOUGHT FORCE" lessons? They teach you about Personal Magnetism, Psychic Influence, Concentration, Will Power, Thought Force, and Practical Mental Science. These things are brought down to the basis of business and every-day life. Those lessons are different from anything else offered for sale, and they're selling.

In November I closed out the first edition of those lessons. December swept away the second edition. At date of writing (January 15th) it seems certain that the third edition will not last until the end of the month. The fourth edition is in the hands of the printer, and will, in all probability be followed by a fifth edition sometime during the month of February. Now, selling an edition of these lessons, each month, means something—it means that the public wants them and intends to have them. It's a nice thing to be able to turn out something that the public wants—and it's a nice thing for the public to get what it wants. I'm glad it happened,—so is the public. These lessons are sold on the "money back if you don't like it" plan, remember. Only way to do business.

Well, now for a description of the lessons. They consist of 15 General Lessons (with accompanying exercises) well printed on good paper, covering nearly one hundred large pages, neatly bound in a leatherette cover. They are by far the most practical lessons ever prepared. I can prove this assertion if you give me half a chance. They do not waste time on vague theories or speculation, but get right down to business and tell you how to do things. They contain instruction that instructs. They are not padded with rubbish to make them look larger. I said what I had to say, then stopped. I have decided to add a **SPECIAL PERSONAL LESSON** in the future, which will consist of a personal letter written by myself direct to the student, giving him advice, in-

struction, directions, warnings, encouragement, etc., as indicated by his letter of request, after he has finished the study of the General Lessons. This Special Lesson is not printed—is not a stock letter—but is a heart to heart talk to the student. I make no extra charge for this Special Lesson. It goes in with the 15 General Lessons, for **ONE DOLLAR**. It's a ratio of 16 to 1—Sixteen Lessons for One Dollar.

I think that you will find it worth your while to drop me a postal asking for descriptive literature and list of contents. If you don't care to wait to read my descriptive circular—if you feel that you've just got to have a look at these lessons right away—why, send me One Dollar, and I'll mail you a set in a jiffy. When you get them, look over them for 24 hours, and then if you don't like them send them back to me by registered mail and I will return your money as fast as the mail will carry it. Yes I will—honor bright, and I'll not "sass back" either—I'll love you just the same. If you're afraid to trust me with the dollar for 24 hours, just write me telling me so, and I'll get so mad that I'll mail you the lessons "on suspicion," and trust you to send me the money or return the book. I do funny things, sometimes.

"The Secret of the 'I Am.'"

I have written an essay bearing the above title, which I will have printed in the form of a booklet. This booklet will not be for sale, but I will gladly mail a copy to anyone who may feel moved to ask for it (providing they enclose a postage stamp). Tell your friends about it if you see fit, but each of them must want it enough to write in for it himself, or herself—I will not honor proxy requests.

I contemplate issuing other booklets—from time to time—which I will distribute to the Discerning Ones who have written me for the first one. I believe sufficiently in the Truth contained in my writings, to wish to scatter them where they will do some good. And I'm not afraid to cast my bread upon the waters, either.

If you are at all interested in the subjects upon which I write, you had better write at once and have your name placed on my List of Friends.

William Walker Atkinson

The Auditorium Building,

CHICAGO

ADVERTISEMENTS.



OPHTHALMOLOGY, AN ENTICING FIELD FOR BOTH SEXES. - YOU CAN LEARN ALL ABOUT IT THROUGH A CORRESPONDENCE COURSE.

A scientific knowledge of the Physiology of the Eye, the detection and correction of defective vision and a thorough understanding of the correct lens to use to properly bring the eye to a perfection in its function, but one that affords the most enjoyable, profitable and at once the most fascinating employment. Considering its extremely delicate structure, of the special course it is natural that anything that affects the eye, such as eye-strain should result injuriously in various complications of a serious nature, but only a few are aware of the extent of the average Ophthalmologist of the extent of these troubles and of the fact that eye-strain is directly responsible for such maladies as loss of memory, irritability, catarrh of the stomach, hysteria, dizziness in children, indigestion, heart trouble, ear noise, tinnitus, scurvy, cross eyes, etc. When these diseases are present, they are usually elaborately treated with the appropriate medicines without success, when the proper remedy is the **SMALL LENS IN THE WORLD**, viz. - a pair of Spectacles properly adjusted to the individual need. If it is frequently the case eye strain is the cause of the nervous afflictions, all the medicines on earth will not do the slightest good, while scientifically fitted glasses will give immediate relief. Nearly nine cases out of every ten suffering with headaches, nervousness or granular lids are caused by eye-strain and can easily be cured with the proper spectacles or eye glasses. So don't you have had such cases at home. You have exhausted your skill and at last gaze it over as incurable. Why allow the OPHTHALMIST to get hold of such cases and after immediate relief? Why not **EMBRACE** your reputation and add materially to your bank account by learning all about Refraction by taking our correspondence course. **WILL THEN REQUIRE EXERCISE IN THE ART OF FITTING GLASSES IN FROM 2 DAYS TO 2 MONTHS.** The tuition fee is very reasonable and tries to suit your convenience. Our students need no books. Our lessons cover the whole field. Many of our students have become **EXCELLENT REFRACTIONISTS** without ever having seen the patient. **THEY ARE NOW WELL-KNOWN OPTICIAN-REFRACTIONISTS OF GREAT FAME.** Our graduates need **NOT PAY CASH** for their Optical Appliances. When ready to begin the practice, the student (you) will have an arrangement with a wholesale optical house in Toronto (Canada) with all the necessary appliances and on very liberal time and terms.

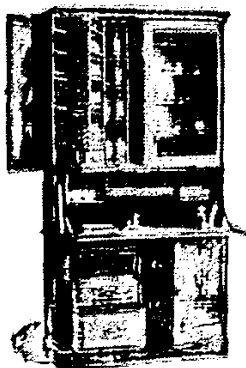
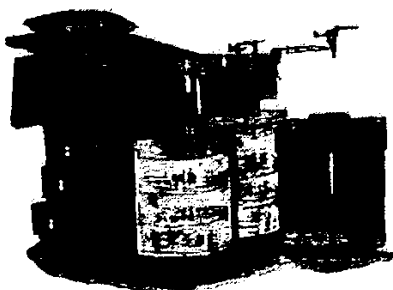
OUR DIPLOMAS.

Every graduate receives two handsomely engraved diplomas, one conferring the degree of "Fellow in Ophthalmology," the other "Doctor of Optics."

There is nothing about either diploma to indicate that it has been obtained through a correspondence course.

REMEMBER that all who take our correspondence course are entitled to attend our lectures at any future time that they find it convenient to come to Chicago. The only fee paid for both correspondence and attendance course, and in fact a lifetime membership and scholarship. In writing for prospectus, mention this paper and you will be entitled to special terms. Address the **Golden Cross Eye, Ear, Nose and Throat College, Chicago, Illinois.**

The Allison Physician's Table



HAVE YOU SEEN IT?

If you want the best you will take no other. This style, No. 34, our latest production, surpasses in beauty, convenience, and practical utility, anything of the kind ever seen.

The unique design, compact and harmonious, adjustable stirrups and leg crutches, glass trays in the revolving cabinets, detachable leg rests, the simple, convenient and ingenious mechanism, rendering it noiseless in its movements and easy of manipulation, and its immaculate finish, are the secrets of its popularity. It is used in the Post Graduate Schools of New York and Chicago - a distinction no other table enjoys.

.....

THE ALLISON CHAIR has been a leader for years and is one of the most convenient chairs made.



Our line of Instruments and Medicine Cabinets can not be equalled. Modern ideas prevail. Our combination Cabinet No. 61, as shown above, is a marvel, uniting in a single article an instrument cabinet, aseptic and dust-proof, a medicine cabinet with hanging racks for bottles, a writing desk, drawers for bandages, and compartment for wash basin.

W. D. ALLISON COMPANY

133 E. SOUTH ST., INDIANAPOLIS, IND.

Chicago Office and Salesroom, 4th Floor, Lyceum Bldg., Chicago, Ill.

For full particulars address

CHAS. H. KILLOUGH, Mgr.

Dept. 6, 65 E. Randolph St.,

CHICAGO, ILL.

Our table is used and endorsed by Dr. Parkyn.

Telephone Central 1707.

True Metaphysical Science

And its Practical Application Through the Law of Suggestion

This is the title of a book by F. W. Southworth, M. D., which is conceded by authorities and all who have read it to be the best work ever published on Metaphysical Healing. In it Dr. Southworth has shown the connecting link between the mind and the body. The treatise is practical, simple and effective, and is acceptable to the physician, mental scientist and all interested in the cure of disease by mental powers. It is one of the best books ever written on the subject.

This work sold a short time ago for \$5, but by special arrangement with the author we are now able to offer it to anyone for the small price of \$1.00 per copy.

THIS IS A BARGAIN.

Think of it, we are offering a book formerly sold for

\$5.00 FOR \$1.00.

Furthermore, we agree to refund the price to anyone who is not satisfied with the investment. We know this is a safe proposition, for everyone who has received a copy of the book has been delighted with it. Not one copy has been returned to us.

You will not be satisfied until you have read this work, so send for it today,

UNSOLICITED TESTIMONIALS.

"To say I am pleased with it would be expressing it mildly. It is a gem amongst metaphysical publications and worthy of a place in every library. It gave me new food for thought and an uplifting impulse such as no other book has ever done. I have no hesitancy in giving it my highest recommendation, and I know that every person who secures a copy will never regret it."

PROF. ARTHUR E. STEELE,
Vankleek Hill, Ont.

"In the love of truth and right I have read the work by Brother Southworth, and to say I am pleased with it puts it in mild expression. Dr. Southworth shoots all around the center, and occasionally drives the center home with great force."

DR. E. E. ROGERS, Orchard, Ohio.

"I want to thank you for Dr. Southworth's book. I read it over several times, and want all my friends to read it. I think it is worth its weight in gold."

G. A. SCHORDSARK, Omaha, Neb.

"I am delighted with it."

C. L. LEWIS, Allegheny, Pa.

"Must say I am highly pleased. It is so free from unmeaning phrases. It goes direct to the point every time. It is simply pure gold without the dross. It must be read to be appreciated. Words fail to express its merits."

DR. J. DICKSON,
Canal Dover, Ohio.

"It is brimming over with useful knowledge for anyone interested in Suggestive Therapeutics. I am thankful for such an able work. It ought to be in the hands of everyone."

J. A. HALL, M. D.,
Warrensburg, Tenn.

"Accept my grateful thanks for Dr. Southworth's work. It is surely worth many times the price I paid for it."

E. Z. LESH,
N. Manchester, Ind.

SEND \$1.00 AND RECEIVE THIS BOOK, or send \$1.50 and we will send you the book and the magazine SUGGESTION for one year. Address

Suggestion Publishing Co.

4020 Drexel Boulevard

CHICAGO



A PRETTY VIEW ON THE GROUNDS.

The School of Psychology conducted by Dr. Sahler, with monthly classes, is successfully teaching to hundreds the marvelous truths and force of this Science of the Twentieth Century, the divine secret of health and success. Dr. Sahler is a recognized authority in occult studies, and this school, being one of the first established in this country for such teaching, has acquired a reputation which extends beyond the borders of the United States. Students have been and are enrolled from the West Indies and Australia. For special publications concerning system of treatment, terms, classes, etc., address:

THE DR. C. O. SAHLER SANITARIUM

61 Wall Street, Kingston, New York

The Dr. C. O. Sahler Sanitarium

Kingston-on-the-Hudson, New York

(Incorporated)

This Sanitarium, lawfully incorporated, is situated in the historic colonial city of Kingston, at the foot of the famous Catskill Mountains, on the banks of the Hudson, the Rhine of America.

"A proof that psychological treatment, as well as its study, is meeting with more and more popular favor, is witnessed daily at the Sanitarium of Dr. C. O. Sahler, of Kingston-on-the-Hudson, New York. Since enlarging the Sanitarium, Dr. Sahler has secured a large house to accommodate the increasing patronage, and a little over a month ago he completed a large cottage, as an annex, and is still overcrowded, which speaks well for the work. The patrons of the Sanitarium are from Canada, the Atlantic States as far south as Florida, and from the West. It is very interesting experience to be associated with these people who are being healed by the New Thought."—Ed. Psychic and Occult Views and Reviews.

Spookland

This is an illustrated book showing the methods employed by the bogus materializing mediums.

It also gives in detail the particulars of the public exposures of some of the best known materializing mediums.

Interesting and Exciting

The book is well written and is intensely interesting and exciting.

The author is Mr. T. S. Henry who exposed Mrs. Mellon, the noted English Medium, in Australia. Wm. T. Stead had claimed that Mrs. Mellon was the only genuine Materializing Medium in the United Kingdom.

The price of the book is 50 cents.

Sent with a year's subscription to SUGGESTION for \$1.00.

Foreign subscription, \$1.25.

ADDRESS THE
SUGGESTION PUBLISHING CO.
4420 Drexel Boulevard, - CHICAGO, ILL.

Perfect Development of The Figure

Taught by Mail

TO

WOMEN AND CHILDREN

BY THE

WARD-FOSTER SYSTEM

OF

Physical Culture.

Shoulder Blades Flattened, Chest and Bust Developed, Crooked Backs Straightened, Uneven Hips Corrected, Indigestion, Nervousness, Sleeplessness, Constipation, all cured by devoting a few moments each day to INTELLIGENT exercise.

NO APPARATUS used in this system. 25 years' study of all branches of Physical Culture and 10 years' teaching has perfected this system. For the benefit of all who are unable to come to me for instruction, I have arranged a course of lessons to be taught by mail. Write for particulars to

Mrs. Annie Ward Foster

716 Fine Arts Building,
CHICAGO, ILL.



Breaking a chain by Prof. Von Boeckmann, Editor of Physical Culture Dept.

For Health, Strength, Vitality

Read

"HEALTH"

A High Class Illustrated Monthly devoted to Physical Culture and Hygiene

"IT TELLS YOU THINGS YOU OUGHT TO KNOW."

On the staff of "HEALTH" are found the most brilliant writers and authorities on the subject of Preservation and Restoration of Health, Strength and Vitality by natural methods, absolutely without drugs.

Editor PROF. CHAS. A. TYRRELL, M. D.; Associate Editor M. L. HOLBROOK, M. D.; Editor Physical Culture Department, PROF. P. VON BOECKMANN; Home Department, HARRIET HEMIUP VAN CLEYE.

Among its brilliant staff of contributors may be cited the following names, which are, in themselves a guarantee of literary excellence:

Countess de Chavanne
Henry Wood, Esq.
Edgar O. Bradford
Mrs. Hester M. Poole.

Alice B. Stockham, M. D.
Robert Walter, M. D.
Albert Chavannes
Ellen Goodell Smith, M. D.

A. B. Jamison, M. D.
James Ravenscroft
Susanna W. Dodds, M. D.
Lorena Osborne Hunt

In fact "HEALTH" contains a mine of valuable information upon the subject of health. Subscription price \$1 a year, single copies 10c.

We want to send a Sample Copy FREE to every reader of this publication. A postal card will bring you a copy . . .

Address **HEALTH PUBLISHING COMPANY,**

Dept. 20,

1562 Broadway, New York.

The St. Louis School of Suggestive Therapeutics A CORRESPONDENCE SCHOOL.

The monthly personal lecture course in the St. Louis School of Suggestive Therapeutics has been discontinued and a "CORRESPONDENCE DEPARTMENT OF INSTRUCTION" in Suggestive Therapeutics takes its place, and people can now learn the principles and practical application of Suggestion, as taught in this school, through this correspondence course of instruction. This is not simply a MAIL COURSE, it is a complete course of correspondence instruction, and is carried on in a manner similar to that of correspondence law schools.

We teach our absent pupils the same practical application of suggestion in the treatment of all kinds of diseases that our personal course embraced, and all intelligent people can learn to do successful work in Suggestive Therapeutics in this way. We also teach them all the modern methods of Hypnotism. Absent pupils get diplomas the same as those who took our personal course. We send free, a complete TABLE OF CONTENTS of our Correspondence Course of Instructions so all may see at a glance just what it comprehends.

A NEW BOOK. Send one dollar for our Book "Suggestion in the Cure of Diseases and the Correction of Vices." Fifth Edition. This book explains all the methods of mental healing—tells the principles upon which Christian Science, Divine Science, Mental Science and Magnetic Healing do all their effective work. It teaches how to hypnotize; contains the latest, most complete and effective methods for producing hypnosis that can be so found anywhere.

NOTE—People suffering from all kinds of diseases, are treated here by suggestion alone and without medicines.

FREE BOOKLETS Explaining our methods sent upon application. All sick people should read these booklets. Sent Free to everybody.

For announcements fully describing our correspondence course, and other information relating to our school, address

GEO. C. PITZER, M. D.,
3431 Morgan Street, ST. LOUIS, MO.

Assured Health by Natural Means.



WITH fourteen years' study, experience, and practice in this country and in Europe, in all that pertains to the promotion of Health by Natural Means, I am offering health courses by correspondence.

I have proved that these courses are both practicable and successfully effective. I believe my methods are unique.

The case of each client is studied and treated strictly as an individual one from all points. The directions are explicit, easy to follow, and appeal to the intelligence. They are eminently rational.

It is "Nature" that cures. The secret is "how to" arouse the inherent vital forces, and remove obstructions to their proper working. You have a right to perfect health. You can have it. I direct you.

I have sufficient faith in my ability to do so that I guarantee success. Chronic and all forms of nervous cases specially solicited.

Send for further particulars and terms.

ALBERT WHITEHOUSE

Health Specialist,

TRINITY PARK, - - - - Durham, N. C.

O Man! O Woman!

Go Into Business for Yourself.

CALL NO MAN LORD.

Many earn large incomes monthly in the mail-order field. You can do the same without giving up your present occupation. Some months past I prepared a series of six typewritten lessons covering a full course of instruction in the mail-order business, and advertised the same in Munsey's, Cosmopolitan, and McClure's magazines. The ads. brought me in so much correspondence that I dropped out in favor of other plans calling for less personal attention. I have on hand these complete lessons in book form which I offer to readers of SUGGESTION at a sacrifice on condition that they do not take up my time with foolish questions. I will mail the full set of lessons teaching how to enter the mail-order field, manufacture goods, buy, sell and advertise articles, etc., keep a card check system, set of books, etc., and will throw in one copy of the

MAIL-ORDER CHART

ALL FOR FIFTY CENTS

For This Month Only.

This Mail-Order Chart keeps a record of advertisements carried in any magazine, with replies and cash received, cost per reply, etc., for One Full Year—At a glance. One full year's business is right before you on one page. It's a great chart. It's perfect. I made it myself, being unable to find anything of the kind elsewhere. We needed such a chart in our business, so I made one, and copyrighted it. You will get one free on this offer.

Now is the time to study the Mail-Order Business. Be your own Boss. Work up from a small beginning. After you have studied this course I will send you particulars of a plan by which you can conduct a paying book business in your own town. No previous experience required to make this pay from the start. The profits in a well-conducted mail-order business are immense. Begin at once. Enclose 50 cents for the above outfit to

SYDNEY FLOWER,

The Colonnades, 3835 Vincennes Ave.,

CHICAGO.

"The Most Wonderful Book in the World"

Is what everyone will say after reading the new work we have in press by James Esdaile, M. D., Surgeon in the British Army. The book is entitled

Mesmerism in India

It is a record of Dr. Esdaile's practice among the natives of India, covering a period of several years, during which he performed numbers of major surgical operations upon natives whom he placed in a condition of insensibility to pain by means of passes, etc.

**IT IS A WORK OF PRACTICE, PRACTICE, PRACTICE,
ALL THE WAY THROUGH.**



This is a large, cloth bound book, stiff board cover. Price, \$1.00. We are willing to clear cost only on our first edition in order that every reader may have a copy, and we therefore offer to ADVANCE PURCHASERS one copy, postpaid, for

50 CENTS

Get your copy secured by sending your 50 cents in at once. Dr. Esdaile performed 73 major surgical operations under natural anesthesia in the course of eight months' practice.

HERE ARE YOUR FACTS ON MIND OVER BODY.

ADDRESS, ENCLOSING 50 CENTS,

THE PSYCHIC RESEARCH COMPANY,
The Colonnades, Vincennes Ave., CHICAGO.

COURSE

IN

ELECTRO-THERAPEUTICS

A course in a new and original system of treatment by electricity will be given during the winter months at the Edison College of Electro-Therapeutics. Fall instruction will also be given in

Removal of Growths and Hairs,

X Ray in the Treatment of Cancer

X Ray in the Treatment of Tuberculosis,

X Ray in Tubercular Arthritis,

X Ray as a Means of Diagnosis.

Clinical cases under treatment will be exhibited and the student will be instructed in the taking and developing of skiagraphs. The theory and physics of electricity will be taught and the student made familiar with the use of all electrical apparatus. So thorough is this course that every graduate becomes a master of the Science of Electro-Therapeutics.

INSTRUCTORS.

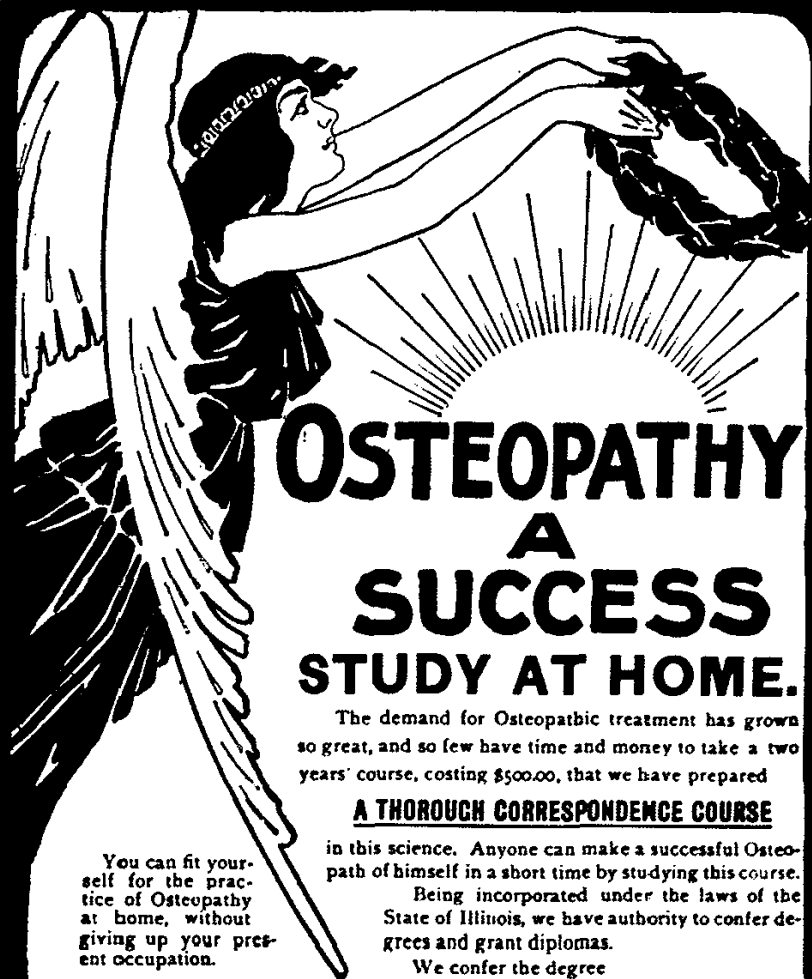
P. H. BLACKMARR, M. D., formerly Professor of Electro-Therapeutics at Hahnemann Medical College, Chicago.

CHARLES H. TREADWELL, B. S., formerly instructor in Physics in Syracuse University.

Courses begin the first Monday in each month and are completed in two weeks. Price of course \$25.00.

This college is incorporated under the laws of Illinois, and a diploma conferring the degree Master of Electro-Therapeutics is conferred on all graduates. For further particulars, address:

L. A. ELMSLIE, SECRETARY,
The Edison College of Electro-Therapeutics,
3977 Cottage Grove Ave., CHICAGO, ILL.



OSTEOPATHY A SUCCESS STUDY AT HOME.

The demand for Osteopathic treatment has grown so great, and so few have time and money to take a two years' course, costing \$500.00, that we have prepared

A THOROUGH CORRESPONDENCE COURSE

in this science. Anyone can make a successful Osteopath of himself in a short time by studying this course.

Being incorporated under the laws of the State of Illinois, we have authority to confer degrees and grant diplomas.

We confer the degree

You can fit yourself for the practice of Osteopathy at home, without giving up your present occupation.

Doctor of Osteopathy

on all our correspondence graduates.

The diploma is a handsome engraving 18x24 inches in size.

A FREE LESSON

We will send a free lesson in Osteopathy to anyone answering this advertisement. For full particulars and free lesson address carefully as follows.

A.E. TURNER, D. O.
Dept. 20. Secretary.

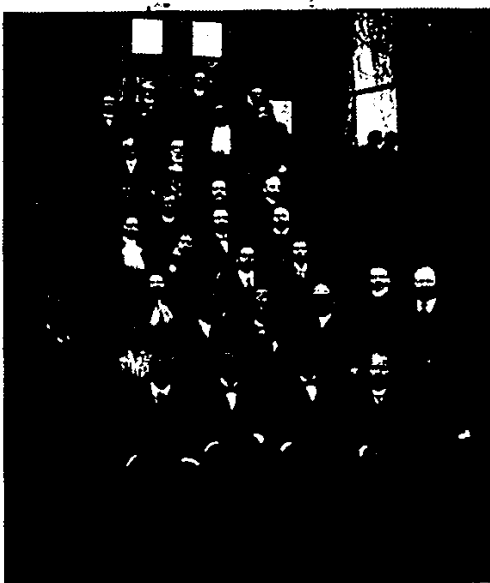
NATIONAL SCHOOL (INCORPORATED) OF OSTEOPATHY

4000 COTTAGE GROVE AV. CHICAGO.

PARTLOW DES.

AUGUST Combined COURSE

IN
Osteopathy
Electro-
Therapeutics
Suggestive-
Therapeutics
AND
Hypnotism



Students attending combined course, Feb'y, 1902.

We have made arrangements with the National School of Osteopathy and the Edison College of Electro-Therapeutics for another

AUGUST CLASS.

The course of instruction will last two weeks, beginning August 1st, 1902, and the class will be limited to fifty students as we cannot accommodate a greater number. For this reason, it is advisable that those who desire to take advantage of this offer should send in their application as soon as possible.

THE INSTRUCTORS:

E. A. RUSS, D. O.
(Osteopathy)

F. H. BLACKMARR, M. D.
(Electro-Therapeutics)

HERBERT A. PARKYN, M. D.
(Suggestive-Therapeutics and Hypnotism)

FEES.

The fee for the combined course will be \$50; or any course separately, \$25.

DEGREES AWARDED.

Students attending the course will receive diplomas conferring the degrees, Doctor of Osteopathy, Master of Electro-Therapeutics and Doctor of Psychology. These degrees will be conferred by the schools mentioned above. All these schools are incorporated under the laws of the State of Illinois.

APPLICATIONS.

Everyone intending to take advantage of the August Course should write to the secretary at once, enclosing \$2.00 for registration fee, as all applications must be in by July 20th. The class will be limited to the first fifty who register. No one who desires to make a study of natural methods of healing can afford to miss this course. When sending in application or in writing for further information address

**The Registrar, The Chicago School of Psychology,
4020 Drexel Boulevard, CHICAGO.**

Notice.....

Dr. Parkyn's mail course in Suggestive Therapeutics and Hypnotism should be in the library of every reader of this magazine. It consists of forty-two illustrated lessons, covering over 400 pages of printed matter, neatly bound in cloth and gilt, and will be sent, express paid, to any address upon receipt of \$5.00. This course has been endorsed by the medical press, physicians, dentists, ministers, scientists and laymen of nearly all civilized countries. It is thoroughly practical, and we have hundreds of letters on file from persons who have been cured of various troubles by applying to themselves the instructions which are given in detail in the course.

Address

The Suggestion Publishing Co.,

4020 Drexel Boulevard, Chicago, Ill.

Particulars sent free on application, if desired.

LIVE VIGOROUS BLOOD

will save many desperate cases. If your patient is Anaemic, Consumptive, Dyspeptic, he needs good, live, healthy blood for his salvation. But how shall he get it? If the alimentary process has failed to keep up the nourishing and supporting contents of the blood, there is but one thing to do, and ten thousand fold experience has proved that that one thing is this—where nature fails to produce good and sufficient Blood, *We Can Introduce It* from the arteries of the sturdy bullock by the medium of

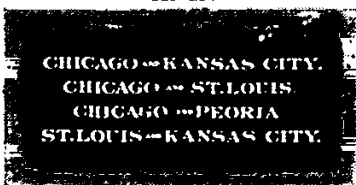
BOVININE

BOVININE is the living blood conserve, and to every properly equipped physician who will test its properties microscopically, physically, or therapeutically, it will speak for itself. Send for our scientific treatise on topical and internal administration and reports of hundreds of cases.

THE BOVININE CO.,
75 West Houston St., New York.



BETWEEN



THROUGH FULLMAN SERVICE
BETWEEN CHICAGO AND



IF YOU ARE CONTEMPLATING A TRIP, ANY PORTION OF WHICH CAN BE MADE OVER THE CHICAGO & ALTON, IT WILL PAY YOU TO WRITE TO THE UNDERSIGNED FOR RATES, MAPS, TIME-TABLES, ETC.

GEO. J. CHARLTON,
GENERAL PASSENGER AGENT
CHICAGO, ILL.

We wish every reader of SUGGESTION to become acquainted with

"ELTKA"

EDITED BY H. C. WRIGHT.

A monthly magazine devoted to Science, Philosophy, and Religion; advocating the Harmonious Development of man's three-fold nature—Physical, Mental, and Spiritual. Of especial importance to all who are interested in

PSYCHICAL RESEARCH

A Six Months' Trial Subscription for 25 cents

THE WRIGHT CO., Publishers,
115 Marion Street, CORY, PA., U. S. A.

NATIONAL MEDICAL UNIVERSITY

Established in 1891.

THE only institution in the world that teaches all schools of medicine without favor or prejudice. In session the entire year. Day and evening classes. Department of Medicine, Dentistry, Pharmacy and Osteopathy. A general and lying-in hospital in immediate connection. Obstetrical and Gynaecological advantages unequalled. Terms reasonable. Co-educational. Conditions favorable for self-supporting students.

For catalogue and copy of the Pan-Path, the college journal, address The Registrar, L. B. Rogers, A. M., M. D., 441 Dearborn Avenue, Chicago.

Practical Character Reading

HUMAN FACULTY will enable you to practically study, understand and read all kinds of Men, Women and Children.

Buy of your newsdealer, or send for sample copy. \$1 per year.

L. A. VAUGHT, Publisher
Dept. 5, 317 Inter Ocean Bldg., Chicago, Ill.

DUTTON BOOKS.

By Gen. Dutton, A. B. M. D.

ANATOMY. 300 illustrations, 470 pages..... \$4.30

ETIOPATHY or Way of Life..... 4.00

Consumption and Rheumatism..... 40

Address, Suggestion Pub. Co.
4020 Drexel Bldg., Chicago Ill

How to Control Fate

Through Suggestion. A new book by Henry Harrison Brown. This is a practical text-book of Suggestion. It proves that suggestion is the basis of all systems of treatment. It tells you how to treat yourself by Suggestion. It will aid you to attain self-confidence, self-mastery, and success in business and social life. Fine paper, 64 pages, clear type. Price 25 cents. Address WILLIAM E. TOWNE, Dept. 17, HOLYOKE, MASS.

A Psychological Sanatorium

For the permanent, painless, guaranteed cure of morphine, cocaine, liquor and cigarette habits, mental, nervous, chronic diseases. Write for information and free booklet. VAN VALKEN SANA-TORIUM Co., 180 Park Ave., ATLANTA, GA.

ABDOMINAL BRAINS FOR SALE.

Let us Supply you with a New Abdominal Brain.

"The Abdominal Brain" is the title of a new book by Dr. Byron Robinson of Chicago. It tells all about the Solar Plexus and the Sympathetic Nervous System.

Dr. Robinson is professor of Gynecology and Abdominal Surgery in Chicago Post-Graduate School, Harvey Medical College and Illinois Medical College.

The book contains 281 pages and is illustrated by 16 full-page engravings.

Sent postpaid to any address upon receipt of \$3.00.

In ordering mention SUGGESTION and address

The Clinic Publishing Co.
Ravenswood Station,
CHICAGO, ILLINOIS.

AN INCOME FOR LIFE

An investment of \$4 per month for fifty months yields an assured annual income of \$100 to \$300 per year.

The La Luisa Plantation Association

owns 3,000 acres of the richest tropical plantation land in the very centre of the rubber and coffee district of Tropical Mexico.



COFFEE WITH BANANAS FOR SHADE

The stock of the La Luisa Plantation Association is divided into 3,000 shares—one acre to each share—par value \$200 per share; payable in monthly instalments of \$4 per share. The moment any portion of your money is invested it becomes interest bearing. Frequently the dividends made, while paying the instalments, are large enough in themselves to pay for the stock subscribed for. The revenue from land already under cultivation will probably enable us to declare

A 10 Per Cent. Dividend First Year

COFFEE yields at least \$100 per acre

SUGAR yields at least \$200 per acre

RUBBER Trees (8 yrs. old) yield over \$300 per acre

In six years we will have this plantation fully developed, planted in Sugar Cane, Coffee, and Rubber, and side products, such as Pine-apples, Bananas, etc., and it will then be paying dividends of 50 per cent. to 100 per cent. per annum. At the end of ten years it will pay more than 100 per cent. per annum on every dollar invested.


SEE OPPOSITE PAGE 

When writing to advertisers please mention Suggestion.

Better than Life Insurance Better than Mining or Oil Speculation

NOT a SPECULATION

NOT an EXPERIMENT

 It is impossible to purchase a share of stock in some of the plantation associations started even three years ago.



RUBBER TREE.

Collis P. Huntington, said
Late Pres. Southern Pacific Ry.

"If I had my life to live over again, I would not wear it away in the hard struggle that falls to the lot of the railroad promoter. I would go into the tropics of Mexico and grow rubber. It is better than gold, and will make more millionaires than oil has made."

The La Luisa Plantation Association is being promoted and managed by well-known, prominent business men of Chicago, some of whom have spent years in Mexico, and understand the management of a plantation. Besides, our overseer has had 30 years' experience in developing tropical plantations.

IT COSTS YOU NOTHING

to write for our illustrated prospectus which will tell you all about the plantation and its promoters.

Only a limited amount of stock will be sold at par; so write to-day for prospectus to

The La Luisa Plantation Association
Dept. 508, GREAT NORTHERN BUILDING
CHICAGO, ILL.

DEATH AT HIS HEART!



While a man enjoys his smoke DEATH works at his heart. There is safety only in

THE FLOWER HEALTH CIGAR

FOR SMOKERS.

By treating the pure Havana leaf the poison is neutralized and a man may enjoy his cigar without injury to his health.

DOCTORS RECOMMEND IT.

DR. C. B. SARGENT, Moro, New Mexico, writes:

"Cigars received. The District Court is in session here and I have given samples to judges and lawyers and all like them and without hesitation pronounce them to be of fine quality. Send me ten boxes more. I would like to place a million of them in the hands of smokers."

ALL PRAISE IT.

Read the following note from Dr. Pyrlatz:

Pyrlatzowo, near Valparaiso, Ind., May 12, 1902.
I have tried Flower's Health Cigars and find them of excellent quality. They are all you claim them to be and more. I have introduced your Health Cigars to about a dozen friends, all of whom praise them highly. Yours truly,

DR. MICH. C. PYRLATZ,
4812 S. Paulina St., Chicago, Ill.
or Pyrlatzowo, near Valparaiso, Ind.

SPECIAL:—We are ready now to make you a proposition whereby you can make money in acting as our agent in placing these cigars. Enclose a self-addressed and stamped envelope for our proposition. **THERE IS MONEY IN IT FOR YOU.** Address

THE FLOWER HEALTH CIGAR COMPANY,
MAJESTIC BUILDING, DETROIT, MICH.

IS YOUR EYESIGHT FAILING?

Have you ever heard of ACTINA, the World's Greatest Remedy for Cataracts, Pterygiums and other Diseases of the Eye?

It's a Perfect
Electric Battery
that Prevents
Blindness



Restores Eyesight.
No Cutting,
No Drugging,
No Risk

There is no need to GO BLIND OR WEAR SPECTACLES. No need to drug or have the KNIFE used on eyes, no matter what the form of disease you have, when you can obtain an "ACTINA." It cures by absorption—Cataracts, Pterygiums, etc.

ACTINA is a marvel of the twentieth century, for by its use the blind see, deaf hear, and cataract is impossible. ACTINA cures without cutting or drugging Cataracts, Pterygiums, Granulated Lids, Glaucoma, Amaurosis, Myopia, Presbyopia, Common Sore Eyes or Weakened Vision from any cause. No animal except man wears spectacles. There need not be a spectacle used on the streets of the world, and rarely to read with. Street-glasses abandoned. ACTINA also cures Neuralgia, Headache, Colds, Sore Throat, Bronchitis and Weak Lungs. ACTINA is not a snuff or lotion, but a Perfect Electric Pocket Battery, usable at all times and in all places by young or old. The one instrument will cure a whole family of any of the above forms of disease.

CATARACT AND ALL FORMS OF DISEASE OF THE HEAD CURED without the use of drugs or unnatural butcheries. Call on us or write us about your case, and be assured that your eyes may be restored to a perfect condition after all the oculists have failed. Trial treatment at office FREE. Consultation FREE.

Prof. Wilson's Magneto-Conservative Appliances

Cure Paralysis, Rheumatism, and all Chronic Forms of Disease. These appliances are as puzzling to physicians as is the wonder-working ACTINA.

A VALUABLE BOOK FREE. Prof. Wilson's Treatise on the Eye and its Diseases; also Disease in general. A book that will instruct and interest you. Send for it.

NEW YORK AND LONDON ELECTRIC ASSOCIATION

929 WALNUT STREET, DEPT. 206, KANSAS CITY, MO.

AGENTS

WANTED

CASH
OR
CREDIT.



Cata-
logue
FREE.

PRICE
\$33⁵⁰

It will pay you

to send for our Catalogue No. 6, quoting prices on Buggies, Harness, etc. We sell direct from our Factory to Consumers at Factory Prices. This guaranteed Buggy only \$33.60; Cash or Easy Monthly Payments. We trust honest people located in all parts of the world.

Write for Free Catalogue.
MENTION THIS PAPER.

CENTURY MF'C CO.

DEPT 366

East St. Louis, Ill.

SANMETTO FOR GENITO-URINARY DISEASES.

A Scientific Blending of True Santal and Saw Palmetto in a Pleasant Aromatic Vehicle.

A Vitalizing Tonic to the Reproductive System.

SPECIALLY VALUABLE IN
PROSTATIC TROUBLES OF OLD MEN—IRRITABLE BLADDER—
CYSTITIS—URETHRITIS—PRE-SENILITY.

DOSE:—One Teaspoonful Four Times a Day.

OD CHEM. CO., NEW YORK.

FROM
THE NEW THOUGHT PUBLISHING CO.
5, THE COLONNADES, VINCENNES AVE
CHICAGO.

TO NEW READERS:-

Have a copy of New Thought sent to your friends. We send a copy anywhere on receipt of 2 cent stamp to pay postage.

Ella Wheeler Wilcox, writing in the New York Journal, advised her readers to get our magazine and read William Walker Atkinson's writings therein. Mr. Atkinson is co-editor of New Thought and his writings are only to be found in our magazine. He writes for no other paper. That was a great compliment which Mrs. Wilcox paid us and we appreciate it. She is esteemed as a woman of sweet sound mind and her advice is sought by men and women everywhere.

We have taken precautions to preserve complete sets of New Thought for the year 1902 and you can always have your subscriptions begin with the January number, thus securing a full set of Mr. Atkinson's writings.

Upon receipt of \$1.00 we will send New Thought for 1902, twelve numbers; also card of membership in The Psychic Club, and a FREE COPY of the KILL-FEAR SECRET. This wonderful method, which can be understood and applied in five minutes absolutely breaks up FEAR and all distressing emotions by means of a simple physical exercise. Everyone should have this.

We truly believe that more real solid good can be got out of a dollar invested in a year's reading of our magazine New Thought than from any other investment you could make. Our subscribers have told us so over and over again. New Thought brings people into the vibrations of Health, Happiness and Prosperity. Try it and see.

If you have not the dollar just now it is all right. Tell us to enter your name and you can pay any time. I want everyone to have our magazine.

Cordially yours,

Sydney Howe

The New Thought Publishing Co.,
5, The Colonnades, Vincennes Ave., Chicago.

THE HYPNO-METRONOME

HYPNOTISES EVERYBODY.

A DISCOVERY.

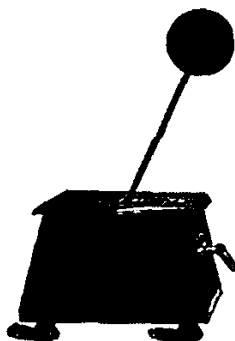
From France, the home of Hypnotism, comes the latest discovery in the production of Hypnosis. The French Scientist, Dr. Paul Saint Martin, has invented the Hypno-Metronome, by which two of the senses are played upon in place of one.

AN ADVANCE.

This is a great advance over the old method in which mirrors alone were employed. By the use of this instrument any operator can induce hypnosis in every subject, and can hypnotise himself if necessary. Self Hypnotic healing is made very easy by this method.

We have just received a large consignment of these Metronomes and full particulars will be sent to anyone upon application. An extensive course on Hypnotism is sent with every instrument, as well as a book giving full instructions in the use of the Hypno-Metronome for Hypnotic and Therapeutic practice and self healing.

Address, The University of Psychic Science, (Inc.) 3515 Cottage Grove Ave., Chicago, Ill.



THE INTERNAL BATH

More Important than the External.

If external cleanliness is essential to health, how much more important is internal cleanliness! Every disease arises from the retention of waste and foreign matter in the system—Nature's drainage being clogged. In the vast majority of cases the clogging is in the colon or large intestine. Positively the one harmless and efficient means of clearing away this waste is the internal bath given with the

J. B. L. CASCADE

This treatment is a sovereign remedy for and prevention of 90 per cent of all Digestive derangements. It is hygienic, scientific and logical. It is a perfect tonic with no after depression. Its action

PREVENTS AND CURES APPENDICITIS, Biliousness, Dyspepsia, Obesity, Headaches, Constipation, Etc.

It is recommended and prescribed by such eminent physicians as Dr. Daniel Lewis Pres N. Y. State Bd. of Health; Dr. Herman J. Boett, Prof. Post Graduate Hospital, N. Y.; Dr. W. B. De Garmo, Prof. Post Graduate Hospital, N. Y.; Dr. Cyrus Edson; Dr. U. W. Brooks, late of Board of Health, New York City, and many others, among whom are the following well-known people: Maj. Chas. C. MacConnell, Morristown, N. J.; Ex-Governor Goodell, of Vermont; U. S. Senator A. P. Gorman, of Maryland; Gen. Williams, O. A. R.; Miles Devine, City Attorney, Chicago, Ill.; Judge W. H. Tedford, Corydon, Iowa; Admiral Triton, St. Petersburg, Russia.

Were it possible to reproduce here our file of voluntary letters of commendation received from prominent people who do not ordinarily permit the use of their names in advertisements, no doubt could exist in one's mind as to the extraordinary merit of the "J. B. L. CASCADE" treatment. As proof of what the Cascade treatment will do we call your attention to the following letter from H. A. Joyce, one of the prominent merchants of Cambridge, Md.

The Ralston Health Club, which is an organization has had the greatest growth of this or any age, having almost TEN MILLION MEMBERS THROUGHOUT THE WORLD, authorizes us to say: "Our Cascade is not endorsed by the Ralston Health Club of America, as that club never endorses anything, no matter how good, but it has been officially adopted by the Club so for its use in the inward bath treatment, which is one of its many systems of natural cure."

These facts are set forth in detail in a booklet entitled "THE WHAT, THE WHY, THE WAY," which we desire to send free to every reader of this publication. It is a noteworthy statement of what progress has been made toward a medical system without drugs—an end which is naturally desired by all.

Tyrrell's Hygienic Institute,

Clerk 17-a, 1562 Broadway, New York.

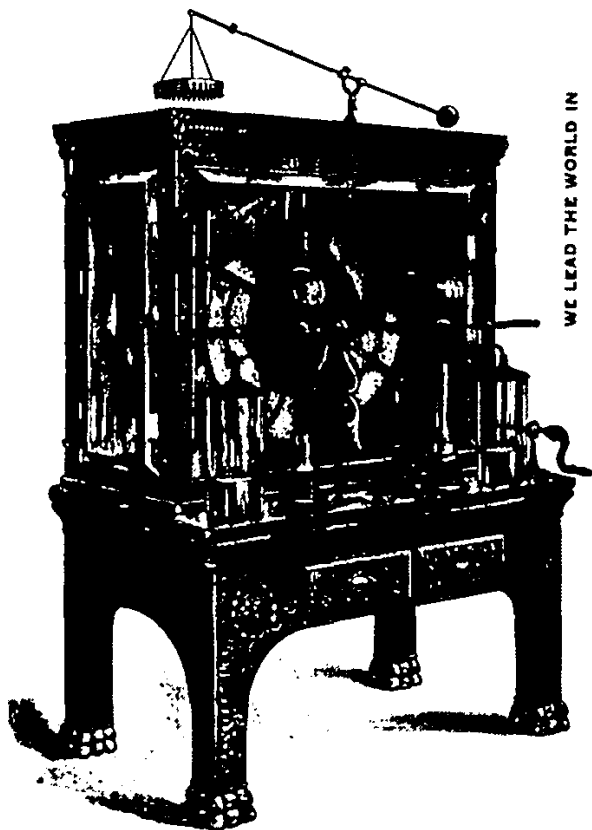


H. A. JOYCE.

CAMBRIDGE MD., Aug. 7, 1900.
 DEAR CHAS. A. TYRRELL:
 Dear Sir,—I deem it a duty I owe you, as well as my fellow man, to say I have been restored to perfect health by the use of the flushing treatment so easily accomplished by the "J. B. L. CASCADE." Previous to its use I was in very bad health, suffering from dyspepsia, nervousness, constipation, insomnia, and in fact was almost in despair of ever getting well, but thanks to you and your wonderful invention, and the loving kindness of a merciful God, I am now in splendid health.
 Gratefully yours,
 H. A. JOYCE.

It has no equal for either
X-RAY
or
THERAPEUTIC WORK.

THE ACME OF PERFECTION
both
Mechanically
and
Electrically



WE LEAD THE WORLD IN
Static Machines Meters Electrodes
Office Cabinets Rheostats Portable Batteries

YOU CAN MAKE
NO MISTAKE IF YOU BUY
McIntosh Apparatus

McIntosh Improved Construction Sixteen-Plate Static Machine.

The Name
McIntosh
— IS A —
**Guarantee
of Quality.**

"The measure of choosing well is
whether a man likes what
he has chosen."



Write us for our
**23rd Edition
CATALOGUE
NOW READY.
MAILED FREE.**

SEE OUR CATALOGUE BEFORE
YOU BUY.

Office, 39 West Randolph Street.

When writing to advertisers please mention Suggestion.



OPHTHALMOLOGY AN ENTICING FIELD FOR BOTH SEXES. YOU CAN LEARN ALL ABOUT IT THROUGH A CORRESPONDENCE COURSE.

A scientific knowledge of the Physiology of the Eye, the detection and correction of defective vision and a thorough understanding of the correct lenses to use in properly fitting the eyes is a profession in its infancy, but one that affords the most enjoyable, profitable and at once the most fascinating employment. Considering the extremely delicate structure of the visual organs it is natural that anything that affects the eye, such as eye-strain should result injuriously in nervous complications of a serious nature, but only a few are aware (we speak of the average Optician) of the extent of these troubles and of the fact that eye-strain is directly responsible for such maladies as loss of memory, irritability, epileptic fits, melancholia, hysteria, dulness in children, indigestion, heart trouble, san virus, in somnia, cross-eyes, etc. When these diseases are present, they are usually elaborately doctored with the appropriate medicines without success, when the proper remedy is the **SIMPLEST IN THE WORLD**, viz.—a pair of Spectacles properly adjusted to the individual need. If (and it is frequently the case) eye-strain is the cause of the nervous affections, all the medicine on earth will not do the slightest good, while scientifically fitted glasses will give immediate relief. Nearly nine cases out of every ten suffering with headaches, neuritis, or granular lids are caused by eye-strain and can easily be cured with the proper spectacles or eye-glasses. No doubt you have had such cases as above. You have exhausted your skill and at last gave it over as incurable. Why allow the OPTICIAN to get hold of such cases and give immediate relief? Why not **PRESERVE** your reputation and add materially to your bank account by learning all about Refraction, by taking our correspondence course? **YOU CAN BECOME EXPERT IN THE ART OF FITTING GLASSES IN FROM 30 DAYS TO 4 MONTHS.** The tuition fee is very reasonable and terms to suit your convenience. Our students need no books. Our lessons cover the whole field. Many of our students have become **EXPERT REFRACTIONISTS** without ever having seen the College. **THEY ARE NOW WELL-KNOWN OPHTHALMOLOGISTS OF GREAT FAME.** Our graduates **NEED NOT PAY CASH** for their Optical Appliances. When ready to begin the practice, the Golden Cross College has an arrangement with a wholesale optical house to furnish its graduates with all the necessary appliances and on very liberal time and terms.

OUR DIPLOMAS.

Every graduate receives two handsomely engraved diplomas, one conferring the degree of "Fellow in Ophthalmology" the other "Doctor of Optics."

There is nothing about either diploma to indicate that it has been obtained through a correspondence course.

REMEMBER that all who take our correspondence course are entitled to attend out local clinics at any future time that they find it convenient to come to Chicago. The one fee pays for both correspondent and attendant courses, and in fact a lifetime member and scholarship. In writing for prospectus, mention this paper and you will be entitled to special terms. Address the Golden Cross Eye, Ear, Nose and Throat College, Chicago, Illinois.

A Perfect Course.

Dr. Herbert A. Parkyn,

Who has devoted the last eleven years
to the investigation of

**Hypnotism,
Suggestive Therapeutics,
AND ALL ...**

Psychic Phenomena,

has prepared a 400 page illustrated mail course on these subjects. For the past seven years Dr. Parkyn has conducted the largest hypnotic clinic in the world, at the Chicago School of Psychology.

The results of his vast experience are given to the world in this mail course which has been endorsed by all the leading medical journals and used as a text book in scores of colleges and institutes where hypnotism is taught.

For full particulars
Address,

H. FYLER,

Secretary.
The Chicago School of
Psychology.

**4020
Drexel Boulevard
CHICAGO, ILL.**

**MAIL COURSE
IN
SUGGESTIVE
THERAPEUTICS
AND
HYPNOTISM
—
PARKYN**